

SPSL Division Schools											
Frontier Cedarcrest Liberty Bethel Spanaway Cougar Mt.			<u>SPSL MIDDLE SCHOOL - TRACK AND FIELD</u>								
			First Day of Practice September 3, 2025								
			Minimum Practices Required: 7								
			Game Starting Time: 3:30 pm								
			Meet Site - Art Crate								
			Commissioner - Kenny Iverson								
VARSITY & JV SCHEDULE											
1	<u>Wednesday, September 17, 2025</u>			2	<u>Wednesday, September 24, 2025</u>			3	<u>Wednesday, October 1, 2025</u>		
	Spanaway	vs	Frontier		Bethel	vs	Frontier		Cougar Mt	vs	Frontier
	Bethel	vs	Cedarcrest		Liberty	vs	Spanaway		Bethel	vs	Spanaway
	Liberty	vs	Cougar Mt		Cougar Mt	vs	Cedarcrest		Liberty	vs	Cedarcrest
4	<u>Wednesday, October 8, 2025</u>			5	<u>Monday, October 13, 2025</u>			6	<u>Wednesday, October 15, 2025</u>		
	Liberty	vs	Frontier		Pre-Conference				Conference		
	Cedarcrest	vs	Spanaway								
	Cougar Mt	vs	Bethel						Field 4:00 PM		
									Track 5:00 PM		