

# **Shoals Community Schools Cafeteria Menu**

**Menu subject to change due to food availability**

## **Wednesday August 6th.2025**

Breakfast: Chocolate muffin, Juice, Fruit, and milk

Lunch: Hot dog/coney, fries, salad with cherry tomatoes, peaches, and milk

## **Thursday August 7th**

Breakfast: Breakfast bag with juice, fruit, and milk

Lunch: Spaghetti with meat sauce, breadstick, green beans, carrots, applesauce, and milk

## **Friday August 8th**

Breakfast: Mini Cini, Juice, Fruit, and milk

Lunch: crispy chicken sandwich, baked beans, cheesy broccoli, pineapple, and milk

## **Monday August 11th**

Breakfast: Breakfast bag with Juice, Fruit, and milk

Lunch: Corndog, tater tots, carrots, mixed fruit, fresh fruit, and milk

## **Tuesday August 12th**

Breakfast: Breakfast bag with juice, fruit, and milk

Lunch: "Breakfast for Lunch" Sausage, pancakes, hash browns, pears, and milk

## **Wednesday August 13th**

Breakfast: Donut, yogurt, juice, fruit, and milk

Lunch: Bosco sticks with marinara, Green beans, corn, peaches, and Milk

## **Thursday August 14th**

Breakfast: Breakfast bag with juice, fruit, and milk

Lunch: Walking taco, (corn chips, beef, cheese, salsa, lettuce, tomato)  
refried beans, applesauce, and milk

## **Friday August 15th**

Breakfast: Banana bread, Juice, fruit, and milk

Lunch: Chicken nuggets, Fries, Salad, mixed fruit, and milk

## **Monday August 18th**

Breakfast: Dunkin stix, Juice, fruit, and milk

Lunch: Calzones, broccoli, waffle fries, mandarin oranges, and milk

**Tuesday August 19th**

Breakfast: Breakfast bag with juice, fruit, and milk

Lunch: Nachos with meat, and Queso, salad, with black beans, and cherry tomatoes, pineapple, and milk

**Wednesday August 20th**

Breakfast: Dutch waffles, juice, fruit, and milk

Lunch: "Jug Rock Bowl" (popcorn chicken, mashed potatoes, and gravy, corn) Roll, applesauce, and milk

**Thursday August 21st**

Breakfast: Breakfast bag with juice, fruit, and milk

Lunch: Cheesy chicken wrap, green beans, carrots, fresh fruit, peaches, and milk

**Friday August 22nd**

Breakfast: Breakfast bag with Juice, fruit, and milk

Lunch: BBQ pulled pork sandwich, (PK-5 choice of PB&J Uncrustable), tater tots, celery with PB, Tropical fruit, and milk

**Monday August 25th**

Breakfast: Poptarts, string cheese stick, juice, fruit, and milk

Lunch: Quesadilla, fries, salad with raw veggies, peaches, and milk

**Tuesday August 26th**

Lunch: Country Fried Steak, mashed potatoes & gravy, green beans, roll, pineapple, and milk

Breakfast: Breakfast bag with juice, fruit, and milk

**Wednesday August 27th**

Breakfast: Breakfast bag with juice, fruit, and milk

Lunch: "Breakfast for Lunch" Sausage, Biscuit, scrambled eggs, hashbrown, Applesauce, and milk

**Thursday August 28th**

Breakfast: Cereal Bars, juice, fruit, and milk

Lunch: Pizza, waffle fries, baked beans, pears, and milk

**Friday August 29th.... NO SCHOOL**