



# SACHSE VOLLEYBALL TRYOUTS

## AUG 1ST AND AUG 2ND 2025

**YOU MUST HAVE A PHYSICAL AND ALL ONLINE FORMS COMPLETED IN RANKONE TO PARTICIPATE IN TRYOUTS**

**Please arrive 15 minutes before your session and bring a water bottle.  
Each session is mandatory**

FRIDAY AUG 1ST	SATURDAY AUG 2ND	MONDAY AUG 4TH	TUESDAY AUG 5TH
<b>TRYOUTS</b> 10TH-12TH 1:00-3:30 9TH 3:00-5:30	<b>TRYOUTS</b> 10TH-12TH 8:30-11:30 9TH 12:00-3:00 <i>IF YOU MAKE THE TEAM-YOU WILL CONTINUE WITH THE REST OF THE WEEK</i>	TEAM PICTURES 8:30 (ALL) PRACTICE F/JV 10:00-12:00 VARSITY 2:00-4:30	<b>PRACTICE</b> JV/VARSITY/9TH 12:00-2:30
<b>WEDNESDAY AUG 6TH</b> PRACTICE JV/VARSITY/9TH 4:00-6:00	<b>THURSDAY AUG 7TH</b> PRACTICE VARSITY 1:00-3:00 ALL FUNDRAISER- 3:00 JV/9 <sup>TH</sup> PRACTICE 4:00-6:00	<b>FRIDAY AUG 8TH</b> ALL- SCRIMMAGE AT PEARCE	<b>SATURDAY AUG 9TH</b> ALL-SCRIMMAGE AT PLANO EAST <i>MANDATORY PARENT MEETING 1:00PM</i>

This is a tryout, meaning not everyone will make a team or the team they want to make. Putting together a team is a game of numbers, roles, responsibilities, and needs.

Tryouts will consist of:

1. An athlete's ability to perform the six basic individual skills such as serve, pass, set, hit, dig, and block
  2. Team skills such as transition, rotation, volleyball IQ
  3. The athlete's desire, competitiveness, and toughness. We will run drills that mentally and physically test the athletes.
  4. Other intangibles such as potential, hustle, attitude, and effort, willingness to be coachable and to be part of a team. We will run drills that will test the athlete's ability to change, adapt, hustle, be coached, etc.
  5. Any drill and game play will be evaluated and all athletes are evaluated more than one time and by more than one coach.
- Athletes are considered for any team regardless of the session they may be in.

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