



Carlstadt Public School District Curriculum Guide

Family Life Grade 8 - 41 minutes/week - full year

Scope & Sequence

Unit	Pacing (Days/Weeks)	Key Ideas	Standards
Social and Emotional Health	11 weeks	Mental and emotional health; types of relationships; healthy vs. unhealthy relationships; signs of depression and suicide; social media's impact on mental health; trusted adults; resiliency; coping strategies; empathy vs. sympathy	2.1.8.CHSS.1; 2.1.8.CHSS.4; 2.1.8.CHSS.8; 2.1.8.EH.1; 2.1.8.EH.2; 2.1.8.PGD.4; 2.1.8.SSH.3; 2.1.8.SSH.4; 2.1.8.SSH.6; 2.1.8.SSH.11; 2.2.8.MSC.7 2.2.8.PF.1; 2.2.8.PF.5; 2.3.8.PS.1
Safety, Injury & Violence Protection	11 weeks	Negative social influences; strategies to avoid danger; refusal skills; causes and effects of conflict; homicide, suicide, and the role of drugs; gangs and negative pressure hate groups; weapons; communication skills; bystander; upstander; influence of the media	2.1.8.CHSS.8; 2.1.8.EH.1; 2.3.8.PS.1; 2.3.8.PS.2; 2.3.8.PS.3; 2.3.8.PS.4; 2.3.8.PS.5; 2.3.8.PS.6; 2.3.8.PS.7
Substance Abuse Prevention	10 weeks	Substance use; how to seek assistance; building assets; community resources; positive peer pressure; setting goals to resist negative peer pressure; refusal skills	2.1.8.CHSS.1; 2.1.8.EH.1; 2.1.8.PGD.4; 2.3.8.ATD.1; 2.3.8.ATD.2; 2.3.8.ATD.3; 2.3.8.ATD.4; 2.3.8.ATD.4; 2.3.8.DSDT.1; 2.3.8.DSDT.2; 2.3.8.DSDT.3; 2.3.8.DSDT.4; 2.3.8.DSDT.5; 2.3.8.PS.5
Consumer, Community, & Environmental Health	7 weeks	Reliability of health-related information; role of media; informed consumers; environmental and health issues in the community; local effects of global ecological problems; laws and ordinances pertaining to environment	2.1.8.CHSS.1; 2.1.8.CHSS.7; 2.1.8.PGD.1; 2.3.8.HCDM.1; 2.3.8.PS.6



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