

Menu Calendar Nutrient Analysis Report - June, 2022

Site: ALL
Date: 06/01/2022 - 06/30/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-------------|-----------|------------|----------------|------------|
| Lunch Middle & Douglass Menu Wk1 Wednesday 2021-2022 (6.1.22) - ServingDate: 06/01/2022 | | | | | | | | | | | | | | | | | | | |
| Assorted Subs - TR1742 (1 ea.) | 25 | 337.43 | 13.67 | 4.81 | 0.00(M) | 68.78 (M) | 1085.35 | 29.10 | 2.15(M) | 3.11(M) | (M) | 25.32 | 2.61(M) | 163.31 (M) | 281.34 (M) | 2.49(M) | 0.00(M) | 23.28 (M) | 10.09 (M) |
| Chef Salad E/M - TR1321 (1 ea.) | 25 | 319.00 | 8.38 | 2.48 | 0.00(M) | 134.40 | 786.91 | 41.12 | 5.83 | 8.93(M) | (M) | 20.55 | 3.02(M) | 179.58 (M) | 11096.37(M) | 10.51 (M) | 0.00(M) | 392.25 (M) | 171.20 (M) |
| Meatball Grinder*MS/HS - TR1797 (1 ea.) | 300 | 421.79 | 19.12 | 7.75 | 0.72(M) | 69.75 | 772.67 | 34.67 | 4.19 | 7.23 | (M) | 26.84 | 3.63 | 206.98 | 395.91 (M) | 2.94(M) | 0.09(M) | 23.62 (M) | 7.01(M) |
| PBJ Meal*MS/HS - TR1927 (2 ea.) | 50 | 600.00 | 32.00 | 7.00 | 0.00 | 0.00 | 560.00 | 64.00 | 8.00 | 30.00 | (M) | 18.00 | 2.16 | 80.00 | 0.00(M) | 0.00(M) | (M) | 470.00 | (M) |
| Fresh Grape Tomatoes - TR1266 (1/2 c.) | 150 | 13.41 | 0.15 | 0.02 | 0.00 | 0.00 | 3.73 | 2.90 | 0.89 | 1.96 | (M) | 0.66 | 0.20 | 7.45 | 620.59 | 10.21 | 0.00 | 176.56 | 70.42 |
| Golden Corn - TR1269 (1/2 c.) | 300 | 92.22 | 0.61 | 0.09 | 0.00 | 0.00 | 145.11 | 21.35 | 2.21(M) | (M) | (M) | 2.31 | 0.43(M) | 2.21(M) | 180.33 (M) | 3.21(M) | (M) | (M) | (M) |
| Assorted Fresh Fruit - TR1259 (1/2 c.) | 150 | 77.70 | 0.26 | 0.05 | 0.00 | 0.00 | 1.11 | 20.18 | 3.42 | 4.38(M) | (M) | 0.76 | 0.21 | 17.59 | 148.11 | 20.16 | 0.00(M) | 94.59 (M) | 34.10 (M) |
| Craisins - TR1399 (1/4 c.) | 250 | 110.00 | 0.00 | 0.00 | 0.00 | (M) | 0.00 | 27.00 | 2.00 | 24.00 | (M) | 0.00 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| Fat Free Chocolate Milk - TR1174 (8 fl. oz.) | 300 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Lactaid Milk - TR1396 (1 c.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 4.00 | 125.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 500.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Fat Free Strawberry Milk - TR1178 (8 fl. oz.) | 1 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free White Milk - TR1176 (8 fl. oz.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 12.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Soymilk Chocolate - TR1191 (1 c.) | 1 | 140.00 | 3.50 | 0.50 | 0.00 | 0.00 | 110.00 | 20.00 | 2.00 | 15.00 | (M) | 8.00 | 1.80 | 400.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Soymilk Vanilla - TR1190 (1 c.) | 1 | 150.00 | 5.00 | 1.00 | 0.00 | 0.00 | 180.00 | 18.00 | 1.00 | 17.00 | (M) | 9.00 | 1.08 | 350.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| White Milk 1% - TR1173 (8 fl. oz.) | 95 | 110.00 | 2.50 | 1.50 | 0.00 | 10.00 | 130.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 10.00 | 2.40 | (M) | (M) | (M) |
| Light Ranch Dip - TR1052 (1 ea.) | 125 | 80.00 | 7.00 | 1.00 | 0.00 | 5.00 | 290.00 | 3.00 | 0.00 | 2.00 | (M) | 1.00 | 0.00 | 20.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mayo - TR1158 (1 ea.) | 25 | 70.00 | 7.00 | 1.00 | 0.00 | 5.00 | 50.00 | 0.00 | 0.00 | 0.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Parmesan Cheese, Grated - TR1488 (3 1/2 g.) | 100 | 15.09 | 1.00 | 0.61 | (M) | 3.08 | 53.52 | 0.14 | 0.00 | 0.03 | (M) | 1.35 | 0.03 | 38.81 | 30.27 | 0.00 | (M) | (M) | 0.73 |

Menu Calendar Nutrient Analysis Report - June, 2022

Site: ALL
Date: 06/01/2022 - 06/30/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|------------|-----------|------------|----------------|-----------|
| Lunch Middle & Douglass Menu Wk1 Thursday 2021-2022 (6.2.22) - ServingDate: 06/02/2022 | | | | | | | | | | | | | | | | | | | |
| Assorted Subs - TR1742 (1 ea.) | 50 | 337.43 | 13.67 | 4.81 | 0.00(M) | 68.78 (M) | 1085.35 | 29.10 | 2.15(M) | 3.11(M) | (M) | 25.32 | 2.61(M) | 163.31 (M) | 281.34 (M) | 2.49(M) | 0.00(M) | 23.28 (M) | 10.09 (M) |
| PBJ Meal*MS/HS - TR1927 (2 ea.) | 50 | 600.00 | 32.00 | 7.00 | 0.00 | 0.00 | 560.00 | 64.00 | 8.00 | 30.00 | (M) | 18.00 | 2.16 | 80.00 | 0.00(M) | 0.00(M) | (M) | 470.00 | (M) |
| Stuffed Crust Pizza - TR1034 (1 ea.) | 300 | 310.00 | 12.00 | 4.00 | 0.00 | 20.00 | 640.00 | 35.00 | 3.00 | 4.00 | (M) | 15.00 | 2.70 | 300.00 | (M) | (M) | (M) | (M) | (M) |
| Fresh Green Pepper Strips - TR1265 (1/2 c.) | 150 | 9.20 | 0.08 | 0.03 | 0.00 | 0.00 | 1.38 | 2.13 | 0.78 | 1.10 | (M) | 0.40 | 0.16 | 4.60 | 170.20 | 36.98 | 0.00 | 80.50 | 43.19 |
| Green Beans - TR1254 (1/2 c.) | 300 | 45.19 | 2.32 | 0.36 | 0.00(M) | 0.00 | 8.12 | 5.95 | 2.69 | 0.01(M) | (M) | 1.38 | 0.80 | 44.18 | 501.62 | 3.75 | 0.00(M) | 2.31(M) | 0.01(M) |
| Side Garden Salad w/Ranch Dressing - TR1280 (1 c.) | 100 | 29.99 | 0.25 | 0.03 | 0.00 | 0.00 | 195.78 | 6.95 | 2.26 | 3.16 | (M) | 2.45 | 0.76 | 36.74 | 7383.36 | 3.89 | 0.00(M) | 213.66 (M) | 81.51 (M) |
| Assorted Fresh Fruit - TR1259 (1/2 c.) | 150 | 77.70 | 0.26 | 0.05 | 0.00 | 0.00 | 1.11 | 20.18 | 3.42 | 4.38(M) | (M) | 0.76 | 0.21 | 17.59 | 148.11 | 20.16 | 0.00(M) | 94.59 (M) | 34.10 (M) |
| Juicy Peaches - TR1194 (1/2 c.) | 250 | 50.00 | 0.00 | 0.00 | 0.00 | 0.00 | 5.00 | 12.00 | 1.00 | 10.00 | (M) | 1.00 | 0.00 | 0.00 | 300.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Chocolate Milk - TR1174 (8 fl. oz.) | 300 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Lactaid Milk - TR1396 (1 c.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 4.00 | 125.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 500.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Fat Free Strawberry Milk - TR1178 (8 fl. oz.) | 1 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free White Milk - TR1176 (8 fl. oz.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 12.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Soymilk Chocolate - TR1191 (1 c.) | 1 | 140.00 | 3.50 | 0.50 | 0.00 | 0.00 | 110.00 | 20.00 | 2.00 | 15.00 | (M) | 8.00 | 1.80 | 400.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Soymilk Vanilla - TR1190 (1 c.) | 1 | 150.00 | 5.00 | 1.00 | 0.00 | 0.00 | 180.00 | 18.00 | 1.00 | 17.00 | (M) | 9.00 | 1.08 | 350.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| White Milk 1% - TR1173 (8 fl. oz.) | 95 | 110.00 | 2.50 | 1.50 | 0.00 | 10.00 | 130.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 10.00 | 2.40 | (M) | (M) | (M) |
| Light Ranch Dip - TR1052 (1 ea.) | 125 | 80.00 | 7.00 | 1.00 | 0.00 | 5.00 | 290.00 | 3.00 | 0.00 | 2.00 | (M) | 1.00 | 0.00 | 20.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Fat Free Ranch Dressing (12g) - TR1078 (1 ea.) | 200 | 17.61 | 0.10 | 0.02 | 0.00 | 0.07 | 77.13 | 3.97 | 0.03 | 0.99 | (M) | 0.05 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mayo - TR1158 (1 ea.) | 25 | 70.00 | 7.00 | 1.00 | 0.00 | 5.00 | 50.00 | 0.00 | 0.00 | 0.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - June, 2022

Site: ALL
Date: 06/01/2022 - 06/30/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|------------|-----------|------------|----------------|-----------|
| Lunch Middle & Douglass Menu Wk1 Friday 2021-2022 (6.3.22) - Serving Date: 06/03/2022 | | | | | | | | | | | | | | | | | | | |
| Assorted Subs - TR1742 (1 ea.) | 25 | 337.43 | 13.67 | 4.81 | 0.00(M) | 68.78 (M) | 1085.35 | 29.10 | 2.15(M) | 3.11(M) | (M) | 25.32 | 2.61(M) | 163.31 (M) | 281.34 (M) | 2.49(M) | 0.00(M) | 23.28 (M) | 10.09 (M) |
| Breakfast Sandwich*HS (lunch) - TR1977 (1 ea.) | 300 | 268.46 | 11.64 | 3.78 | 0.05 | 124.33 | 547.44 | 27.61 | 2.04 | 3.44 | (M) | 13.45 | 2.33 | 143.49 | 312.43 (M) | 0.04(M) | (M) | (M) | (M) |
| Dairy Fuel Pack - TR1323 (1 ea.) | 25 | 431.00 | 8.58 | 2.01 | 0.00 | 14.00 | 530.00 | 70.70 | 6.05 | 30.00 (M) | (M) | 15.62 | 1.69 | 356.00 | 347.50 | 114.95 | 2.00(M) | (M) | (M) |
| PBJ Meal*MS/HS - TR1927 (2 ea.) | 50 | 600.00 | 32.00 | 7.00 | 0.00 | 0.00 | 560.00 | 64.00 | 8.00 | 30.00 | (M) | 18.00 | 2.16 | 80.00 | 0.00(M) | 0.00(M) | (M) | 470.00 | (M) |
| Breakfast Potatoes - TR1836 (1/2 c.) | 300 | 104.53 | 2.42 | 0.36 | 0.00 | 0.00 | 176.00 | 19.20 | 1.60 | 1.60(M) | (M) | 1.60 | 0.00(M) | 0.00(M) | 0.00(M) | 0.00(M) | (M) | (M) | (M) |
| Fresh Crisp Cucumber Slices - TR1261 (1/2 c.) | 75 | 7.80 | 0.06 | 0.02 | 0.00 | 0.00 | 1.04 | 1.89 | 0.26 | 0.87 | (M) | 0.34 | 0.15 | 8.32 | 54.60 | 1.46 | 0.00 | 76.44 | 49.52 |
| Fresh Sugar Snap Peas - TR1796 (10 beans (4") | 75 | 17.05 | 0.12 | 0.03 | 0.00 | 0.00 | 3.30 | 3.83 | 1.49 | 1.79 | (M) | 1.01 | 0.57 | 20.35 | 379.50 | 6.71 | (M) | (M) | 49.68 |
| Parmesan Ranch Roasted Chickpeas - TR1707 (1/2 c.) | 50 | 160.39 | 3.02 | 0.42 | 0.00(M) | 1.10 | 377.11 | 26.05 | 9.10 | 0.01(M) | (M) | 9.58 | 2.35 | 65.86 | 10.81 | 0.00 | (M) | (M) | 0.26(M) |
| Assorted Fresh Fruit - TR1259 (1/2 c.) | 150 | 77.70 | 0.26 | 0.05 | 0.00 | 0.00 | 1.11 | 20.18 | 3.42 | 4.38(M) | (M) | 0.76 | 0.21 | 17.59 | 148.11 | 20.16 | 0.00(M) | 94.59 (M) | 34.10 (M) |
| Mandarin Oranges - TR1195 (1/2 c.) | 250 | 60.00 | 0.00 | 0.00 | 0.00 | 0.00 | 10.00 | 14.00 | 1.00 | 11.00 | (M) | 1.00 | 0.36 | 20.00 | 400.00 | 12.00 | (M) | (M) | (M) |
| Fat Free Chocolate Milk - TR1174 (8 fl. oz.) | 300 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Lactaid Milk - TR1396 (1 c.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 4.00 | 125.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 500.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Fat Free Strawberry Milk - TR1178 (8 fl. oz.) | 1 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free White Milk - TR1176 (8 fl. oz.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 12.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Soymilk Chocolate - TR1191 (1 c.) | 1 | 140.00 | 3.50 | 0.50 | 0.00 | 0.00 | 110.00 | 20.00 | 2.00 | 15.00 | (M) | 8.00 | 1.80 | 400.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Soymilk Vanilla - TR1190 (1 c.) | 1 | 150.00 | 5.00 | 1.00 | 0.00 | 0.00 | 180.00 | 18.00 | 1.00 | 17.00 | (M) | 9.00 | 1.08 | 350.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| White Milk 1% - TR1173 (8 fl. oz.) | 95 | 110.00 | 2.50 | 1.50 | 0.00 | 10.00 | 130.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 10.00 | 2.40 | (M) | (M) | (M) |
| Light Ranch Dip - TR1052 (1 ea.) | 125 | 80.00 | 7.00 | 1.00 | 0.00 | 5.00 | 290.00 | 3.00 | 0.00 | 2.00 | (M) | 1.00 | 0.00 | 20.00 | 0.00 | 0.00 | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - June, 2022

Site: ALL
Date: 06/01/2022 - 06/30/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) | |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|--------------|-----------|------------|----------------|-----------|--|
| Lunch Middle & Douglass Menu Wk1 Friday 2021-2022 (6.3.22) - ServingDate: 06/03/2022 | | | | | | | | | | | | | | | | | | | | |
| Mayo - TR1158 (1 ea.) | 25 | 70.00 | 7.00 | 1.00 | 0.00 | 5.00 | 50.00 | 0.00 | 0.00 | 0.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) | |
| Lunch Middle & Douglass Menu Wk2 Monday 2021-2022 (6.6.22) - ServingDate: 06/06/2022 | | | | | | | | | | | | | | | | | | | | |
| Assorted Subs - TR1742 (1 ea.) | 25 | 337.43 | 13.67 | 4.81 | 0.00(M) | 68.78 (M) | 1085.35 | 29.10 | 2.15(M) | 3.11(M) | (M) | 25.32 | 2.61(M) | 163.31 (M) | 281.34 (M) | 2.49(M) | 0.00(M) | 23.28 (M) | 10.09 (M) | |
| Dairy Fuel Pack - TR1323 (1 ea.) | 25 | 431.00 | 8.58 | 2.01 | 0.00 | 14.00 | 530.00 | 70.70 | 6.05 | 30.00 (M) | (M) | 15.62 | 1.69 | 356.00 | 347.50 | 114.95 | 2.00(M) | (M) | (M) | |
| Grilled Cheese - TR1285 (1 ea.) | 300 | 362.50 | 21.23 | 10.13 | 0.00 | 50.63 | 1231.25 | 32.02 | 4.00 | 4.03 | (M) | 18.13 | 1.44(M) | 343.75 (M) | 607.50 (M) | 0.00(M) | (M) | (M) | (M) | |
| PBJ Meal*MS/HS - TR1927 (2 ea.) | 50 | 600.00 | 32.00 | 7.00 | 0.00 | 0.00 | 560.00 | 64.00 | 8.00 | 30.00 | (M) | 18.00 | 2.16 | 80.00 | 0.00(M) | 0.00(M) | (M) | 470.00 | (M) | |
| Buffalo Hummus w/Fresh Vegetables - TR1963 (1 ea.) | 100 | 14.17 (M) | 0.12(M) | 0.03(M) | 0.00(M) | 0.00(M) | 26.54 (M) | 3.13(M) | 1.03(M) | 1.33(M) | (M) | 0.65(M) | 0.20(M) | 18.46 (M) | 2699.53 (M) | 11.88 (M) | 0.00(M) | 142.85 (M) | 50.32 (M) | |
| Fresh Celery Sticks - TR1260 (1/2 c.) | 150 | 8.40 | 0.10 | 0.03 | 0.00 | 0.00 | 48.00 | 1.78 | 0.96 | 0.80 | (M) | 0.41 | 0.12 | 24.00 | 269.40 | 1.86 | 0.00 | 156.00 | 57.26 | |
| Steamed Carrots - TR1271 (1/2 c.) | 300 | 53.40 | 0.62 | 0.11 | 0.00(M) | 0.00 | 197.55 | 10.99 | 3.00(M) | 0.01(M) | (M) | 0.56 | 0.49(M) | 32.47 (M) | 15082.8 8(M) | 2.12(M) | 0.00(M) | 2.31(M) | 0.01(M) | |
| Applesauce - TR1192 (1/2 c.) | 250 | 50.00 | 0.00 | 0.00 | 0.00 | 0.00 | 10.00 | 13.00 | 2.00 | 8.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) | |
| Assorted Fresh Fruit - TR1259 (1/2 c.) | 150 | 77.70 | 0.26 | 0.05 | 0.00 | 0.00 | 1.11 | 20.18 | 3.42 | 4.38(M) | (M) | 0.76 | 0.21 | 17.59 | 148.11 | 20.16 | 0.00(M) | 94.59 (M) | 34.10 (M) | |
| Fat Free Chocolate Milk - TR1174 (8 fl. oz.) | 300 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) | |
| Fat Free Lactaid Milk - TR1396 (1 c.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 4.00 | 125.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 500.00 | 500.00 | 0.00 | (M) | (M) | (M) | |
| Fat Free Strawberry Milk - TR1178 (8 fl. oz.) | 1 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) | |
| Fat Free White Milk - TR1176 (8 fl. oz.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 12.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) | |
| Soymilk Chocolate - TR1191 (1 c.) | 1 | 140.00 | 3.50 | 0.50 | 0.00 | 0.00 | 110.00 | 20.00 | 2.00 | 15.00 | (M) | 8.00 | 1.80 | 400.00 | 500.00 | 0.00 | (M) | (M) | (M) | |
| Soymilk Vanilla - TR1190 (1 c.) | 1 | 150.00 | 5.00 | 1.00 | 0.00 | 0.00 | 180.00 | 18.00 | 1.00 | 17.00 | (M) | 9.00 | 1.08 | 350.00 | 500.00 | 0.00 | (M) | (M) | (M) | |

Menu Calendar Nutrient Analysis Report - June, 2022

Site: ALL
Date: 06/01/2022 - 06/30/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|------------|-----------|------------|----------------|-----------|
| Lunch Middle & Douglass Menu Wk2 Monday 2021-2022 (6.6.22) - ServingDate: 06/06/2022 | | | | | | | | | | | | | | | | | | | |
| White Milk 1% - TR1173 (8 fl. oz.) | 95 | 110.00 | 2.50 | 1.50 | 0.00 | 10.00 | 130.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 10.00 | 2.40 | (M) | (M) | (M) |
| Light Ranch Dip - TR1052 (1 ea.) | 125 | 80.00 | 7.00 | 1.00 | 0.00 | 5.00 | 290.00 | 3.00 | 0.00 | 2.00 | (M) | 1.00 | 0.00 | 20.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mayo - TR1158 (1 ea.) | 25 | 70.00 | 7.00 | 1.00 | 0.00 | 5.00 | 50.00 | 0.00 | 0.00 | 0.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Lunch Middle & Douglass Menu Wk2 Tuesday 2021-2022 (6.7.22) - ServingDate: 06/07/2022 | | | | | | | | | | | | | | | | | | | |
| Assorted Subs - TR1742 (1 ea.) | 50 | 337.43 | 13.67 | 4.81 | 0.00(M) | 68.78 (M) | 1085.35 | 29.10 | 2.15(M) | 3.11(M) | (M) | 25.32 | 2.61(M) | 163.31 (M) | 281.34 (M) | 2.49(M) | 0.00(M) | 23.28 (M) | 10.09 (M) |
| Chicken Cheesesteak MS/HS - TR1308 (1 sandwich) | 300 | 278.37 | 8.49 | 2.03 | 0.00 | 78.16 | 417.19 | 21.48 | 1.65 | 2.02 | (M) | 27.12 | 1.46(M) | 93.64 (M) | 121.75 (M) | 0.04(M) | 0.00(M) | 4.29(M) | 0.03(M) |
| PBJ Meal*MS/HS - TR1927 (2 ea.) | 50 | 600.00 | 32.00 | 7.00 | 0.00 | 0.00 | 560.00 | 64.00 | 8.00 | 30.00 | (M) | 18.00 | 2.16 | 80.00 | 0.00(M) | 0.00(M) | (M) | 470.00 | (M) |
| French Fries - TR1924 (1/2 c.) | 300 | 90.00 | 3.50 | 0.50 | 0.00 | 0.00 | 25.00 | 13.00 | 1.00 | 0.00 | (M) | 1.00 | 0.20 | 10.00 | (M) | (M) | (M) | 170.00 | (M) |
| Fresh Crunchy Carrots - TR1256 (1/2 c.) | 150 | 40.00 | 0.14 | 0.02 | 0.00 | 0.00 | 88.00 | 9.24 | 3.28 | (M) | (M) | 0.71 | 1.02 | 36.01 | 15636.00 | 3.00 | (M) | (M) | (M) |
| Assorted Fresh Fruit - TR1259 (1/2 c.) | 150 | 77.70 | 0.26 | 0.05 | 0.00 | 0.00 | 1.11 | 20.18 | 3.42 | 4.38(M) | (M) | 0.76 | 0.21 | 17.59 | 148.11 | 20.16 | 0.00(M) | 94.59 (M) | 34.10 (M) |
| Pineapple Chunks - TR1179 (1/2 c.) | 250 | 80.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 22.00 | 1.00 | 20.00 | (M) | 0.00 | 0.36 | 20.00 | 0.00 | 9.00 | (M) | (M) | (M) |
| Fat Free Chocolate Milk - TR1174 (8 fl. oz.) | 300 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Lactaid Milk - TR1396 (1 c.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 4.00 | 125.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 500.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Fat Free Strawberry Milk - TR1178 (8 fl. oz.) | 1 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free White Milk - TR1176 (8 fl. oz.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 12.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Soymilk Chocolate - TR1191 (1 c.) | 1 | 140.00 | 3.50 | 0.50 | 0.00 | 0.00 | 110.00 | 20.00 | 2.00 | 15.00 | (M) | 8.00 | 1.80 | 400.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Soymilk Vanilla - TR1190 (1 c.) | 1 | 150.00 | 5.00 | 1.00 | 0.00 | 0.00 | 180.00 | 18.00 | 1.00 | 17.00 | (M) | 9.00 | 1.08 | 350.00 | 500.00 | 0.00 | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - June, 2022

Site: ALL
Date: 06/01/2022 - 06/30/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-------------|-----------|------------|----------------|-----------|
| Lunch Middle & Douglass Menu Wk2 Tuesday 2021-2022 (6.7.22) - ServingDate: 06/07/2022 | | | | | | | | | | | | | | | | | | | |
| White Milk 1% - TR1173 (8 fl. oz.) | 95 | 110.00 | 2.50 | 1.50 | 0.00 | 10.00 | 130.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 10.00 | 2.40 | (M) | (M) | (M) |
| Light Ranch Dip - TR1052 (1 ea.) | 125 | 80.00 | 7.00 | 1.00 | 0.00 | 5.00 | 290.00 | 3.00 | 0.00 | 2.00 | (M) | 1.00 | 0.00 | 20.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Ketchup - TR1157 (1 ea.) | 300 | 10.00 | 0.00 | 0.00 | 0.00 | 0.00 | 85.00 | 3.00 | 0.00 | 2.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mayo - TR1158 (1 ea.) | 25 | 70.00 | 7.00 | 1.00 | 0.00 | 5.00 | 50.00 | 0.00 | 0.00 | 0.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Lunch Middle & Douglass Menu Wk2 Wednesday 2021-2022 (6.8.22) - ServingDate: 06/08/2022 | | | | | | | | | | | | | | | | | | | |
| Assorted Subs - TR1742 (1 ea.) | 25 | 337.43 | 13.67 | 4.81 | 0.00(M) | 68.78 (M) | 1085.35 | 29.10 | 2.15(M) | 3.11(M) | (M) | 25.32 | 2.61(M) | 163.31 (M) | 281.34 (M) | 2.49(M) | 0.00(M) | 23.28 (M) | 10.09 (M) |
| Cheese Pizza (Wedge) - TR1004 (1 ea.) | 325 | 336.00 | 16.00 | 10.00 | 0.00 | 41.00 | 435.00 | 27.00 | 3.00 | 6.00 | (M) | 20.00 | 2.34 | 310.00 | 0.00(M) | 0.00(M) | (M) | (M) | (M) |
| PBJ Meal*MS/HS - TR1927 (2 ea.) | 50 | 600.00 | 32.00 | 7.00 | 0.00 | 0.00 | 560.00 | 64.00 | 8.00 | 30.00 | (M) | 18.00 | 2.16 | 80.00 | 0.00(M) | 0.00(M) | (M) | 470.00 | (M) |
| Buffalo Hummus w/Fresh Vegetables - TR1963 (1 ea.) | 100 | 14.17 (M) | 0.12(M) | 0.03(M) | 0.00(M) | 0.00(M) | 26.54 (M) | 3.13(M) | 1.03(M) | 1.33(M) | (M) | 0.65(M) | 0.20(M) | 18.46 (M) | 2699.53 (M) | 11.88 (M) | 0.00(M) | 142.85 (M) | 50.32 (M) |
| Fresh Grape Tomatoes - TR1266 (1/2 c.) | 150 | 13.41 | 0.15 | 0.02 | 0.00 | 0.00 | 3.73 | 2.90 | 0.89 | 1.96 | (M) | 0.66 | 0.20 | 7.45 | 620.59 | 10.21 | 0.00 | 176.56 | 70.42 |
| Steamed Broccoli Florets - TR1751 (1/2 c.) | 300 | 45.24 | 0.10 | 0.02 | 0.00(M) | 0.00 | 165.89 | 8.84 | 2.74(M) | 1.34(M) | (M) | 2.84 | 0.56(M) | 46.42 (M) | 917.16 (M) | 36.38 (M) | 0.00(M) | 165.61 (M) | 82.31 (M) |
| Assorted Fresh Fruit - TR1259 (1/2 c.) | 150 | 77.70 | 0.26 | 0.05 | 0.00 | 0.00 | 1.11 | 20.18 | 3.42 | 4.38(M) | (M) | 0.76 | 0.21 | 17.59 | 148.11 | 20.16 | 0.00(M) | 94.59 (M) | 34.10 (M) |
| Mixed Fruit Cup - TR1193 (1/2 c.) | 250 | 60.00 | 0.00 | 0.00 | 0.00 | 0.00 | 5.00 | 13.00 | 1.00 | 13.00 | (M) | 1.00 | 0.00 | 0.00 | 200.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Chocolate Milk - TR1174 (8 fl. oz.) | 300 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Lactaid Milk - TR1396 (1 c.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 4.00 | 125.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 500.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Fat Free Strawberry Milk - TR1178 (8 fl. oz.) | 1 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free White Milk - TR1176 (8 fl. oz.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 12.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - June, 2022

Site: ALL

Date: 06/01/2022 - 06/30/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|------------|-----------|------------|----------------|-----------|
| Lunch Middle & Douglass Menu Wk2 Wednesday 2021-2022 (6.8.22) - ServingDate: 06/08/2022 | | | | | | | | | | | | | | | | | | | |
| Soymilk Chocolate - TR1191 (1 c.) | 1 | 140.00 | 3.50 | 0.50 | 0.00 | 0.00 | 110.00 | 20.00 | 2.00 | 15.00 | (M) | 8.00 | 1.80 | 400.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Soymilk Vanilla - TR1190 (1 c.) | 1 | 150.00 | 5.00 | 1.00 | 0.00 | 0.00 | 180.00 | 18.00 | 1.00 | 17.00 | (M) | 9.00 | 1.08 | 350.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| White Milk 1% - TR1173 (8 fl. oz.) | 95 | 110.00 | 2.50 | 1.50 | 0.00 | 10.00 | 130.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 10.00 | 2.40 | (M) | (M) | (M) |
| Light Ranch Dip - TR1052 (1 ea.) | 125 | 80.00 | 7.00 | 1.00 | 0.00 | 5.00 | 290.00 | 3.00 | 0.00 | 2.00 | (M) | 1.00 | 0.00 | 20.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Fat Free Ranch Dressing (12g) - TR1078 (1 ea.) | 200 | 17.61 | 0.10 | 0.02 | 0.00 | 0.07 | 77.13 | 3.97 | 0.03 | 0.99 | (M) | 0.05 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mayo - TR1158 (1 ea.) | 25 | 70.00 | 7.00 | 1.00 | 0.00 | 5.00 | 50.00 | 0.00 | 0.00 | 0.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Lunch Middle & Douglass Menu Wk2 Thursday 2021-2022 (6.9.22) - ServingDate: 06/09/2022 | | | | | | | | | | | | | | | | | | | |
| Assorted Subs - TR1742 (1 ea.) | 50 | 337.43 | 13.67 | 4.81 | 0.00(M) | 68.78 (M) | 1085.35 | 29.10 | 2.15(M) | 3.11(M) | (M) | 25.32 | 2.61(M) | 163.31 (M) | 281.34 (M) | 2.49(M) | 0.00(M) | 23.28 (M) | 10.09 (M) |
| Chicken Nuggets MS/HS - TR1378 (6 ea.) | 300 | 240.00 | 10.50 | 2.25 | 0.00 | 30.00 | 405.00 | 15.00 | 3.00 | 0.00 | (M) | 21.00 | 1.08 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| PBJ Meal*MS/HS - TR1927 (2 ea.) | 50 | 600.00 | 32.00 | 7.00 | 0.00 | 0.00 | 560.00 | 64.00 | 8.00 | 30.00 | (M) | 18.00 | 2.16 | 80.00 | 0.00(M) | 0.00(M) | (M) | 470.00 | (M) |
| Fresh Green Pepper Strips - TR1265 (1/2 c.) | 150 | 9.20 | 0.08 | 0.03 | 0.00 | 0.00 | 1.38 | 2.13 | 0.78 | 1.10 | (M) | 0.40 | 0.16 | 4.60 | 170.20 | 36.98 | 0.00 | 80.50 | 43.19 |
| Golden Corn - TR1269 (1/2 c.) | 300 | 92.22 | 0.61 | 0.09 | 0.00 | 0.00 | 145.11 | 21.35 | 2.21(M) | (M) | (M) | 2.31 | 0.43(M) | 2.21(M) | 180.33 (M) | 3.21(M) | (M) | (M) | (M) |
| Assorted Fresh Fruit - TR1259 (1/2 c.) | 150 | 77.70 | 0.26 | 0.05 | 0.00 | 0.00 | 1.11 | 20.18 | 3.42 | 4.38(M) | (M) | 0.76 | 0.21 | 17.59 | 148.11 | 20.16 | 0.00(M) | 94.59 (M) | 34.10 (M) |
| Juicy Peaches - TR1194 (1/2 c.) | 250 | 50.00 | 0.00 | 0.00 | 0.00 | 0.00 | 5.00 | 12.00 | 1.00 | 10.00 | (M) | 1.00 | 0.00 | 0.00 | 300.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Chocolate Milk - TR1174 (8 fl. oz.) | 300 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Fat Free Lactaid Milk - TR1396 (1 c.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 4.00 | 125.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 500.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Fat Free Strawberry Milk - TR1178 (8 fl. oz.) | 1 | 130.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 23.00 | 0.00 | 22.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - June, 2022

Site: ALL
Date: 06/01/2022 - 06/30/2022

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| Lunch Middle & Douglass Menu Wk2 Thursday 2021-2022 (6.9.22) - ServingDate: 06/09/2022 | | | | | | | | | | | | | | | | | | | |
| Fat Free White Milk - TR1176 (8 fl. oz.) | 1 | 80.00 | 0.00 | 0.00 | 0.00 | 5.00 | 130.00 | 12.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 500.00 | 1.20 | (M) | (M) | (M) |
| Soymilk Chocolate - TR1191 (1 c.) | 1 | 140.00 | 3.50 | 0.50 | 0.00 | 0.00 | 110.00 | 20.00 | 2.00 | 15.00 | (M) | 8.00 | 1.80 | 400.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| Soymilk Vanilla - TR1190 (1 c.) | 1 | 150.00 | 5.00 | 1.00 | 0.00 | 0.00 | 180.00 | 18.00 | 1.00 | 17.00 | (M) | 9.00 | 1.08 | 350.00 | 500.00 | 0.00 | (M) | (M) | (M) |
| White Milk 1% - TR1173 (8 fl. oz.) | 95 | 110.00 | 2.50 | 1.50 | 0.00 | 10.00 | 130.00 | 13.00 | 0.00 | 12.00 | (M) | 8.00 | 0.00 | 300.00 | 10.00 | 2.40 | (M) | (M) | (M) |
| Light Ranch Dip - TR1052 (1 ea.) | 125 | 80.00 | 7.00 | 1.00 | 0.00 | 5.00 | 290.00 | 3.00 | 0.00 | 2.00 | (M) | 1.00 | 0.00 | 20.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| BBQ Sauce - TR1168 (1 ea.) | 150 | 44.23 | 0.09 | 0.01 | 0.00 | 0.00 | 207.52 | 10.21 | 0.28 | 8.79 | (M) | 0.28 | 0.62 | 23.25 | 0.00 | 0.00 | (M) | (M) | (M) |
| Honey Mustard Sauce - TR1152 (1 ea.) | 100 | 130.00 | 12.00 | 2.00 | 0.00 | 10.00 | 200.00 | 4.00 | 0.00 | 4.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Ketchup - TR1157 (1 ea.) | 250 | 10.00 | 0.00 | 0.00 | 0.00 | 0.00 | 85.00 | 3.00 | 0.00 | 2.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mayo - TR1158 (1 ea.) | 25 | 70.00 | 7.00 | 1.00 | 0.00 | 5.00 | 50.00 | 0.00 | 0.00 | 0.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Goldfish Cheddar Crackers - TR1109 (1 ea.) | 300 | 100.00 | 3.50 | 0.50 | 0.00 | 0.00 | 170.00 | 14.00 | 1.00 | 0.00 | (M) | 2.00 | 0.72 | 20.00 | 0.00 | 0.00 | (M) | (M) | (M) |

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Middle (Douglass)
Menu Line: Middle Lunch (Bayard 7&8, Douglass)
Serving Group: 6-8
Nutrients Option: All

HFCS