



White Bear Lake Area Schools

Middle School Athletics



Sports Physicals

Students must have a current qualifying Sports Physical Examination form on file in their school's health office.

Sports Physicals are good for 3 years. To check on a physical, contact your school's Admin Assistant.

NOTE: A well-child exam does not meet the requirements.

Find the Sports Physical Form on the Middle School Athletics page at isd624.org/MiddleSchoolAthletics

Additional Notes

All athletes must be registered before he/she may participate in practice or competitions.

Refunds may be issued only within the first ten days of the season if the athlete has not yet competed.

If needed, please email your school's Admin Assistant for a Family Key or for any registration questions.

An Activity Bus is available after practice for students. View the schedule on the Middle School Athletics page at isd624.org/MiddleSchoolAthletics

Athletics Offered

Registration Opens August 1		
Sport	Season Starts	Cost
Cross Country (6-8)	First week of school	\$150
Soccer - Boys (6-8)		\$150
Soccer - Girls (6-8)		\$150
Tennis - Girls (6-8)		\$150
Volleyball (7-8)		\$150
Volleyball (6)	October	\$145
Wrestling (6-8)		\$150
Registration Opens Mid-September		
Basketball - Girls (7-8)	November	\$150
Basketball - Boys (7-8)	January	\$150
Registration Opens February 15		
Golf (6-8)	Early April	\$175
Tennis - Boys (6-8)		\$150
Track & Field (6-8)		\$160

Registration

isd624.org/MiddleSchoolAthletics

Financial Assistance

Students currently receiving educational benefits will automatically receive a discount when registering.

Contact Information

Community Education & Recreation
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