



Changing Directions.
Changing Lives.



My name is Charlotte Handel and I am the CHRIS 180 School-Based Therapist for New Prospect. I have a Master's degree in Marriage and Family therapy. I am a Human Service Board Certified Practitioner, a licensed massage therapist, and a certified Neuromuscular therapist who has been in practice for over 13 years. Previously, I was a Case Manager in Forsyth County, where I worked with families about to be homeless. I provided budgeting classes and worked with Habitat for Humanity to help families in our program apply for homes. I also worked with several property managers to help assist our families to find a place to live. Throughout my massage therapy career, and my Case management position I have been able to help change the lives of so many, mentally, physically, and emotionally.

I am a wife, mother to five adult grown children, and grandmother to five beautiful grandchildren. I have three dogs who keep our lives busy. I enjoy crafting and making personalized things to bring a smile to someone's face. I love to read, exercise, and spend time walking with my husband. I am looking forward to working with the students at New Prospect and I can be reached at charlotte.handel@chris180.org