

RFMA AUGUST MENU

2025

Chef Mikey Presents

My Kid's Lunch
A division of Michael's of Denver Catering
303-778-0916



Monday	Tuesday	Wednesday	Thursday	Friday
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4	5	6	7	8
11	12	13	14	15 <i>Apple Cinnamon Bread</i> <i>100% Juice</i> <i>Fruit Cup</i> Grilled Cheese Steamed Corn Cinnamon Apples
18 <i>Breakfast Bar B</i> <i>100% Juice</i> <i>Fresh Apple</i> Chicken Parm Sandwich Marinara, Mozzarella Wheat Bun Steamed Corn Fruit Cup	19 <i>Maple Waffle</i> <i>Dried Apples</i> <i>Fresh Orange</i> Cheese Lasagna Roll Up Romaine Salad Ranch Dressing Cinnamon Apples	20 <i>Vanilla Yogurt</i> <i>Honey Granola</i> <i>100% Juice</i> <i>Sliced Peaches</i> Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple	21 <i>Apple Cinnamon</i> <i>Oatmeal Round</i> <i>Dried Fruit</i> <i>Fresh Banana</i> Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters	22 <i>Pumpkin Bread</i> <i>String Cheese</i> <i>100% Juice</i> <i>Applesauce Cup</i> Turkey & Cheese Croissant Deli Turkey Sliced Cheddar Baby Carrots Ranch Dip Applesauce
25 <i>Strawberry Cinnaboli</i> <i>100% Juice</i> <i>Fresh Apple</i> Chicken Tenders BBQ Sauce Homemade Cornbread Steamed Carrots Kiwi-Strawberry Sidekick	26 <i>Cocoa Puffs Bowl</i> <i>Dried Apples</i> <i>Fresh Orange</i> Grilled Hamburger Wheat Bun, Ketchup Baked Beans Cinnamon Peaches	27 <i>Lemon Poppyseed</i> <i>Bread</i> <i>String Cheese</i> <i>100% Juice</i> <i>Fruit Cup</i> Pancakes, Syrup Sausage Patty Hash Browns Orange Quarters	28 <i>Breakfast Bar A</i> <i>Dried Fruit</i> <i>Fresh Banana</i> Macaroni & Cheese Herb Baked Chicken Broccoli, Ranch Dip Fresh Green Apple	29 <i>Banana Bread</i> <i>Vanilla Yogurt</i> <i>100% Juice</i> <i>Applesauce Cup</i> Mini Cheese Pizzabolis Marinara Dipping Sauce Steamed Peas Seasonal Fruit

****This institution is an equal opportunity provider.***

*****All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

******This menu is subject to change based on item availability***

*******Shelf stable meal kits available upon request.***

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.