

TRUE OR FALSE?

"VAPING HAS NO EFFECT ON MENTAL HEALTH"

FALSE

~ VAPING LINKED TO DEPRESSION ~

THERE IS A STRONG LINK BETWEEN VAPING AND DEPRESSION

e-cigarettes users:

2 x more likely to report clinical depression

34% experienced clinical depression

STUDIES SHOW QUITTING NICOTINE DECREASES DEPRESSION

Want to quit vaping? text DITCHVAPE to 88709



QUITTING NICOTINE DECREASES DEPRESSION