Strasburg Athletic Department

Strasburg SD 31J
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Dual Sport Participation Application and Contract

Rationale

Strasburg High School (SHS) seeks to provide an inclusive, equitable and quality interscholastic athletic program for all high school students. Some student-athletes have skills and abilities with a desire to contribute to more than one athletic team in a particular athletic season, and both of these teams can benefit from the students participation. Some activities may struggle with low numbers, and this can boost participation in those sports.

Procedures

1. Student-athletes may be allowed to participate in two interscholastic sports during the same season.
    a. Student-athletes wishing to participate will need to obtain a request form from the athletic director and follow the guidelines established by the athletic department involving dual sport participation.
2. A student-athlete who wishes to participate in two sports during the same season must designate a primary sport before the first official start date of the CHSAA season.
    a. A primary sport is defined as the sport taking precedence over another sport in the event there is a conflict of schedule or other matter that could lead to a conflict.
    b. The student-athlete may not switch the priority sport during the season.
    c. The student-athlete must adhere to the primary sport in the event of any conflicts of schedule.
    d. If one sport has a contest and the other has practice, the contest will take precedence.
    e. Student-athletes will not be permitted to participate in two contests of different sports on the same day.
3. The secondary sport must be at the varsity level.
    a. Varsity contests will take precedence over JV contests.
4. An individual based sports dualed with other individual based sports and/or individual based sports with a team sport have a higher likelihood of approval.
    a. Two team based sports will require a higher level of documentation and a letter of support from each team sport head coach for approval.
5. The student-athlete must practice in both sports, but the amount of practice time must meet the agreed requirements of the head coaches of those sports involved.
    a. The minimum number of practices set by the CHSAA must be met in both sports prior to competition.
        i. All sports with the exception of football requires a minimum of 3 practices, football requires 9 practices.
        ii. Heat Acclimatization procedures will apply and must be factored into practice time.
6. Academics are the priority. This request will only be considered if the applicant is in good academic standing (overall GPA of 2.5 or higher) AND MUST be passing ALL classes at the time.
    a. Approval will be revoked because of academic concerns at any time during the sport season. The student-athlete falls on warning or ineligible list. The student-athlete then will participate in the primary sport only.
7. The student-athlete, parents or legal guardians, primary coach and secondary coach must sign a contract of dual-sport participation before the first practice session the athlete attends.
8. In the event that a student-athlete is disciplined for any infraction in a specific sport, the consequence will also be applied to the second sport in the season of dual participation.
9. An athlete that quits one of the two sports may not utilize dual participation for the remainder of the school year.
10. The coaches and school administrators will meet at approximately the midpoint of the season to determine if the agreement should be continued for the remainder of the season or if the athlete should focus on the primary sport only.
11. The High School Athletic Director, the High School Principal and the High School Counselor will serve in the capacity of dual sport committee and final decisions on matters concerning dual-sport participation.

#TRIBEREADY

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Dual Sport Participation Agreement

It is the intention of the student-athlete named below to participate in two sports during the same season. In order for this to occur, the following stipulations must be met in accordance with SHS procedures.

1. The process must be initiated by the student-athlete.
2. All parties (both head coaches, AD, Principal and Parent(s)/Guardian(s) must agree.
3. The student-athlete must declare which sport is primary and secondary for participation purposes.
4. Approval may be denied because of academic concerns before or during the sport season.
    a. The student-athlete will then participate in the primary sport only.
5. Approval may be denied if the dual sport committee deems it is not in the best interest of the student-athlete or teams.
6. Practice and game/meet requirements must be established prior to the sport season.
    a. Contests take precedence over practice.
    b. The primary sport contests take precedence over secondary sports contests.
    c. Varsity contests take precedence over JV contests.
    d. Team sports practices take precedence over individual sports practices.
    e. State tournaments may take precedence over the primary sport only with mutual consent by both coaches 3 days prior to the event.
    f. This should be detailed in writing by the student-athlete prior to obtaining signatures of parents and both coaches and attached to this application.
7. Athletes will need to be in constant communication with both coaches on a daily basis.
8. Student-athletes will not be permitted to participate in two contests of different sports on the same day.
9. The athletic participation fee for dual-sport participation remains $100 per sport.

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Name of Student-Athlete:_____ Date:_____

Primary Sport:_____ C/JV or V Secondary Sport:_____ C/JV or V

Please attach on a separate sheet of paper.

1. Rationale for desire to dual sport (why do you want to? What is the team benefit? What is the personal benefit?).
2. Practice and Game/Meet Requirements (What is the plan for practices (practices must be supervised by a coach.)? What is the plan for games/meets/tournaments?)
3. Any additional stipulations.

Signatures

_____ _____
Signature of Student-Athlete Date Signature of Parent/Guardian Date

_____ _____
Signature of Head Coach Primary Date Signature of Head Coach Secondary Date

_____ _____
Signature of Athletic Director Date Signature of Principal Date

- Coaches are to communicate with each other, the student-athlete and parents with regard to practice and competition while ensuring that the student-athlete does not face undue pressure.
- A dual sport student-athlete participates without consequence for missing practice/contests in accordance with the conditions of this agreement.
- A dual sport student-athlete is expected to practice under the supervision of the coaches involved in the sports.

#TRIBEREADY