

**Somerset Hills School
District
Nursing Services Plan
2023-2024**

(NJAC 6A:16-2.1 through 2.5)

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Board of Education Approved

Date: August 23, 2023

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(NJAC 6A:16-2.1 through 2.5)

District Name: SHSD

School Year: 2023-2024

Board of Education Approval Date: August 23, 2023

I. Description of Basic Nursing Services Provided to All Students: (N.J.A.C. 6A 16-2.1 (b) 2 (i)) Basic services: NJAC and NJSA, federal law, Nurse Practice Act of New JERSEY and N.J. Sanitation Code.

The SHSD Board of Education provides nursing health-care services as outlined below:

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| A. Health Records (N.J.A.C. 8:57-4.1 through 4.20) | |
| 1. Maintain and review student health documents | (N.J.A.C. 6A:16-2.2 (g)) |
| a) State of New Jersey Health History and Appraisal record i.e., A-45 cards | (N.J.A.C. 6A:16-2.2 (g)) |
| b) Immunization record | (N.J.A.C.:16-2.2 (a)) |
| c) Medical history | |
| d) Conduct and record health screenings (i.e., height, weight, hearing, vision, scoliosis and blood pressure as per current NJ statues) | (N.J.A.C. 6A:16-2.2 (k)) |
| e) Physical examinations for: | |
| (1) Athletic Preparticipation Physical Examination as part of student’s health record | (NJAC 6A:16-2.2 (f) 6) and (N.J.A.C. 6A:16-2.2 (h) 1) |
| (2) New or transfer student | (N.J.A.C. 6A:16-2.2 (h) 2) |
| (3) Working Papers health exam | (N.J.A.C. 6A:16-2.2 (h) 3) |
| (4) Comprehensive child study team evaluation | (N.J.A.C. 6A:16-2.2 (h) 4) |
| (5) Evaluation of student suspected of being under the influence of alcohol or a controlled dangerous substance | (N.J.A.C. 6A:16-2.2 (h) 5) |

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| f) Transference and request of health records i.e. A-45 and current physical exam | (N.J.A.C. 6A:16-2.4 (d)) |
| g) Adherence to Family Education Rights and Privacy Act | FERPA- 20 U.S.C.§1232g, 34 CFR Part 99, N.J.A.C. 6A:16-2.2 (h) 5 and N.J.A.C. 6A:32-7) |
| 2. Determine student status for admission or retention with unacceptable evidence of immunizations | N.J.A.C. 8:57-4; N.J.A.C. 8:57-4.3 and 4.4 |
| B. Medications, health care treatments, procedures and care: | N.J.A.C. 6A:16-2.1 (a) 2 |
| 1. Administer authorized medications, health care treatments and care | N.J.A.C. 6A:16-2.1 (a) 2 |
| 2. Approval of self-administered medications | N.J.A.C. 18A:40-12.3 & 12.4 & N.J.A.C. 6A:16-2.1 (a) 2v |
| 3. Delegation of care to ancillary nursing personnel (...the registered professional nurse may delegate selected nursing tasks in the implementation of the nursing regimen to licensed practical nurses and ancillary nursing personnel.) | N.J.A.C. 13: 376.2; NJ. BON- Ch. 25- 8:39-25.2 |
| 4. Designate and educate annually epinephrine, auto injector delegates | N.J.S.A. 18A:40-12.5 & 12.6 |
| 5. Designate and train annually glucagon delegates | N.J.S.A.18A:40-12.11-12.21 |
| 6. Educate annually all bus drivers who transport diabetic children, in the treatment of hypoglycemia, emergency procedures and supply parent contact information | N.J.S.A.18A:40-12.11-12.21 |
| A. Review & create IHP/IEHP: Do Not Resuscitate (DNR) orders | N.J.A.C. 6A:16-2.1 (a) 3 |
| B. Provide Health Care | N.J.A.C. 6A:16-2.1 (a) 4 |
| 1. Provide nursing healthcare and execute medical regimens to students as per: NJ Nurse Practice Act, District Collaborative Standing Orders, IHP, IEHP, and Medical Home Practitioner’s orders. | N.J.A.C. 6A:16-2.1 (a) 4 (ii), N.J.A.C. 6A:16-1.4 (a) and N.J.S.A. 45:11-23.- New Jersey Board of Nursing Statutes |
| 2. Isolate, exclude and re-admit any student or employee with a communicable disease | N.J.A.C. 6A:16-1.4 (a)) |
| 3. Report “Reportable Communicable Disease” to County health officer | N.J.A.C. 8:57-1 & N.J.A.C. 6A:16-2.2 (d)) |
| 4. Arrange for transportation and supervision of students in need of emergency health care | N.J.A.C. 6A:16-2.1 (a) 4 (iii) |

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| 5. | Notify parents of need for emergency care | N.J.A.C. 6A:16-2.1 (a) 4 (iv) |
| 6. | Administer emergency medications i.e., anaphylaxis (epinephrine), glucagon, insulin or asthma medications. | N.J.A.C. 6A:16-2.1 (a) 4 (v); N.J.S.A. 18A:40-12.11-12.21 |
| 7. | Concussion Management | NJSA 18A:40-41.3 |
| 8. | Write and update annually student individualized healthcare plans (IHP) and individualized emergency healthcare plans (IEHP) for medical needs of students. | N.J.A.C. 6A:16-2.3 (b) 5 (xiii) |
| 9. | Establish, annually review and implement Standards of Care/Collaborative Standing Orders with the School physician for deliverance of daily and emergency health care | N.J.A.C. 6A:16-2.3 (b)xi |
| 10. | Ensure that there is an accessible and maintained AED in the school building and there are trained AED delegates | P.L.1999, c.34 (C.2A:62A-24 |
| C. | Administer asthma related care | N.J.A.C. 6A:16-2.1 (a) 5 |
| 1. | Obtain training for administration of medication via nebulizer | N.J.S.A.18A:40-12.8 (a) & N.J.A.C. 6A:16-2.1(a) 5(i) |
| 2. | Maintain one nebulizer per school | N.J.A.C. 6A:16-2.1 (a) 5 |
| 3. | Require Students to have a current “Asthma Action Plan” | N.J.A.C. 6A:16-2.1 (a) 5 (iii) |
| D. | Health history and examinations | N.J.S.A. 18A:40-4, NJSA 18A:35-4.8, N.J.A.C. 6A:16-2.2 and N.J.A.C. 6A:16-2.1 (a) 6 |
| 1. | Provide health examination for students without medical home | N.J.A.C. 6A:16-2.2 (f) 6 |
| 2. | Maintain Athletic Preparticipation Physical Examination Form as part of student’s health record | N.J.A.C.6A:16-2.2 (f) 6 |
| 3. | Maintain A-45 health records | N.J.A.C. 6A:16- 2.2(g) |
| 4. | Concussion management: diagnosis, treatment and follow-up records and “Return To Play” restrictions | P. L. 2010, Ch. 94 N.J.S.A. 18A: 40-41.4 |
| E. | Establish and maintain procedures for universal precautions | N.J.A.C.6A:16-2.1 (a) 7 |
| 1. | Establish and maintain procedures for Universal Precautions | OSHA and POSH regulations: 29 CFR 1910.1030 |

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| F. Provide nursing services to nonpublic school located in district | N.J.A.C. 6A:16-2.1 (a) 8 |
| G. Instruct students/ teachers/staff on mandated topics: | N.J.A.C. 6A:9-13.3, N.J.S.A. 18A:40-3; and N.J.A.C. 6A:16-2.3 (b)5 (xv) |
| 1. Blood Borne Pathogens communicable diseases, | OSHA and POSH regulations: 29 CFR 1910.1030 |
| 2. Asthma Management | N.J.S.A.18A:40-12.9 |
| 3. Anaphylaxis to Foods/Substances- allergy management | N.J.S.A. 18:40 A-3 & 15; N.J.A.C.6A16-2.3; N.J.S.A.18A40 12.3-12.6 |
| 4. Child Abuse | Title 6A-11.1 & N.J.S.A. 9:6-8.10 |
| 5. Diabetes Management- Glucagon Law | N.J.S.A. 18A:40-12.11-12.21 |
| 6. Concussion Identification And Management | <u>P.L.1984, c.203 (C.45:9-37.35 et seq.)</u> N.J.S.A.18A:40-41.1 |
| 7. Sudden Cardiac Death management- AED/CPR | P.L.2009-Chp 260; N.J.S.A. 18A:40-41 |
| 8. Hygienic Management Plan | |
| 9. Nursing Service Plan | NJAC 6A:16-2.1 through 2.5 |
| 10. Immunizations | |
| 11. Student Physicals/Medical Records/ Privacy FERRPA & HIPPA | Individual Educational Record Series Description and Series/ Retention and Disposal of records: # M700106-001 |
| 12. Epinephrine Delegates | N.J.S.A. 18:40 A-3 & 15; N.J.A.C.6A16-2.3; N.J.S.A.18A40 12.3-12.6 |
| 13. AED delegates | P.L.1999, c.34 (C.2A:62A-24; P.L. 2012, c. 51; N.J.S.A. 18A: 40-41a |
| 14. Medically Fragile Students | N.J.S.A.18A:40-3.2 |
| H. Mandate distribution of “Fact Sheets”: | |
| 1. Meningitis Fact Sheet to parents students entering/in 6 th gr. | N.J.S.A. 18A:40-21.2 |
| 2. HPV- Human Papilloma Virus Fact Sheet: | N.J.S.A. 18A 40-42 |

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| 3. Sports-Related Concussion Fact Sheet to athletes | N.J.S.A. 18A40-41.2-3 |
| I. Mandated professional development and evaluation projects | |
| 1. PLC Project and Presentation for 100 hrs. edu | <i>N.J.A.C. 6A:9-15.1 et seq.</i> |
| J. Provide information for: | |
| 1. NJ Family Care Program | N.J.A.C. 6A:16-2.2 (i) |
| 2. Pregnancy Assistance/Safe Haven | |
| <p>K. Implementation of the Nurse Practice Act: The practice of nursing as a registered professional nurse is defined as diagnosing and treating human responses to actual or potential physical and emotional health problems, through such services as case-finding, health teaching, health counseling, and provision of care supportive to or restorative of life and well-being, and executing medical regimens as prescribed by a licensed or otherwise legally authorized physician or dentist. Diagnosing in the context of nursing practice means that identification of and discrimination between physical and psychosocial signs and symptoms is essential to effective execution and management of the nursing regimen. Such diagnostic privilege is distinct from a medical diagnosis. Treating means selection and performance of those therapeutic measures essential to the effective management and execution of the nursing regimen. A human response means those signs, symptoms, and processes which denote the individual's health need or reaction to an actual or potential health problems.</p> | N.J.S.A. 45:11-23.- New Jersey Board of Nursing Statutes |
| B. Certified School Nurse Functions as Certified School Nurse (CSN) and Registered Nurse | N.J.S.A. 45:11-23.- New Jersey Board of Nursing Statutes |
| 1. Nursing Diagnosis /Case-finding of actual or potential physical health problems | N.J.S.A. 45:11-23 |
| 2. Provision of nursing care for actual or potential emotional health problems | N.J.S.A. 45:11 |
| 3. Health teaching in health office | N.J.S.A. 45:11 |
| 4. Health teaching in classroom | N.J.S.A. 45:11 |
| 5. Health counseling | N.J.S.A. 45:11 |

II. Summary of Nursing Services Required to Address Specific Health Care Needs of Individual Students (N.J.A.C. 6A:16-2.1 (b)2 (ii))

The SHSD Board of Education provides the following health care services to address student needs.

| Services Required to Address Specific Health Care Needs of Individual Students with acute care needs, chronic illness, special health needs, procedures and administration of medications, procedures or treatments. | Bedwell ES | Bernards MS | Bernards HS |
|---|-------------------|--------------------|--------------------|
| Daily practice- <u>multiple</u> students treated on a daily basis | daily | daily | daily |
| First-Aid, splinting, Ace-wrap | daily | daily | daily |
| Nursing Diagnosis /Case-finding of actual or potential physical health problems | daily | daily | daily |
| Provision of nursing care for actual or potential emotional health problems | daily | daily | daily |
| Health counseling | daily | daily | daily |
| Health teaching in health office | daily | daily | daily |
| Dental: tooth avulsion and braces | daily | daily | daily |
| Medication Administration – PRN, diabetes, asthma, allergy/anaphylaxis, pain, gastrointestinal, and topical | daily | daily | daily |
| Health Screenings: Ht., Wt., & BP yearly | 455 | 459 | 804 |
| Visual Acuity screening: K, 2, 4, 6, 8, 10- yearly | 250 | 259 | 205 |
| Auditory screening: K, 1, 2, 3, 7, 11- yearly | 347 | 133 | 211 |
| Scoliosis screening biennially age 10-18 | 0 | 219 | 414 |
| Concussion Management | 6 | 16 | 13 |
| Diabetic Glucose testing, insulin pump management | 1 | 1 | 3 |
| Medication Administration- Scheduled daily, PRN's, OTC's | 20 | 64 | 117 |
| Epinephrine for students with allergies or history of anaphylaxis | 22 | 29 | 64 |
| Seasonal allergic students - | 25 | 52 | 65 |
| Asthma | 20 | 22 | 58 |

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| Seizure Disorders | 2 | 1 | 5 |
| Orthopedic Injuries and Referrals | 24 | 64 | 52 |
| Anxiety Disorders/Mental Health Issues | 10 | 15 | 35 |
| Muscular Dystrophy | 0 | 0 | 0 |
| Migraine | 2 | 8 | 15 |
| Tube feedings/ Urinary catheterization | 0 | 0 | 0 |
| Cardiac Disorders | 3 | 0 | 4 |
| Students with diagnosed ADD or ADHD | 13 | 26 | 45 |
| Referrals for vision evaluations- yearly | 40 | 14 | 11 |
| Referrals for hearing evaluations- yearly | 6 | 1 | 0 |
| Referrals for weight evaluations - yearly | 12 | 69 | 17 |
| Referrals for scoliosis evaluations- yearly | 0 | 11 | 5 |
| Referrals for Blood Pressure evaluations - yearly | 0 | 4 | 5 |
| Referrals from IEP/504/I&RS for vision & hearing evaluations, & health summary | IEP: 98 504:22 I&RS: 23 | IEP: 92 504: 31 I&RS: 25 | IEP: 120 504: 96 I&RS: 18 |
| Referral for Alcohol and drug use/abuse testing or pregnancy- yearly | 0 | Drug use/Abuse: 0 Pregnancy: 0 | Drug use/abuse: 8 Pregnancy: 0 |
| Sport Physicals processed yearly | 0 | Fall 2022=105 Winter2022 = 51 Spring 2023=109 | Fall 2022= 330 Winter 2022-2023= 285 Spring 2023= 333 |
| Health teaching in classroom yearly | 0 | 0 | 0 |
| Home Instruction cases coordinated yearly | 1 | 2 | 11 |
| Immunization Compliance Evaluation : New or existing students | New :100 Existing: 15 | New: 21 Existing: 117 | New: 51 Existing: 8 |
| Students with Religious Exemptions | 9 | 15 | 10 |

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|--|----|----|----|
| Number of positive COVID 19 cases (staff and students) | 20 | 36 | 70 |
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III. Emergency Management (N.J.A.C. 6A 16-2.1 (b) 2 (iii))

The SHSD Board of Education provides for emergency services as follows:

Acute Care Management Plan:

Creation and maintenance of an Emergency Management Kit (“Go-box”) for utilization in Crisis, Emergency Evacuations, and/or Shelter-In-Place situations

Cardiac or Respiratory Distress Action Plan

- a) AED’s (Automated External Defibrillators) deployment and delegates trained
- b) CPR trained school nurse (NJAC 6A:13.3)
- c) Universal Precautions trained staff
- d) CPR trained coaches/athletic trainers/teachers/staff
- e) Medical Emergency Response Team. Practiced drills conducted and responses evaluated.
- f) Concussion training for staff and management of current in-service certificates for coaches, PE teachers, nurses.

IEHP’s/Chronic Care Management Plans:

Epinephrine Auto-Injector Anaphylaxis Action Plan

Asthma Action Plan

Asthma Nebulizer trained nurses

Diabetic Action Plan- Glucagon

Lock-Down Health Care Action Plan

Shelter-In –Place Health Care Action Plan

District Crisis Management Plan:

Triage Action Plans are in the District Crisis Management Plan

Community Rescue Squad and Emergency Paramedic Services

No daytime local rescue squad is available in the township. Daytime emergency services and transport is contractually supplied to the township by Somerset Medical Center.

IV. Detailed Nursing Assignments Sufficient to Provide Health Services (N.J.A.C. 6A 16-2.1 (b) 2 (iv), N.J.A.C. 6A:16-2.1 (b)3, N.J.A.C. 6A:16-2.3)

The SHSD Board of Education provides health services to the district's students as outlined below:

| Schools → | | Bedwell ES | Bernards MS | Bernards HS | Out of District |
|--|---|---|--|--|--------------------|
| Grade levels | | Pre-K to 4 th gr. | 5 th - 8 th Grade | 9-12 Grade | Multiple grades |
| Special Ed classes | | PSD,ICR Resource replacement, MD, BD | ICR, Resource Replacement, MD class | ICR, Resource, Replacement MD class | 0 |
| Enrollment number as of 6/1/2023 | | 455 | 459 | 804 | 0 |
| Number of students receiving: | | | | | |
| Special Services/ IEP's | | 98 | 92 | 120 | 0 |
| 504's | | 22 | 31 | 96 | 0 |
| I&RS | | 32 | 25 | 18 | 0 |
| IHP's | | 25 | 52 | 140 | 0 |
| IEHP's | | 25 | 52 | 126 | 0 |
| Nursing Assignments- number of: | | | | | |
| NJAC 6A:9-13.3 | Registered Nurse (RN): Certified School Nurse (CSN) | 1 | 1 | 1 1 (personal) | 2 |
| | CSN: Part-time | 12 hours/week | 12.5 hours/week | 25 hours/week | |
| | Licensed Practical Nurse (LPN) | 0 | 0 | 0 | 0 |
| NJAC 6A:9-13.3 (b) | CPR Certified Nurses | 2 | 2 | 2 | 0 |
| NJAC 6A:9-13.3 (b) | AED Certified Nurses | 2 | 2 | 2 | 0 |

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|-------------|---|---|---|---|---|
| NJAC | Nurses who are Asthma Nebulizer trained | 2 | 2 | 2 | 0 |
| | Unlicensed Assistive Personnel Assignments | 0 | 0 | | |
| | Nursing Assistants | 0 | 0 | 0 | 0 |
| | Health Aides | 0 | 0 | 0 | 0 |

V. Nursing Services and Additional Medical Services provided to Nonpublic Schools

Nonpublic nursing services (NJAC 6A 6A:16-2.3 (b) through (d))

1. Services for nonpublic schools are provided through the Educational Services Commission of New Jersey.

VI. Additional District Nursing Services Information:

Nursing in-services provided to Teacher/Staff
 Management of health issues in school
 State mandated staff inservices