Orangewood Christian School Sports Medicine
Student Aide Contract

Are you interested in gaining volunteer hours? Are you interested in a potential sports medicine career? Apply to be an OCS Sports Medicine Student Aide!

This program is designed to offer the students of Orangewood Christian School the opportunity to learn and experience the sports medicine field and athletic training. The OCS Sports Medicine Program is looking for exceptional students who have an interest in the medical or healthcare field (Athletic Training, Sports Medicine, Physical Therapy, etc.) and those who would like to assist and aide our student athlete population.

Aspiring applicants and parents (or legal guardian) please fill out Student and Parent/Legal Guardian contact information (page 2) thoroughly and carefully read the Student Athletic Trainer Handbook (page 3-4) and sign the Student Athletic Trainer contract (page 5); parents will also be REQUIRED to sign the application (page 5).

There are opportunities for multiple levels of help for the upcoming fall season: Program A) Varsity Football Games Only (limited availability due to being an in-season athlete), B) Middle school & Varsity Football Games, C) Varsity Football Practices & Games.

This year we will have a system where we will assign student aides to games. NOT every student will be able to be on the sideline for every varsity football game. There will be opportunities to travel to football away games (MS & Varsity). Assignments will be based on experience, availability, and class.

There will be opportunities to continue to help in the spring semester with spring football as well, additional information will go out next semester.

Thank you for your interest in being a Orangewood Christian School Sports Medicine Aide.

Emily Hurt, MS, LAT, ATC
Head Athletic Trainer
Orangewood Christian School | AdventHealth
ebrode@ocsrams.org | Emily.brode@adventhealth.com

Applicant Name:_____ Grade:_____ Age:_____
Cell #:_____ Email:_____

Parent/Guardian Name (Emergency Contact)_____
Address:_____
Cell:_____ Home:_____ Work:_____

Extra-Curricular Activities or Sports:_____
_____ GPA:_____

What do you think an athletic trainer is or does? _____
_____

Why do you want to volunteer as a sports medicine aide? _____
_____

Are you interested in pursuing a career in the Sports Medicine field? Which domain? _____
_____
_____
_____

Please list which programs you would be able to assist with: Program A) Varsity Football Games Only (limited availability due to being an in-season athlete), B) Middle school & Varsity Football Games, C) Varsity Football Practices & Games.

_____
_____
_____

Orangewood Christian School
Sports Medicine Aide Handbook

Orangewood Christian School Sports Medicine Aide Mission Statement

The mission of the OCS Sports Medicine Aide Program is to offer students an opportunity and environment to learn about the field of Athletic Training and Sports Medicine as it applies to the high school setting. This program is a privilege and not a student right. The program will provide the highest standard of care for the OCS student-athlete population. This standard of care will be set and expected by the Head Athletic Trainer and the physicians. The program will allow the Sports Medicine Aides the opportunities, environment, and ability to learn and perform a high standard of care to the student athletes under the supervision of the Head Athletic Trainer and the physicians.

Requirements

If accepted into the Sports Medicine Program, you (the student athletic trainer) will be expected to meet certain criteria in order to participate. The expectations of the Student Athletic Trainers (SATs) are, but not limited to:

- Minimum semester GPA of 2.5
- Availability for after school practices and games
- Aides preferred to have Basic Life Support CPR/AED/First Aid certifications either through American Heart Association or American Red Cross

Preferences

Any applicant that has athletic taping or sports medicine experience is a bonus

Dress Code

- Shoes – closed toed tennis shoes only, no flip-flops, sandals, or heels
- Shorts/Pants – must be appropriate length same as school code
    - **ALL AIDES SHOULD EXPECT TO WEAR BLACK SHORTS OR PANTS DURING FOOTBALL GAMES!!!**
- **ABSOLUTELY NO LEGGINGS OR TIGHTS!**
- OCS Sports Medicine Aide T-shirt for games
- OCS Athletics T-shirt for practices
- Hats and visors are acceptable
- Only OCS mascot or logos are allowed on any clothing worn
- Be wary of the inclement weather of Florida and the areas the aides travel to
    - The Head Athletic Trainer will make the judgment for safety concerns when dangerous weather approaches
- **AIDES WILL NOT BE ALLOWED TO PARTICIPATE IF THEY ARE OUT OF DRESS CODE**

Conduct

First and foremost, being an aide is a PRIVILEGE NOT A RIGHT. Conduct will be measured by:

- Aides adherence to dress code
- Performed duties and tasks

- How well they communicate with the Head Athletic Trainer, coaches, athletes, parents, and physicians.
- Aides need to demonstrate above reproach ethical and moral behavior.
- Aides will conduct themselves in a professional manner at all times
- Aides will operate as if they were at a job and will work when they are at work
- Practices and games are not a social gathering
- No drama, fighting, or bickering between aides

Misconduct

Any misconduct can potentially lead to suspension or termination from the OCS Sports Medicine Aide Program and potentially disciplinary action via OCS Administration. The examples of misconduct are, but not limited to:

- Breech of HIPPA/FERPA confidentiality
- Insubordination
- Theft
- Violence or threat of violence

Preferred Conduct

- **COMMUNICATION IS KEY!** Learn to communicate well
- Ask questions and demonstrate a willingness to learn new things
- Take initiative and do tasks without being told to do so
- Be accountable
- Be dependable
- Show up on time

All communication will be through the Sports Medicine Student Aide TeamSnap. Once your application is accepted, you will be added to the group.

There will be opportunities to be as involved as a sports medicine aide as you would like. **Tasks and responsibilities could include all, but are not limited to:**

- Assistance with hydration during practices & games
- Set up of practices and games (coolers, ice, tubs, emergency and first aid equipment)
- First Aid Care (per OSHA guidelines & after passing of check offs with Head Athletic Trainer)
- Taping (after passing check offs with Head Athletic Trainer)
- Stretching (after passing check offs with Head Athletic Trainer)

I (Student Applicant) have read all the information contained in the OCS Sports Medicine Aide Handbook and have completed the application truthfully and to the best of my ability. I (Student Applicant) am aware of the needed requirements, work ethic, and GPA in order to participate in the OCS Sports Medicine Aide Program. I (Student Applicant) have also had my parents read the OCS Sports Medicine Aide Handbook. By signing this document, I (Student Applicant) am fully committed to the OCS Sports Medicine Aide Program.

Student Applicant Signature _____ Date _____

I (Parent/s or Legal Guardian/s) have read the OCS Sports Medicine Aide Handbook with my child and I (Parent/s or Legal Guardian/s) give my full consent to participate in the OCS Sports Medicine Aide Program.

Parent/Legal Guardian _____ Date _____

Parent/Legal Guardian _____ Date _____

Any questions, comments, or concerns please contact the Head Athletic Trainer: Emily Hurt @ ebrode@ocsrams.org