



Tomah Girls Golf

Rules, Policies and Procedures

Tonya Gnewikow, Varsity Coach Cell 1-608-387-0304
tonyagnewikow@tomah.education

Kyra Neumann, JV Coach Cell 1-608-387-9097
kyraneumann@tomah.education

Program Mission Statement: The mission of the Tomah Girl's Golf Program is to teach the basics of golf, including skills, rules, and etiquette. Participation in conference meets and invitational tournaments will build the foundation for a lifetime of enjoyment of the game of golf.

Character - At all times, you represent Tomah and Tomah Golf. Your character and conduct will have a direct reflection on you, the school, your family, the coaches, and your team. High moral character is expected at all times. What the player can control is ATTITUDE and EFFORT. I tell my players that I am always watching them, not just when they are playing.

Etiquette – it's an important part of the game of golf, both on and off the course. We are guests on all the golf courses and must act accordingly. Be on time. Golfers are expected to be at practice on time, dressed, and with equipment. On event days board the bus or vans in uniform at the designated time of departure from school. Clubs may be stored at Hiawatha, arrange to have equipment at school on days of events.

Dress Code - Please wear golf shoes or good athletic shoes for practice and competition. Dress comfortably for practice, collared shirts NOT required. No jeans or short shorts will be allowed. Players need to be in uniform for matches watch Remind for what color and style.

THS Activities Code – Please be familiar with the rules and consequences as they will be strictly followed.

Uniforms, Equipment – must be signed out and returned promptly at the end of the season.

Attendance – See activities code for policy on school attendance. Missed practices should be arranged in advance whenever possible and must be made up by turning in a 9-

hole score card signed by parents or golf course personnel. Missed practices can result in removal from competition and may affect a golfer's chance of lettering.

Training guidelines – girls are encouraged to bring water bottles to practice and events. A healthy breakfast or lunch before an event and nutritional snacks are also encouraged. Water is the best beverage for hydration; sports drinks are allowed.

***** Golfers must walk and carry or push bags during all practices and matches.

Transportation to Events and Practices - Arrangements will be made to ride with other golfers out to the course after school if you don't have your own transportation. Golfers are required to ride the bus or van to out-of-town events. Parents must sign a school district permission slip (available from coaches) in advance if wishing their student to ride home in a private vehicle.

Letters and Awards - Varsity Letters are awarded to those who participate in 3 varsity matches. Players may not letter if: they have any code violations, suspension from school, academically ineligible. Coaches Discretion.

Fundraising - All athletes are required to be available for the Hiawatha Men's Night Scramble Corn Roast Fundraiser (Tuesday August 12th). All athletes are expected to participate in the Par 3 tournament at Hiawatha that supports both the boys and girls golf programs (date TBD). All athletes are expected to help at the summer youth golf camp (dates TBD).

Tomah Golf apparel is online. Items can be ordered at any time.

We will be communicating all updates and daily reminders thru REMIND to get everyone on the same page please

Go into Text message:

Type in this number To: 81010

Type in this message: @mrsgnewik

This is a NEW group for players and parents!!!!

You do not need the app it will come thru as text message great quick way for information.

Please Like on Facebook : Tomah Girls Golf for pictures and highlights of events

If you watch a game, it's fun.
If you play it, it's recreation.
If you work at it, it's golf.

- Bob Hope

The game has such a hold on golfers
because they compete not only against an opponent,
but also against the course, against par,
and most surely- against themselves.

-Arnold Palmer

HOWL AT THE MOON !!!!!!!

We have read and understand these guidelines, as well as the THS
Activities Code.

Parent Signature

Golfer Signature

Date

Tomah Girls Golf August 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11 First Day of practice @ Hiawatha 7:30am—9:30am	12 Practice 7:30-10:30am 9 hole qualifier Men's Scramble fundraiser and corn	13 Practice 7:30-10:30am 9 hole qualifier Team swim@lunch at coach's	14 Varsity @ Reedsburg 9am JV Practice 7:30am —9:30am	15 JV @ Walsh 9am Team Pictures 7am Varsity Practice till 10am	16
17	18 Tomah Tune-up @ Hiawatha 9 am 18 holes 2 teams Link Crew	19 GET Tremp Invite 9am leave @6:45 2 teams—18 holes Link Crew	20 Sparta Invite 2 teams 9am Leave @ 7:15	21 MVC #1—Coulee Onalaska Varsity only 8:30 am leave for overnight in Green Bay JV practice 7:30—9:30	22 Varsity @ 9am Thornberry Creek JV Practice 7:30am —9:30am Freshman Orientation Link Crew 7-12:30	23
24	25 Varsity @ Golf for a Cure @Maplebluff Meet @ 8am JV Practice 3:30— 5:30	26 Holmen Invite Varsity plus 1 more team 9AM meet@ 7:00am	27 MVC #2 - Tomah @ 2pm Varsity and JV Senior recognition	28 Northern Bay Invite V and JV 9am meet@ 7:00am	29 Practice 7:30am—9:30am	30

Tomah Girls Golf

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 LABOR DAY Practice 5-6pm	2 MVC # 3 - LaCrosse @Forest Hills 12 pm V and JV	3 Varsity @ U-Ridge @ 12:00 leave @8:45am JV practice 3:45— 5:30	4 Practice 3:45—5:30pm Concessions @ VB	5 Practice 3:45— 5:30	6
7	8 MVC #3-#4 @ Cedar Creek 1pm V and JV	9 Practice 3:45—5:30	10 Practice 3:45—5:30	11 JV match @ Coulee @ 12:00 tee times Varsity Practice 3:45— 5:30	12 Practice 3:45—5:30	13
14	15 MVC #6 @ Sparta 1:00 pm V and JV	16 Practice 3:45—5:30	17 Practice 3:45— 5:30	18 Practice 3:45— 5:30 Concessions @ VB	19 Practice 3:45— 5:30	20
21	22 MVC Conference Championships @ Viroqua 9am V and JV	23 Varsity Only Prac- tice 3:45— 5:30 Concessions @ VB	24 Varsity Only Practice 3:45— 5:30	25 Varsity Only Practice 3:45— 5:30	26 Cranfest No practice	27 Cranfest
28 Cranfest	29 Varsity Only Practice 3:45— 5:30	30 Varsity Only Practice 3:45— 5:30	1 Regionals @ Tomah— Hiawatha	2 Varsity Only Practice 3:45— 5:30 Concessions @VB	3 Varsity Only Practice 3:45— 5:30	4

Tomah Girls Golf

October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 Varsity Only Practice 3:45– 5:30	30 Varsity Only Practice 3:45– 5:30	1 Regionals @ Cedar Creek Holmen	2 Varsity Only Practice 3:45– 5:30	3 Homecoming Parade	4
5	6 Sectionals @ Stevens Point- WI River	7 Varsity Only Practice 3:45– 5:30	8 Varsity Only Practice 3:45– 5:30	9 Varsity Only Practice 3:45– 5:30	10 Varsity Only Practice 3:45– 5:30	11
12	13 STATE @ U Ridge	14 TOURNA- MENT	15	16	17	18
19	20	21	22	23	24	25
26	27 Golf Banquet @ Hiawatha 5pm	28	29	30	31	1