



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
 sacredheart.org

JULY 6, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday in Summer

8:15 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

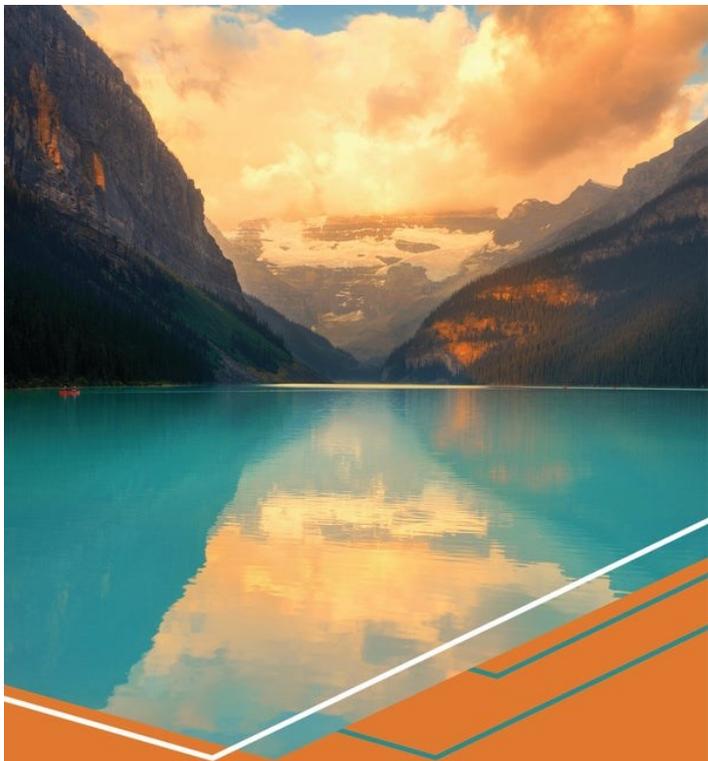
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
 is a welcoming Catholic community,
 which inspires faith in God,
 through prayer, sacraments, and service,
 while living Gospel values,
 as faithful followers of Jesus Christ.



14th SUNDAY IN ORDINARY TIME

"Whatever town you enter and they welcome you, eat what is set before you, cure the sick in it and say to them, 'The kingdom of God is at hand for you.'"
 - Lk 10:8-9

PARISH CALENDAR

Sunday July 6

FOURTEENTH SUNDAY IN ORDINARY TIME

9:00 AM	Mass
11:00 AM	Mass
5:00 PM	Mass

The parish office will be closed on Monday, July 7th, in observance of the Independence Day holiday weekend. Daily Mass will be held at 8:45 AM.

Monday July 7

Weekday

Parish Office Closed in Observance of the Independence Day Holiday Weekend

8:15 AM	Rosary
8:45 AM	Mass
7:00 PM	NO Rosary Group

Tuesday July 8

Weekday

10:00 AM	Stitchers with Heart Group
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Wednesday July 9

Saint Augustine Zhao Rong, Priest, and Companions, Martyrs

8:15 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass

Thursday July 10

Weekday

8:15 AM	Rosary
8:45 AM	Mass
2:00 PM - 4:00 PM	Eucharistic Adoration

Friday July 11

Saint Benedict, Abbot

8:15 AM	Rosary
8:45 AM	Mass

Saturday July 12

Blessed Virgin Mary

8:00 AM	Women's Group
8:00 AM	Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday July 13

FIFTEENTH SUNDAY IN ORDINARY TIME

9:00 AM	Mass
11:00 AM	Mass
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)



Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy

We start the Mass, this beautiful prayer, “In the name of the Father, and of the Son, and of the Holy Spirit. Amen.” This beginning and end to all our prayers as Catholics reveals to us that the Mass, too, is one giant prayer, comprised of many smaller prayers, as it begins and concludes with the Sign of the Cross. As the Priest leads us, we mark ourselves by taking three fingers together (representing our God who is one in three persons) and tapping our foreheads, stomachs and (as Roman Catholics) our left then right shoulders. By tracing ourselves with the Sign of the Cross and calling upon the name of our God using the Trinitarian formula (Father, Son, and Spirit) we mark ourselves as God’s people set apart from the world and invoke His divine presence, power and protection.



Join the 9:00 AM Sacred Heart Choir

Consider sharing your time and talent with the Sacred Heart 9:00 AM choir. Sopranos, tenors and basses are most needed. Your experience and ability to read music and follow a conductor is a plus if you are thinking about singing with this four part SATB group. Contact Susan Olmos, Music Director at solmos@sacredheart.org or come up and meet us after one of the summer Masses on Sunday morning. Rehearsals begin in the Fall.



OBLITERIDE

A group of Sacred Heart parishioners, led by team captain, Sharon Faricy, are raising funds and awareness for cancer research through the **Fred Hutch Obliteride**. Their work is in memory of long-time Sacred Heart parishioner and school parent Carole Roane. The Obliteride takes place on August 9th. You can find out more information or donate through this link ([Obliteride 2025: Carole's Warriors -Obliteride](#)) or the QR code.



50+ Summer POTLUCK & MOVIE

sponsored by Carpe Diem
4:30pm, Thurs. July 17th
in the Narthex

Food Assignments
(by last names)

A-C: salad/side for 8+
D-I: main dish for 8+
J-Z: dessert for 8+



Info?
Linda
Geere
425-
450-
3908



Online Giving to Sacred Heart Parish

Online giving to Sacred Heart is quick, easy and secure! Parishioners can give through our mobile-compatible giving page that can be accessed by scanning the QR code. You can make a one - time gift, or set up a recurring gift by using your checking account, debit or credit card. Thank you for your support of Sacred Heart Parish!



ADMINISTRATION & STEWARDSHIP



Annual Catholic Appeal

Supports the mission of the Catholic Church in Western Washington.



Please make your 2025 ACA gift today!

Go to archseattle.org/GiveACA



ACA UPDATE

We are now moving into the 10th week of the 2025 Annual Catholic Appeal. The good news is we have received contributions from 197 families. But, that means there are still households that have not yet responded. It is not too late for you to give! Your gift to the Annual Catholic Appeal helps put our faith into action by supporting our brothers and sisters in need. Your contributions help our parish and the archdiocese carry on the ministries and mission of the Catholic Church in Western Washington. If you have not yet done so, won't you please consider making your gift today? No gift is too small to assist in providing support to our regional Church. To make your gift online, you can visit archseattle.org/GiveACA, or scan the QR code located above. ACA envelopes are located in the church pews for your convenience. We have currently received pledges and gifts in the amount of \$132,267 which is 67% of our goal. Any money we raise above our goal of \$197,500 will support our parish project to help fund the replacement of the roof of the original parish offices along 14th Street. .



2025 Annual Catholic Appeal

ACA Goal	\$197,500
Gifts and Pledges through 6/26/25	\$132,267
% to ACA Goal	67%

Stewardship of Treasure Sunday collection totals

July 2024 to April 2025 Budget	\$1,408,458
July 2024 to April 2025 Actual	\$1,357,508
Under budget	(\$50,950)
Prior year actual (July 2023–Apr 2024)	\$1,400,865

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 7/6

Isaiah 66:10-14c
Psalm 66:1-7,16,20
Galatians 6:14-18
Luke 10:1-12,17-20

Monday 7/7

Genesis 28:10-22a
Psalm 91:1-4,14-15ab
Matthew 9:18-26

Tuesday 7/8

Genesis 32:23-33
Psalm 17:1b-3,6-7b,8b,15
Matthew 9:32-38

Wednesday 7/9

Genesis 41: 55-57;
42:5-7a,17-24a
Psalm 33:2-3,10-11,18-19
Matthew 10:1-7

Thursday 7/10

Genesis 44:18-21,
23b-29;45:1-5
Psalm 105:16-21
Matthew 10:7-15

Friday 7/11

Genesis 46:1-7,28-30
Psalm 37:3-4,18-19,
27-28,39-40
Matthew 10:16-23

Saturday 7/12

Genesis 49:29-32;50:15-26a
Psalm 105:1-4,6-7
Matthew 10:24-33

Sunday 7/13

Deuteronomy 30:10-14c
Psalm 69:14,17,30-31,
33-34,36-37
Colossians 1:15-20
Luke 10:25-37

MASS INTENTIONS

Sunday 7/6

9:00 AM Mass: RIP JEANNE NARK
by Genna & Jerome Thielges

11:00 AM Mass: RIP VICTORIA YAP
by Nicole Marshall

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 7/7

RIP KEITH ALLOWAY by Marian Middleton

Wednesday 7/9

RIP PEGGY COSTELLO by Dan & Cecilia Regis

Thursday 7/10

INT ARMEN BEEMAN by a Sacred Heart Parishioner

Friday 7/11

RIP MILDRED DOUTHIT by Doris Janisch

Saturday 7/12

INT THE PARISHIONERS OF SACRED HEART

Sunday 7/13

9:00 AM Mass: RIP SEAN EBERHARDT
by Dottie McGowan

11:00 AM Mass: RIP THOMAS MALONEY
by Kathleen May

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of
Sacred Heart & St. Monica Parish Family

The Deceased

Pray for the deceased of
Sacred Heart & St. Monica Parish Family

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE'S PRAYER INTENTION - JULY

For Formation in Discernment

Let us pray that we might again learn how to discern,
to know how to choose paths of life,
and reject everything that leads us away
from Christ and the Gospel.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Congratulations
Lara Claire Edpao

Who was Baptized last weekend.

Welcome to the
Sacred Heart Family!

Sacred Heart Book Discussion Group
Tuesday, July 22nd at 7:00 PM
Parish Conference Room 1

(Located through main entrance of parish office)



Why let the kids have all the summer reading fun? Get in on the action with the Sacred Heart Book Club! We would love to have you join us on the 4th Tuesday every month for a lively discussion. New members always welcome!

UPCOMING BOOK:

July 22nd: *The Last American Man*
by Elizabeth Gilbert

Please join us for the upcoming meeting! Contact Annelies Smith at 425-444-9450 or ybugmom@comcast.net if you would like more information or to be added to the email list.

SACRED HEART SCHOOL



Thank You for Supporting Sacred Heart School

We are sincerely grateful to our parish community for your continued generosity and support of

Sacred Heart School. Your prayers, encouragement and financial gifts help us live out our mission each day. The Sacred Heart School Annual Fund plays a vital role in sustaining our commitment to provide a faith-filled, high-quality education. It directly supports student learning, enhances academic and extracurricular programs and helps us retain exceptional teachers who nurture our students in both heart and mind.

If you would like to make a gift to the Annual Fund, you can give by visiting: sacredheartgiving.org/sacredheart-annual-fund or by scanning the QR code below. Thank you for being an essential part of our school's mission!



ENCOUNTER
SCHOOL OF MINISTRY
SEATTLE CAMPUS

AUGUST 1-2, 2025

ESM SUMMER INTENSIVE

EXPERIENCE THE FIRST 4 QUARTERS IN 2 DAYS

SEATTLE CAMPUS • HOLY FAMILY CATHOLIC CHURCH
7045 120TH AVE NE KIRKLAND, WA 98033

SPEAKER LINEUP



**DANIELLE
CURL**



**SYLVIA
MILLER**



**REAGAN
PERRY**



**FR. JASON
LEWIS**



**GABBY
MAA**

COMMUNITY OUTREACH—COMMUNITY EVENTS

Lay Ministry Opportunity Eastside Deanery Pastoral Care Team

To support the on-call Priests in the Eastside Deanery, we have a small group of Lay Ministers who take the initial calls from hospital nurses and Chaplains, adult care facilities, a patient's family member or the patient themselves. The Lay Minister takes all of the necessary information for the on-call Priest and then calls the Priest who is scheduled for that part of the Deanery. Each Lay Minister covers the same hours each week. The "shifts" are 9 AM to 4 PM and 4 PM to 9 AM the following day, seven days a week. The Ministry is currently short one Lay Minister. We need someone to cover the Wednesday night and Thursday night shifts. If you think you might be interested in joining the team, please contact Deacon Abel Magaña (amsainz5@gmail.com) or Norm Bross (normbross@comcast.net) 425-283-8556) for more information.

Under Mary's Mantle of Hope

*The Path to a Deeper
Friendship with Christ*



As seen on EWTN



MONDAY
JULY 14 | 7 P.M.



**HOLY HOUR &
CONFESSION
BEFORE**
6 - 7 P.M.



ST. MONICA CHURCH
88th Avenue
Southeast 4311
Mercer Island

Join Fr. Lawrence Lew, O.P. — author, evangelist, EWTN host, and Promoter General of the Holy Rosary — for a powerful Marian Talk!

Through the lens of Mary's Fiat, her "yes" to God, we'll dive into the grace offered in each present moment, the reality and redemption of suffering, and how we can open our hearts to God's providence.

Fr. Lew will reflect on how the Rosary can be a powerful spiritual tool in this journey, sharing practical ways to integrate it into our busy routines.

YOUNG CATHOLIC
PROFESSIONALS
SEATTLE



Triennial National Collection for the
ARCHDIOCESE FOR THE MILITARY SERVICES, USA

This week our parish will take a collection to benefit the Archdiocese for the Military Services, USA (AMS). The AMS is the Archdiocese for the Military Services, not of the Military Services. This is an important distinction, because the AMS receives no funding from the U.S. Government or U.S. Military and has no parishes from which to receive a weekly assessment. Instead, it must rely on the generosity of those whose values and priorities align with its mission, programs and services, to meet its costs. Please prayerfully consider a contribution to this special collection to support active-duty military men and women, and their families – including those from our own parish. Please give generously To learn more about the AMS, go to www.milarch.org/nationalcollection

Come for golf, stay for the raffle

Prizes include: zoo experience with Fr. Carlos Orozco, round of golf with Fr. Gary Lazzeroni, cabin adventure, \$750 gift card, award-winning olive oil, and more

7/29/25
Golf FORE Seminarians



LEARN MORE

ARCHBISHOP'S
golf tournament
Archdiocese of Seattle — Crozier Society

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Parishoners Matt & Christina with Client Julie

- Julie Nelson



Matt
206-661-8624

Christina
612-987-0755



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