



Boys' Tennis 2025

Who:

Tomah Middle School Boys' Tennis Team is open to all male students, 6-8th grade.

Where:

Practices and home meets will be at the Tomah High School Tennis Courts.

When:

- Practice will run after school from 3:45pm - 5:15pm*
- First day of practice is Thursday, March 20, 2025
- Away meets: The team will be released early from school (dismissal at 2:50pm, bus departs at 3:05pm)
 - If you want to bring your child home yourself after an away meet, please let me know so I can get your signature that evening
- All meets start at 4:30pm and end times vary**
- Please pay attention to announcements via **Remind** messaging for changes to practices, matches, or other events

Positions and Rankings:

Positions and rank are based on coach evaluation and results of challenge matches against teammates.

What to bring:

Practice:

- Tennis Racket***
- Filled large water bottle
- Tennis Shoes
- Snack(s) to eat **before** practice starts (if needed)
- Weather Appropriate Clothing
 - Sweatpants/Sweatshirts for the cold
- Sunscreen, hat, sunglasses
- A positive attitude

Meets:

- Tennis Racket
- Filled large water bottle
- Tennis Shoes
- Uniform****
- Weather Appropriate Clothing
 - Sweatpants/Sweatshirts for the cold
- Sunscreen, hat, sunglasses
- Snack(s) if needed
- A positive attitude

* PARENTS: PLEASE arrive by 5:15pm for pick up on practice days.

** FOR AWAY MEETS: We will arrive back to Tomah between 8-9:00pm. We *may* stop at Culver's for dinner on the return ride. If you are comfortable with this, please ensure they have some money with them. I will also send out a Remind message when we are headed back to Tomah with an ETA.

*** Size range: 26"-29". Hold the racket at your side, arm straight, head of racket pointing toward the ground, the racket head should be just above the floor but not actually touching the ground.

**** Uniform includes: Top (School-provided tennis jersey) and Bottom (Personal black activewear).

Team Expectations

Commitment – Each athlete should be committed to the improvement of themselves and their team. When you are on the courts, you are either playing or taking a water/bathroom break. If needed, be sure to have a snack **before** practice starts.

We are a Team – Tennis is an individual and a team sport. Your efforts will make you and your teammates better. Help one another during practice and cheer on each other in between points during matches.

Positivity – Tennis is a skill sport, but it also involves mental toughness. You and your teammates will make mistakes, and that is normal. Each player needs to understand how their words and actions affect both themselves and their teammates. We will stay positive and encourage one another. I will not tolerate hearing negativity about others or even yourself.

Respect – We will respect ourselves, our teammates, our coaches and our opponents. If you have any problems with another player outside of the courts, leave it there and come ready to simply play tennis. If you cannot leave it outside the courts, talk to me or another adult.

Integrity – There are no referees in Tennis. You make your own calls. It is important you call the lines correctly, even if your opponent is not. If the ball lands on the line, it is in. If you are not sure, or you didn't see the ball land clearly on your side, it is in. If your opponent calls the lines incorrectly twice, stop the game and shout out for a coach to be a line judge temporarily.

Tradition – There have been Tomah Boys Tennis players before you, there will be Tomah Boys Tennis players after you. Let us build off what has been started for who will follow.

Remind App

All Parents and Students Should Join Remind App

Text Message: @tmsboyste

To Number: 81010

Schedule

Monday, Mar 17, 2025 Player-Parent Meeting	5:30PM	TBA
Thursday, Mar 20, 2025 Practice Begins	3:30PM	
Tuesday, Apr 8, 2025 Match	4:30PM	Away vs. Longfellow Middle School
Thursday, Apr 10, 2025 Match	4:30PM	Away vs. Aquinas
Tuesday, Apr 15, 2025 Match	4:30PM	Longfellow Middle School
Thursday, Apr 17, 2025 Match	4:30PM	Onalaska Middle
Tuesday, Apr 29, 2025 Match	4:30PM	Logan Middle School
Thursday, May 1, 2025 Match	4:30PM	Aquinas
Thursday, May 8, 2025 Match	4:30PM	Away vs. Onalaska Middle
Tuesday, May 13, 2025 Match	4:30PM	Away vs. Logan Middle School
Thursday, May 15, 2025 Conference Meet	10:00AM	Away vs. Multiple Schools
Friday, May 16, 2025 Conference Meet	10:00AM	Away vs. Multiple Schools (Rain Date Only)

