



JUNE 29, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday in Summer

8:15 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

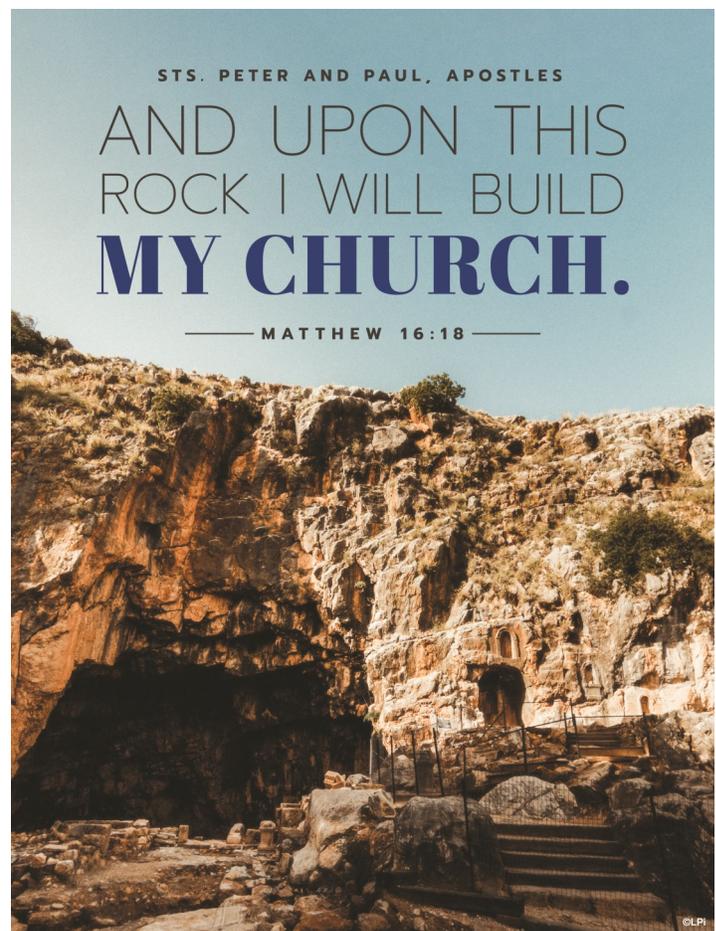
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



PARISH CALENDAR

Sunday June 29

SAINTS PETER AND PAUL, APOSTLES

9:00 AM	Mass
11:00 AM	Mass
3:00 PM	Divine Mercy Monthly Prayer Time
5:00 PM	Mass

Monday June 30

The First Martyrs of the Holy Roman Church

8:15 AM	Rosary
8:45 AM	Mass
5:00 PM	Mid-Summer Altar Server Training
7:00 PM	Rosary Group

Tuesday July 1

Saint Junipero Serra, Priest

10:00 AM	Stitchers with Heart Group
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Wednesday July 2

Weekday

8:15 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass

Thursday July 3

SAINT THOMAS, APOSTLE

8:15 AM	Rosary
8:45 AM	Mass with Anointing of the Sick
2:00 PM - 4:00 PM	Eucharistic Adoration

Friday July 4

Weekday

*Independence Day - Parish Office Closed
(No First Friday 7:00 AM Mass and Eucharistic Adoration)*

8:15 AM	Rosary
8:45 AM	Mass

Saturday July 5

Saint Anthony Zaccaria, Priest; Saint Elizabeth of Portugal

8:00 AM	Women's Group
8:00 AM	Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday July 6

FOURTEENTH SUNDAY

IN ORDINARY TIME

9:00 AM	Mass
11:00 AM	Mass
5:00 PM	Mass



PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)



Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy

The altar, historically and biblically, is the place of sacrifice and it is in the sacrificial act that we offer worship to God. Therefore, the altar of sacrifice as we know it now, indeed represents the holy wood of the Cross which carried the High Priest's precious Sacrifice made present (*GIRM, Ch 5, 296*). This is why the Priest kisses the altar, just as we venerate the cross on Good Friday.

This is also why our attention shifts from the tabernacle outside of Mass, to the altar within Mass. Outside of Mass, the Sacrifice of Calvary, the Eucharist, (the consecrated bread) is kept in the tabernacle. During Mass, we switch to reverencing the altar in expectation for Jesus's Sacrifice soon to be made present at the word of consecration. We do this especially on Good Friday and Holy Saturday when the tabernacle is empty.



Join the 9:00 AM Sacred Heart Choir

Consider sharing your time and talent with the Sacred Heart 9:00 AM choir. Sopranos, tenors and basses are most needed. Your experience and ability to read music and follow a conductor is a plus if you are thinking about singing with this four part SATB group. Contact Susan Olmos, Music Director at solmos@sacredheart.org or come up and meet us after one of the summer masses on Sunday morning. Rehearsals begin in the Fall.



The parish office will be closed on Friday, July 4th and Monday, July 7th, in observance of the Independence Day holiday. Daily Mass will be held at 8:45 AM on both days. Please note that there will be no 7:00 AM Mass and Eucharistic Adoration on First Friday, July 4th.

OBLITERIDE

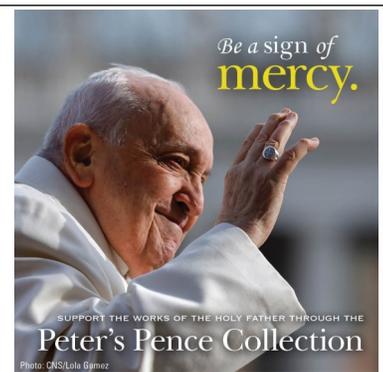
A group of Sacred Heart parishioners, led by team captain, Sharon Faricy, are raising funds and awareness for cancer research through the **Fred Hutch Obliteride**. Their work is in memory of long-time Sacred Heart parishioner and school parent Carole Roane. The Obliteride takes place on August 9th.



You can find out more information or donate through this link ([Obliteride 2025: Carole's Warriors -Obliteride](#)) or the qr code.

This weekend is the Peter's Pence Collection, a worldwide collection that supports the work of the Universal Church, including the work of the Holy See and the charitable works of Pope Francis. Take this opportunity to to be a

sign of mercy to our suffering brothers and sisters. Please be generous today. For more information, visit www.obolodisanpietro.va/en.html.



ADMINISTRATION & STEWARDSHIP



Annual Catholic Appeal

Supports the mission of the Catholic Church in Western Washington.



Please make your 2025 ACA gift today!

Go to archseattle.org/GiveACA



ACA UPDATE

To date, 189 parish families have responded generously with a gift. We have currently received pledges and gifts in the amount of \$130,292 which is 66% of our goal. Any money we raise above our goal of \$197,500 will support our parish project to help fund the replacement of the roof of the original parish offices along 14th Street. For those of you who have not yet contributed, please consider participating this year by filling out a pew envelope or make your gift online by scanning the QR code.



DONATE TODAY

It's easy to give to the 2025 Annual Catholic Appeal. Scan the QR code or visit archseattle.org/GiveACA.



2025 Annual Catholic Appeal

ACA Goal	\$197,500
Gifts and Pledges through 6/19/25	\$130,292
% to ACA Goal	66%

Stewardship of Treasure Sunday collection totals

July 2024 to April 2025 Budget	\$1,408,458
July 2024 to April 2025 Actual	\$1,357,508
Under budget	(\$50,950)
Prior year actual (July 2023–Apr 2024)	\$1,400,865

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 6/29

Acts 12:1-11
Psalm 34:2-9
2 Timothy 4:6-8,17-18
Matthew 16:13-19

Monday 6/30

Genesis 18:16-33
Psalm 103:1b-4,8-11
Matthew 8:18-22

Tuesday 7/1

Genesis 19:15-29
Psalm 26:2-3,9-12
Matthew 8:23-27

Wednesday 7/2

Genesis 21:5,8-20a
Psalm 34:7-8,10-13
Matthew 8:28-34

Thursday 7/3

Ephesians 2:19-22
Psalm 117:1b-2
John 20:24-29

Friday 7/4

Genesis 23:1-4,19;24:1-8,
62-67
Psalm 106:1b-5
Matthew 9:9-13

Saturday 7/5

Genesis 27:1-5
Psalm 135:1b-6
Matthew 9:14-17

Sunday 7/6

Isaiah 66:10-14c
Psalm 66:1-7,16,20
Galatians 6:14-18
Luke 10:1-12,17-20

MASS INTENTIONS

Sunday 6/29

9:00 AM Mass: RIP OWEN EDWARD SCHRADER
by Kevin & Julie Cipoletti

11:00 AM Mass: RIP MILLIE CALDART
by Zeny & Tony Fletcher

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 6/30

RIP ANN BAUMAN JOHNSTON
by Sacred Heart Parish Staff

Wednesday 7/2

RIP LEONOR ZANIC by the Zanic Family

Thursday 7/3

RIP IADEVAIA GAYLE by Maureen Sands & Family

Friday 7/4

RIP JIM PORTERFIELD by Diane & Bob Rhea

Saturday 7/5

INT THE PARISHIONERS OF SACRED HEART

Sunday 7/6

9:00 AM Mass: RIP JEANNE NARK
by Genna & Jerome Thielges

11:00 AM Mass: RIP VICTORIA YAP
by Nicole Marshall

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Fr. Marlin Connole

The Deceased

Bette Orrico - St. Monica Parishioner

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE'S PRAYER INTENTION - JUNE

That the World Might Grow in Compassion

Let us pray that each one of us might find consolation in a personal relationship with Jesus and from his Heart, learn to have compassion on the world.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION

Mid-Summer Altar Server Training

June 30th | 5pm – 6pm

Church Nave

Interested in altar serving? Please sign up via QR code below
or email pkwan@sacredheart.org



SCAN ME

SACRED HEART SCHOOL



Thank You for Supporting Sacred Heart School

We are sincerely grateful to our parish community for your continued generosity and support of Sacred Heart School. Your prayers, encouragement and financial gifts help us live out our mission each day. The Sacred Heart School Annual Fund plays a vital role in sustaining our commitment to provide a faith-filled, high-quality education. It directly supports student learning, enhances academic and extracurricular programs and helps us retain exceptional teachers who nurture our students in both heart and mind.

If you would like to make a gift to the Annual Fund, you can give by visiting:

sacredheartgiving.org/sacredheart-annual-fund or by scanning the QR

code below. Thank you for being an essential part of our school's mission!



Congratulations to the 2025 Graduates of Sacred Heart School!



Anyone who has any concerns or allegations related to the safety and well-being of our children regarding clergy or lay leaders in the Archdiocese of Seattle should contact the special hotline at 1-800-446-7762.

COMMUNITY OUTREACH—COMMUNITY EVENTS

Lay Ministry Opportunity Eastside Deanery Pastoral Care Team

To support the on-call Priests in the Eastside Deanery, we have a small group of Lay Ministers who take the initial calls from hospital nurses and Chaplains, adult care facilities, a patient's family member or the patient themselves. The Lay Minister takes all of the necessary information for the on-call Priest and then calls the Priest who is scheduled for that part of the Deanery. Each Lay Minister covers the same hours each week. The "shifts" are 9 AM to 4 PM and 4 PM to 9 AM the following day, seven days a week. The Ministry is currently short one Lay Minister. We need someone to cover the Wednesday night and Thursday night shifts. If you think you might be interested in joining the team, please contact Deacon Abel Magaña (amsainz5@gmail.com) or Norm Bross (normbross@comcast.net) 425-283-8556 for more information.

Under Mary's Mantle of Hope

*The Path to a Deeper
Friendship with Christ*



As seen on EWTN

Join Fr. Lawrence Lew, O.P.
— author, evangelist, EWTN
host, and Promoter General
of the Holy Rosary — for a
powerful Marian Talk!



MONDAY
JULY 14 | 7 P.M.



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KNIGHTS OF COLUMBUS

Want to join the Knights of Columbus and be part of the brotherhood?

- Volunteer Services
- Charitable Donations
- Church Support
- Support for Vocations
- Scholarships

We support many activities for the Sacred Heart School, provide financial assistance for Seminarians who are studying for the Priesthood, and we assist our parish in feeding the homeless.

The Knights of Columbus is not just a fraternity in name. It is a brotherhood of Catholic men who each play a part in improving the world around them, one community at a time. They stand together in faith, dedicated to uphold the principles they cherish while lending their support and strength to parish, home and fellow Knight.

From charity for worldwide causes, to helping closer to home with volunteer activities, to a top-rated insurance program that protects those closest to you, the Knights makes the most of its brotherhood.

Make a stand among them, and you can discover how easy it is to make a difference in your life and that of others.

Want to join? Ask a Knight for Details.

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

Please call or email for information regarding our next English/Spanish Healing Retreats.

English: (206) 920-6413 (leave a confidential message)

Español: (206)-450-7814 (deje un mensaje **confidencial**)

Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

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7/29/25

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golf tournament

Archdiocese of Seattle – Crozier Society

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Parishoners Matt & Christina with Client Julie

- Julie Nelson



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