

SPSL Division Schools	
Frontier	
Cedarcrest	
Liberty	
Bethel	
Spanaway	
Cougar Mt.	

SPSL MIDDLE SCHOOL - VOLLEYBALL SCHEDULE

First Day of Practice: March 23, 2026

Minimum Practices Required: 7

Game Starting Time: 3:30 PM - JV plays after Varsity - C Teams play at opposite site

Commissioner: Stephanie Ovechka, Cougar Mountain Middle School

VARSITY & JV SCHEDULE

1		<u>Thursday, April 16, 2026</u>		2		<u>Tuesday, April 21, 2026</u>		3		<u>Thursday, April 23, 2026</u>	
	Cedarcrest	@	Frontier		Cougar Mt	@	Cedarcrest		Bethel	@	Cedarcrest
	Cougar Mt	@	Spanaway		Frontier	@	Bethel		Frontier	@	Spanaway
	Bethel	@	Liberty		Spanaway	@	Liberty		Liberty	@	Cougar Mt
4		<u>Tuesday, April 28, 2026</u>		5		<u>Friday, May 1, 2026</u>		6		<u>5-5-2026</u>	
	Bethel	@	Spanaway		Liberty	@	Frontier		Frontier	@	Cedarcrest
	Cedarcrest	@	Liberty		Spanaway	@	Cedarcrest		Spanaway	@	Cougar Mt
	Frontier	@	Cougar Mt		Cougar Mt	@	Bethel		Liberty	@	Bethel
7		<u>Friday, May 8, 2026</u>		8		<u>Tuesday, May 12, 2026</u>		9		<u>Thursday, May 14, 2026</u>	
	Cedarcrest	@	Cougar Mt		Cedarcrest	@	Bethel		Spanaway	@	Bethel
	Bethel	@	Frontier		Spanaway	@	Frontier		Liberty	@	Cedarcrest
	Liberty	@	Spanaway		Cougar Mt	@	Liberty		Cougar Mt	@	Frontier
10		<u>Tuesday, May 19, 2026</u>									
3:30 PM	Bethel	@	Cougar Mt	@ BHS (C, C, JV, V)							
3:30 PM	Liberty	@	Frontier	@ GKHS (C, C, JV, V)							
3:30 PM	Cedarcrest	@	Spanaway	@ SLHS (C, C, JV, V)							