

Local Wellness Policy Triennial Assessment

Annual Wellness Plan Assessment

Section 1: General Information

Schools included in the assessment: London Elementary, London Intermediate, London Middle School, and London High School

Month and year of current assessment: January 2025

Date of last Local Wellness Policy revision: July 24, 2017

Website address for the wellness policy and/or information on how the public can access a copy: <https://www.londonisd.net/departments/foodservice/links-and-helpful-information>

Section 2: Wellness Committee Information

Members of the School Health Advisory Council:

<u>Name</u>	<u>Title</u>
Dr. Alex Salazar	Assistant Superintendent
Lisa Alphin, RN	School Nurse & Co-Chair
Holly Thomas	Parent/Community Member
Shelby Larkins	Parent/Community Member
Ashley McComb	Parent/Community Member & <i>Co-Chair</i>
Dalia Lujan	Parent/Community Member

Section 3: Comparison to Model School Wellness Policies

Complete the Wellness School Assessment Tool (WellSAT) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- ☐ Alliance for a Healthier Generation: Model Policy
- ☒ WellSAT example policy language
- ☒ Other: TASB model policy language

Describe how your wellness policy compares to model wellness policies.

London ISD Wellness policy is concise and centered on the required components listed within the WellSAT model policy language and TASB model policy language.

Goals for Physical Activity	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.	Yes			Currently, our students have opportunities to remain fit and have daily activities that keep them moving. Students have routine recess, PE, athletics as well as have courses that require movement like welding, clinical hospital rounds, sailing club, etc. to ensure students have opportunities to not be static.
The District shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.	Yes			The district has initiated a calendar which incorporates staff development in all areas including how to integrate physical activity into the curriculum. Many teachers have already received training on a myriad of new teaching strategies and we have planned to incorporate more this coming year.
The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, lifelong physical activity for District employees and students.	Yes			The district partners with Corpus Christi Athletic Club offering reduced pricing for employees and family to promote physical activity and opportunities for families to routinely connect with each other. We plan to introduce wellness opportunities this coming fall semester as well through our human resource department

Goals for Other School-Based Activities	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.	Yes			The district will continue to ensure students are allowed appropriate meal time.
The District shall promote wellness for students and their families at suitable District and campus activities.	Yes			The district creates opportunities for student wellness through in class sessions from counselors
The District shall promote employee wellness activities and involvement at suitable District and campus activities.	Yes			London ISD promotes employee wellness through our partnership with TRS Active Care insurance as well as our third party administrator.