



Attachment H : Mississippi Healthy School Self-Assessment

(Prepared by the Office of Healthy Schools/Child Nutrition Staff – October 2015)

School: Columbia Primary/Columbia Elementary

Date: January 7th, 2025

School District: Columbia

0	1	2	3				
Not in place	Under Development	Partially in Place	Fully in Place				
Component 1: School Health Policies							
Abbreviations: USDA United States Dairy Association							
Definitions of Success	0	1	2	3	Don't know	NA	Comments & Notes
1.1 Does your school have a representative committee or team that meets at least three times a year and oversees school health and wellness policies? (school health council, wellness committee, school health team, etc)				✓			
1.2 Does your school/district have written health and wellness policies that align with MS State Accountability Standards and MS State Board Policy?				✓			
1.3 Does your school communicate its school or district health and wellness policies to students, parents, staff members, and visitors?				✓			
1.4 Does your school implement health and wellness components, included in the <i>Local Wellness Policy Guide for Development</i> and mandated by state and federal agencies (USDA, MS State Board Policy, and MS Accountability Standards)				✓			
1.5 Has your school designated a lead school official (school health coordinator) and school health council to ensure compliance with the local wellness policy?				✓			

2.6 Do all teachers of health education use assignments or projects that encourage students to have interactions with family members and community organizations?				✓			
2.7 Do all teachers of health education participate at least once a year in professional development in health education?				✓			
2.8 Are all high school health education classes taught by licensed teachers who are certified or endorsed to teach health education?					✓	PK - 5 th grade	
COMPONENT #2 Column Totals Total for All Items (2.1 – 2.8) <u>21</u> /24 = <u>100</u> % (To determine %, divide the total by maximum # of points. Place this number in score card on page 11 & 12)							

0	1		2		3		
Not in place	Under Development		Partially in Place		Fully in Place		
Component 3: Physical Education / Physical Activity							
Definitions of Success	0	1	2	3	Don't Know	NA	Comments & Notes
3.1 Do all students in each grade receive physical education/physical activity for at least 150 minutes per week (elementary) and 225 minutes per week (high school) throughout the school year?				✓			
3.2 Do all teachers of physical education use the age-appropriate, sequential MS Physical Education Frameworks that is consistent with national and state standards for physical education?				✓			
3.3 Are all teachers of physical education provided with information, materials, and/or professional development to assist in delivering quality physical education?				✓			
3.4 Does the school prohibit exemptions or waivers for physical education?				✓			

COMPONENT #3 Column TotalsTotal for All Items (3.1 – 3.13) = 39 / 39 = 100 %

(To determine %, divide the total by maximum # of points. Place this number in score card on page 11 & 12)

0	1	2	3
Not in place	Under Development	Partially in Place	Fully in Place

Component 4: Nutrition Environment and Services

Definitions of Success	0	1	2	3	Don't Know	NA	Comments & Notes
4.1 Does your school offer school meals (breakfast and lunch) programs that are fully accessible to all students?				✓			
4.2 Do school meals include a variety of offerings (i.e. Go beyond the National School Lunch Program requirements)? Do they offer a variety of 1 cup of fruit daily for breakfast and lunch? Do they offer a variety of 1 oz whole grain-rich (wgr) food items daily? (Products must contain 50% or more whole grains by weight.)				✓			
4.3 Does the school food service consistently follow practices that ensure healthier foods are purchased and prepared for service?				✓			
4.4 Do venues outside the cafeteria (e.g., vending machines, school stores, canteens, snack bars, or snack or food carts) where food is available offer fruits and non-fried vegetables?						✓	no vending or carts
4.5 Does your school promote healthy food and beverage choices using Smarter Lunchroom techniques? Do Students receive nutrition messages throughout school that are consistent and reinforce each other?				✓			
4.6 Do all foods and beverages sold to students during the extended school day meet the USDA's Smart Snacks in School nutrition standards? This includes vending machines, school stores, and				✓			

0	1	2	3				
Not in place	Under Development	Partially in Place	Fully in Place				
Component 5: Health Services, Counseling, Psychological and Social Services							
Definitions of Success	0	1	2	3	Don't Know	NA	Comments & Notes
5.1 Does your school have a school nurse to serve students at your school site? Does the nurse serve students full time or is your nurse shared within the school district? (The national standard for school nurses is 1 to 750 students at one school site.)				✓			Nurse is split between campuses. Above 1:750 ratio.
5.2 Does your school nurse work under the guidelines of the <i>Mississippi School Nurse Procedures and Standards of Care</i> ? (State Board of Education Policy # 4008)				✓			
5.3 Does your school track students with chronic health conditions?				✓			
5.4 Is there a referral plan in place for students with special needs (physical & mental health)?				✓			
5.5 Are there Asthma Action Plans on file for students with Asthma? (Code 37-11-71)				✓			
5.6 Is there someone at the school site who is trained to administer auto-injectable epinephrine to a student who is believed, in good faith, to be having an anaphylaxis reaction? (Senate Bill 2218)				✓			
5.7 Does the school maintain a supply of auto-injectable epinephrine at the school in a locked secure, easily accessible location? (Senate Bill 2218)			✓				Parent provided emergency meds.
5.8 Does the school use Administrative Claiming to help support school health programming?				✓			
5.9 Does your school have a licensed counselor, to whom students have access?				✓			
5.10 Does the school counselor operate under the Mississippi School Counselor Law? (MS Code 37-9-79)				✓			

6.9 Does your school follow State Board Policies guiding the possession of firearms and weapons on school premises and the possession and use of tobacco on any educational property?							
COMPONENT #6 Column Totals Total for All Items (6.1 – 6.9) = $\frac{24}{27} = 90\%$ (To determine %, divide the total by maximum # of points. Place this number in score card on page 11 & 12)							

	1				2		3
	Under Development				Partially in Place		Fully in Place
Component 7: Employee Wellness							
Definitions of Success	0	1	2	3	Don't Know	NA	Comments & Notes
7.1 Healthy eating and physical activity are actively promoted to teachers and administrators at the school site.				✓			
7.2 Employees are made aware of the Mississippi State and School Employees' Health Insurance Plan – a wellness and health promotion program that is free.				✓			equipment on site
7.3 Employees are given opportunities to participate in health enhancing programs and activities during the school year.				✓			
COMPONENT #7 Column Totals Total for All Items (7.1 – 7.3) = $\frac{9}{9} = 100\%$ (To determine %, divide the total by maximum # of points. Place this number in score card on page 11 & 12)							

Mississippi Healthy School Self-Assessment Overall Score Card

To complete score card, take % calculated for each component above and place it in the appropriate column below. Check the components where work needs to be done. Answer the planning questions on page 13 to assist in preparing an action plan.

	Low 0-20%	Medium 21%-40%	Medium 41%-60%	Medium 61%-80%	High 81%-100%	Check if work needs to be done in the area
Component 1: School Health Policies					100	
Component 2: Health Education					100	
Component 3: Physical Education/Physical Activity					100	
Component 4: Nutrition Environment & Services					97	
Component 5: Health Services, Counseling, Psychological and Social Services					97	
Component 6: Physical Environment					94	

Mississippi Healthy School Self-Assessment

Planning Questions – for all components
(copy this page for each component that you are writing a plan for).

Planning Question 1

Look back at the scores you assigned to each definition of success. According to those scores, what are the strengths and weaknesses that were discovered?

Overall, CES/CPS adhere to healthy school recommendations.

Planning Question 2

For each weakness identified, list recommended action(s) to improve your school's scores.

Acquire community resources for a Farm to Table Program.
- possibly partner with gardening club (X-stream)?