



# SEAFOORD UNION FREE SCHOOL DISTRICT

Dr. Adele V. Pecora, Superintendent of Schools

August 2025

Dear Parents and/or Guardians,

The following regulations are the basis for the operation of the School Health Program. They have been formed in order to control the spread of communicable disease, ensure rapid recovery and guard against complications. It is advisable to keep a child home from school, and if necessary, consult your family physician, when the child has any symptoms of illness including:

Elevated temperature or chills  
Reddened or discharge from eyes  
Nausea or vomiting  
Runny nose

Sore throat  
Coughing  
Earache  
Headache

Dizziness  
Skin eruption  
Diarrhea  
Enlarged glands

If a child attends school when he/she is ill, the nurse will request that the child be returned to the home. It is the parent's responsibility to arrange transportation for ill or injured children. A child returning to school after recovery from a communicable disease may be asked to report to the nurse before being admitted to class. The school reserves the right to request that a child be returned to the home if there is evidence of continued illness.

First aid and care for illness or injury that occurs in school or on school grounds is provided in school. This first aid care is an immediate treatment only. Further care must be provided by a parent or family physician.

Please do not send your child to the nurse for an opinion if he/she is ill or injured at home. The members of the School Health Staff are not permitted to offer a diagnosis, change dressings, or treat injuries other than to administer first aid. These acts are the responsibility of the parent and the family physician.

Children may only take medication in school if the following procedure is followed:

1. The medication must be ordered by a physician.
2. The medication must be in the original pharmacy labeled container.
3. The medication must be delivered to the nurse by the parent (or other designated adult).
4. Medication orders must be filled out by a physician and provided to the health office.

Medication regulations apply to nonprescription as well as prescription medication. These regulations are made to protect the health and safety of all our schoolchildren.

Adele V. Pecora, Ed.D.  
Superintendent of Schools

Lauren Timoney, R.N.  
Coordinator of Health Services