

March

Track and Field Schedule

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Parent/Athlete Meeting 7:00pm- Big Gym	4 Open Gym 6:00-7:15 a.m.	5 Open Gym 3:30-5:30 p.m.	6	7	8
9	10 First Day of Practice 3:30-5:30 p.m.	11 Practice 3:30-5:30	12 Practice 3:30-5:30	13 Practice 3:30-5:30	14 Practice 3:30-5:30	15
16	17 (Talk to Event Coach) Practice 5:30-7:30	18 (Talk to Event Coach) Practice 5:30-7:30	19 Practice 3:30-5:30	20 (Talk to Event Coach) Practice 5:30-7:30	21 (Talk to Event Coach) 3:30-5:30 Practice 5:30-7:30	22 Meet at UWL 3:30
23 Spring Break Practice Times If Inside- 1:30-3:30 If Outside 3:30-5:30	24	25 Meet at UW-Stout 3:00 p.m.	26	27	28 Meet at UW-EC 4:00 p.m.	29
30	31 Practice 3:30-5:30					

Spring Break

April

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Practice 3:30-5:30	2 Practice 3:30-5:30	3 Practice 3:30-5:30	4 Practice 3:30-5:30	5 Indoor State Meet at UW-Whitewater Boys-9:30 Girls- 4:30
6	7 Practice 3:30-5:30	8 Practice 3:30-5:30	9 Practice 3:30-5:30	10 Practice 3:30-5:30	11 Practice 3:30-5:30	12
13	14 Practice 3:30-5:30	15 Meet at West Salem High School 4:00 p.m.	16 Practice 3:30-5:30	17 Practice 3:30-5:30	18 (No School) Good Friday	19
20	21 (No School) Practice 3:30-5:30	22 Meet at La Crosse Logan High School 4:00 p.m.	23 Practice 3:30-5:30	24 Practice 3:30-5:30	25 Home Track Meet (Gatzke) 4:00 p.m.	26
27	28 Practice 3:30-5:30	29 Practice 3:30-5:30	30 Practice 3:30-5:30			

May

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Meet at BRF High School 4:00 p.m.	2 Meet at Baraboo High School 4:00 p.m.	3
4	5 Meet at Home (Freshman and Soph.) 4:00 p.m.	6 Practice 3:30-5:30	7 Practice 3:30-5:30	8 Practice 3:30-5:30	9 Meet at Wisconsin Rapids High School 4:30 p.m.	10
11	12 Practice 3:30-5:30	13 Meet at Home (Justinger) 4:00 p.m.	14 Practice 3:30-5:30	15 Practice 3:30-5:30	16 Practice 3:30-5:30	17 Conference Meet at UWL (JV and Var) 9:00 a.m.
18	19 Practice 3:30-5:30	20 Practice 3:30-5:30	21 Practice 3:30-5:30	22 Meet at Sparta High School 4:00 p.m.	23 Practice 3:30-5:30	24
25	26 Memorial Day Practice 3:30-5:30	27 Regionals at Sauk Prairie High School 4:00 p.m.	28 Practice 3:30-5:30	29 Practice 3:30-5:30	30 Sectionals at Verona High School 4:30 p.m.	31

June

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Practice 3:30-5:30	3 Banquet Practice 3:30-5:30	4 Practice 3:30-5:30	5 Practice TBD	6 State Meet at UWL	7 State Meet at UWL
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					