

Key Staff for 9th Grade

Academic Counselors

- Natalie Kessler (Last A-M): natalie-kessler@scusd.edu
- Jim McGee (Last N-Z): jim-mcgee@scusd.edu
- Alex Corona (ELD & EL): alex-corona@scusd.edu

Student Support Center (SSC)

- *Dr. Josephine Pugh, SSC Coordinator:*
josephine-jones-pugh@scusd.edu

9th Grade Academy Lead

- *Chelsey Cook:* chelsey-cook@scusd.edu

Athletics Director

- Sandra Escalera: sandra-escalera@scusd.edu

After School Program Manager

- *Tremaine Newton:* tnewton@rfcecenter.com

Associate Student Body (ASB)

- Freshman Class Advisor: Charles Bolton:
charles-bolton@scusd.edu
- ASB Director: Sheng Vang: sheng-vang@scusd.edu

EMBRACE EQUIP CHALLENGE



Luther Burbank High School

9th Grade Road Map

3500 Florin Road

Sacramento, CA 95823

916-395-5100

<https://lutherburbank.scusd.edu/>

Luther Burbank High School prohibits discrimination, intimidation, harassment (including sexual harassment) or bullying based on a person's actual or perceived ancestry, color, disability, gender, gender identity, gender expression, immigration status, nationality, race or ethnicity, religion, sex, sexual orientation, or association with a person or a group with one or more of these actual or perceived characteristics.

Freshman Year

Welcome to high school! Your counselors and teachers are valuable resources for advice on classes and extracurriculars, so start building relationships with them early. If you face challenges, reach out for help as soon as possible to stay on track.

In freshman year, focus on academic success and exploring your interests.

Academics

9TH GRADE CLASS SCHEDULE

<i>English 9</i>	<i>Biology</i>
<i>Math 1/ Math 1</i>	<i>Frosh PE</i>
<i>Geography/ Ethnic Studies</i>	<i>Elective, recommended start world language</i>

Students should earn C or higher in ALL classes, to graduate with the greatest number of postsecondary choices from the widest array of options

By the end year, students should earn **60 units**. If 60 units not earned, counselor may recommend summer school.

College & Career Readiness

- Meet with your counselor to develop a **Student Success Plan**.
- Take the Preliminary SAT (**PSAT**).
- Join & Participate in a **College Prep Program**.
- Career Technical Education **CTE Exploration & Selection** for next school year.
- California College Guidance Initiative **CCGI : Interest Survey**.

Titan Learner Profile Focus

Conscientious & Communicator

Stay Connected & Supported

EXTRACURRICULARS

- Participate in **Afterschool Program** (Room B-8) by taking a 7th period class or participating in enrichment club.
- Participate in **LBHS Athletics &** Challenge yourself to be a **Scholar Athlete**.
- Join/ start a **Student Club** through the Associated Student Body.

9TH GRADE ACADEMY

The goal of the 9th Grade Academy is to increase the percent of 9th grade students who complete their freshman year “on track” for A-G completion. Students are grouped in Houses and will participate in different activities throughout the year.

HEALTH, WELLNESS & EMOTIONAL WELL BEING

Building their Support Network-Identifying and building relationships with trusted adults and peers on campus. Learning about support programs on-campus.

Communication-Reaching out to their teachers, counselor, or on-campus resource when they are overwhelmed or stressed.

Identifying Coping Skills- When things get tough building their tool box to overcome adversity.

Key Staff for 10th Grade

Academic Counselors

- *Cary Farley* (Last A-Ma): cary-farley@scusd.edu
- *Linda Yang*(Last Mc-Z): linda-yang@scusd.edu
- *Alex Corona* (ELD & EL): alex-corona@scusd.edu

Student Support Center (SSC)

- *Dr. Josephine Pugh, SSC Coordinator:*
josephine-jones-pugh@scusd.edu

MTSS Coordinator

- *Mayra Tellez:* mayra-tellez@scusd.edu

Athletics Director

- *Sandra Escalera:* sandra-escalera@scusd.edu

After School Program Manager

- *Tremaine Newton:* tnewton@rfcecenter.com

Associate Student Body (ASB)

- *Sophomore Class Advisor:* *Renee-Cornell:*
renee-cornell@scusd.edu
- *ASB Director:* *Sheng Vang:* sheng-vang@scusd.edu

International Baccalaureate (IB) Programme Coordinator

- *Katherine Bell:* katherine-bell@scusd.edu

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Sophomore Year

Your sophomore year will be similar to your freshman year in terms of focus and activities. Keep building strong study habits and stay connected with your counselor and teachers to ensure you're on track to meet your goals (and don't forget to set them!) You can also start to more clearly identify your interests and strengths.

Academics

10TH GRADE CLASS SCHEDULE

<i>English 10/ Honors Eng 10</i>	<i>Physics</i>
<i>Math 2/Math 1</i>	<i>PE</i>
<i>World History</i>	<i>Elective (should begin world language)</i>

Students should earn C or higher in ALL classes, to graduate with the greatest number of postsecondary choices from the widest array of options

By the end year, students should earn **120 units**. If 120 units not earned, counselor may recommend summer school and/or explore alternative school placement.

College & Career Readiness

- Meet with your counselor to develop a **Student Success Plan**.
- Take the Preliminary SAT (**PSAT**).
- Join & Participate in a **College Prep Program**.
- Join a Career Technical Education **CTE Pathway**
- International Baccalaureate **IB Exploration & Selection** for next school year.
- California College Guidance Initiative **CCGI : Interest Survey**.
- Engage in **Service Learning/ Work**

Community-Minded & Collaborative

Stay Connected & Supported

EXTRACURRICULARS

- Participate in **Afterschool Program** (Room B-8) by taking a 7th period class or participating in enrichment club.
- Participate in **LBHS Athletics &** Challenge yourself to be a **Scholar Athlete**.
- Join/ start a **Student Club** through the Associated Student Body.

HEALTH, WELLNESS & EMOTIONAL WELL BEING

Seeking Support- Proactively seeking support when facing adversity. Knowledge of on-campus resources that support mental and emotional well being.

Continue Building their Support Network- Having a group of positive peers and identified trusted adult(s) on-campus who they can seek support from when needed.

Problem Solving- The ability to see and identify issues before they become larger issues (i.e. conflicts with peers, missing assignments, or other life stressors) and seek help when needed..

Key Staff for 11th Grade

Academic Counselors

- Natalie Kessler (Last A-Moh): natalie-kessler@scusd.edu
- Jim McGee (Last Mon-Z): jim-mcgee@scusd.edu
- Alex Corona (ELD & EL): alex-corona@scusd.edu

Student Support Center (SSC)

- Dr. Josephine Pugh, SSC Coordinator:
josephine-jones-pugh@scusd.edu

MTSS Coordinator

- Mayra Tellez: mayra-tellez@scusd.edu

Athletics Director

- Sandra Escalera: sandra-escalera@scusd.edu

After School Program Manager

- Tremaine Newton: tnewton@rfcecenter.com

Associate Student Body (ASB)

- Junior Class Advisor: Ms. V: lia-seyman@scusd.edu
- ASB Director: Sheng Vang: sheng-vang@scusd.edu

International Baccalaureate (IB) Programme Coordinator

- Katherine Bell: katherine-bell@scusd.edu

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EMBRACE EQUIP CHALLENGE



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Junior Year

Your junior year is when your planning and post-high school goals start to take shape. After laying the groundwork in earlier years, it's time to bring your plan into action.

This year, focus on developing the skills and activities you'll want to build on after high school.

Academics

11TH GRADE CLASS SCHEDULE

<i>English 11/ IB Eng Y1</i>	<i>IB Math Y1/ Math 2</i>
<i>World Language</i>	<i>US History/ IB History Y1</i>
<i>Chemistry/ IB Physics,</i>	<i>Elective</i>
<i>IB Env, Systems & Societies</i>	
<i>or IB Sports Exercise & Health Science</i>	

Students should earn C or higher in ALL classes, to graduate with the greatest number of postsecondary choices from the widest array of options

By the end year, students should earn **180 units**. If 180 units not earned, counselor may recommend Accelerated Education (online credit recovery classes), summer school and/or explore alternative school placement.

College & Career Readiness

- Take the **SAT** and/or **ACT**.
- Join & Participate in a **College Prep Program**.
- Continue Career Technical Education **CTE Pathway**
- Add academic rigor to your transcript by taking 1 or more International Baccalaureate **IB Course** or **IB Diploma Programme**
- Plan & Participate in **College Fairs & Visit Colleges**.
- Engage in **Service Learning, Internship, and/or work experience**.
- Search & Apply for **Scholarships**.
- Apply for **Seal of Civic Engagement**.

Critical Thinker & Caring

Stay Connected & Supported

EXTRACURRICULARS

- Seek **Leadership Engagement** as a team captain, club officer and/or campus leader.
- Participate in **Afterschool Program** (Room B-8) by taking a 7th period class or participating in enrichment club.
- Participate in **LBHS Athletics &** Challenge yourself to be a **Scholar Athlete**.
- Join/ start a **Student Club** through the Associated Student Body.

HEALTH, WELLNESS & EMOTIONAL WELL BEING

Healthy Relationships-Using their support network and on-campus resources for help when needed. Identifying positive peers and having a supportive adult on campus they can go to when needed.

Self Awareness- Recognizing when they are stressed and awareness of their triggers (situations and people) that spark negative emotions and how to seek support to address these concerns.

Self-Management- Ability to regulate their emotions and identify resources for support when needed.

Key Staff for 12th Grade

Academic Counselors

- *Cary Farley* (Last A-Med): cary-farley@scusd.edu
- *Linda Yang*(Last Mej): linda-yang@scusd.edu
- *Alex Corona* (ELD & EL): alex-corona@scusd.edu

Student Support Center (SSC)

- *Dr. Josephine Pugh, SSC Coordinator:*
josephine-jones-pugh@scusd.edu

MTSS Coordinator

- *Mayra Tellez:* mayra-tellez@scusd.edu

Athletics Director

- *Sandra Escalera:* sandra-escalera@scusd.edu

After School Program Manager

- *Tremaine Newton:* tnewton@rfcecenter.com

Associate Student Body (ASB)

- *Senior Class Advisor:* John-Sessa: john-sessa@scusd.edu
- *ASB Director:* Sheng Vang: sheng-vang@scusd.edu

International Baccalaureate (IB) Programme Coordinator

- *Katherine Bell:* katherine-bell@scusd.edu

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EMBRACE EQUIP CHALLENGE



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Senior Year

Your senior year is exciting and full of opportunities! It's a special time of both endings and new beginnings. Stay organized with deadlines and tackle the post-secondary process step by step. Lean on your high school support network, and remember to have fun—make time for your extracurriculars and friends!

Academics

12TH GRADE CLASS SCHEDULE

<i>English 12/ IB Eng Y2</i>	<i>Science Elective</i>
<i>IB Math Y2</i>	<i>Foreign Language/ Elective</i>
<i>Gov & Econ / IB History Y2</i>	<i>Elective</i>

Students should earn C or higher in ALL classes, to graduate with the greatest number of postsecondary choices from the widest array of options

To graduate with HS diploma **225 units** are required. It is imperative that students regularly meet with their academic counselor to ensure they are on track for graduation and/or A-G eligibility.

College & Career Readiness

- Take the **SAT** and/or **ACT**.
- Complete Career Technical Education **CTE Pathway**
- Add academic rigor to your transcript by taking 1 or more International Baccalaureate **IB Courses** or finish all requirements of **IB Diploma Programme**
- Take **IB Exams**
- Plan & Participate in **College Fairs & Visit Colleges**.
- Engage in **Service Learning, Internship, and/or work experience**.
- Search & Apply for **Scholarships**.
- Complete for **Seal of Civic Engagement**.
- **College Applications & FAFSA**

Six “Cs”

Critical Thinker | Communicator | Collaborative
Community-Minded | Caring | Conscientious

Stay Connected & Supported

EXTRACURRICULARS

- Seek **Leadership Engagement** as a team captain, club officer and/or campus leader.
- Participate in **Afterschool Program** (Room B-8) by taking a 7th period class or participating in enrichment club.
- Participate in **LBHS Athletics &** Challenge yourself to be a **Scholar Athlete**.
- Join/ start a **Student Club** through the Associated Student Body.

HEALTH, WELLNESS & EMOTIONAL WELL BEING

Responsible Decision Making- Ability to set healthy boundaries and a social network that supports their personal goals and well being.

Self Management- Ability to set and achieve their goals with appropriate support. Ability to sustain motivation and disciplined in their approach.

Self-Care-Ability to manage stress, understand their triggers, and seek support when necessary. Knowledge of on-campus resources to support personal well-being.