

List of items containing food top 9 food allergens:

This information is subject to change by the manufacturer at any time; therefore, we cannot guarantee the accuracy of this information. In addition, USDA products may become available at any time during the year and may replace a purchased item; product brands may change during the year as new bids are approved; schools may be using inventory from a previous bid or manufacturer; and recipes may change during the school year. Although there are many potential food allergens, this list only addresses the most common ones (The Big 9). Also, an item could inadvertently come in contact with an allergen during the manufacturing process that is not listed below. This list should be used as a tool to help manage your child's food allergies. If your child has a life-threatening allergy, please consult with your school nurse and school nutrition director.

SOY

Biscuits, croissants, Bagels, french toast sticks, pancakes, waffles, sausage gravy, stuffed hashbrowns, sausage pancake sandwich, Ham and cheese croissant, sausage egg cheese bagel, nutrigrain bar, pop tarts, cinnamon toast crunch cereal, honey grahams cereal, super donuts, powdered donuts, cinnamon rolls, cini minis, muffins, cookies, tortillas, margarine, chocolate chips, pan spray, french onion soup mix, General Tso sauce, bacon bits, worcester sauce, teriyaki sauce, soy sauce, gravy, BBQ, Breaded beef patty, beef fingers, hamburgers, chicken patty, munchables, breakfast corndog, hot pocket, calzone, buffalo pizza, square pizza, breakfast pizza, Big Daddy's pizza, orange chicken, popcorn chicken, Rib A Q, tuna, rice crispy treats, Spicy Thai doritos, BBQ chips, cheese crackers, buttered grits, cooked rice, cooked vegetables (contain margarine)

WHEAT

Breaded okra, biscuits, croissants, rolls, bagels, french toast sticks, pancakes, waffles, stuffed hashbrowns, sausage pancake sandwich, sausage egg cheese bagel, cereal bars, nutri grain bars, all cereal except Kix, corn flakes, rice chex, rice krispies, cookies, pop tarts, super donuts, powdered donuts, cinnamon rolls, cini minis, uncrustables, sliced bread, toast, buns, sub rolls, tortillas, flour, pasta/noodles, cream of chicken soup, cream of mushroom soup, croutons, worcester sauce, gravy, all breaded protein products, buffalo wings, munchables, breakfast on a stick, corn dog, crispitos, hot pocket, calzone, pizza, cheese bites, Rib A Q, crackers, all chips except nacho cheese doritos, plain sunchips, cheese puff, cheetos,

DAIRY

White milk, chocolate milk, strawberry milk, cheese, cream cheese, yogurt, smoothies, mashed potatoes, au gratin potatoes, biscuits, croissants, pancakes, waffles, stuffed hashbrowns, sausage pancake sandwich, sausage egg cheese bagel, ham and cheese croissant, nutri grain bars, super donuts, powdered donuts, strawberry cream cheese bagels, muffins, butter buds, alfredo sauce, condensed milk, cream of mushroom soup, cream of chicken soup, parmesan cheese, croutons, ranch dressing, gravy, beef fingers, chicken tenders, chicken patty, chicken fillet breakfast patty, chicken chunks, fish fillet, munchables, hot pockets, calzones, pizza, popcorn chicken, Rib A Q, goldfish, state and capital cookies, rice crispy treats, chili cheese fry

chips, funyuns, doritos, harvest cheddar and salsa sun chips, cheddar popcorn, cheese puffs, cheetos, cheese grits

EGG

Scrambled eggs, biscuits, roll, pancakes, waffles, stuffed hashbrown, sausage pancake sandwich, sausage egg cheese bagel, ham and cheese croissant, super donut, powdered donut, cinnamon roll, cini minis, brownies, muffins, honey mustard, mayo, gravy, chicken fillet, chicken chunks, corn dog, munchables, orange chicken, chicken salad, tuna salad

FISH

Tuna, fish fillet

PEANUT

Un crustables, peanut butter, M&M cookie, CC chocolate chip cookies

SHELLFISH

None

TREE NUTS

None

SESAME

None