



Princeton High School COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of the Princeton High School Counseling Program is to provide a proactive, comprehensive, and developmentally appropriate program to address students' academic and career goals in addition to supporting their personal and social needs. This is accomplished through a partnership with parents/guardians, staff, and community members to ensure all students become successful, productive, contributing citizens and lifelong learners in a diverse and changing world.



Program Definition

Below are the defining elements of our CSCP:

- Delivery - Campus school counselors deliver the comprehensive school counseling program with support from administration and campus staff.
- Competencies - The CSCP will assist students in developing positive self-concepts; emotional regulation techniques; effective communication skills; and self-advocacy skills, all of which will lead to healthy interpersonal relationships. Students will also possess the knowledge and skills to gather information for the purpose of postsecondary education and career planning.
- Clients - Students are served through our campus with the possibility to expand to the families and community, as needed and supported.
- Organizational Elements-
 - The master counseling yearly calendar
 - Following the *5th Edition TX Model for CSCP*
 - Monthly Counseling Calendars and Newsletters
 - Annual Needs Assessment
 - Weekly Counseling Meetings
 - TX Model guidance lesson curriculum indicators / goals
 - District Counseling Handbook and Policies and Procedures
 - Research-based interventions such as Solution Focused Brief Counseling



Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The importance of our school counseling program as an equal partner in the educational process is to support students' personal / social needs that must be met before students can achieve academic success.
2. Students first need to acquire the intrapersonal/interpersonal competencies and the personal health/safety competencies in order to feel healthy and motivated enough to achieve the post-secondary education/career readiness competencies. Our students need to acquire postsecondary education/career readiness competencies in order to become successful future leaders and contributors of a global society.
3. The school counseling program will enable students to develop their full potential because our mission is to *ensure all students become successful, productive, contributing citizens and lifelong learners in a diverse and changing world.*
4. The rationale for the SC program can be determined by reviewing several data sources. The conclusions we can draw from our various data sources are: a high percentage of students are dealing with stress (60% self-identified); many students and parents would like more information on post-secondary planning (career exploration and program/college information); and teachers are seeking resources and ways to support students in new and different ways not only academically, but also socially and emotionally.
5. The goals of our campus include: providing safe and secure schools and providing for the growth and ever-changing demographics of PHS.
6. Current theories and professional trends of our school counseling program include Solution Focused Brief Counseling



Program Assumptions

- Professionally certified school counselors are hired
- All students, parents, teachers, and other recipients have equal access to the program
- The work setting reflects:
 - Administrative commitment to and support of the program
 - A positive work environment
 - An adequate budget
- School administrators are working to understand and support the program's priorities and demands
- Program and Staff Development:
 - Time and opportunity are provided for designing and evaluating the program
 - Relevant training is available
- Budget: an adequate budget is established to support program needs and goals
- Materials, supplies, and equipment: the school counselor has items necessary to support development and implementation of the program
- Facilities: the facilities accessible to the school counselor are sufficient and appropriate



Program Goals & Process

Needs Assessment Results - see Google Forms data; the most significant needs of students / staff in needs assessments include:

- Exploring post-secondary options
- Obtaining information on programs / colleges
- Dealing with anxiety
- Dealing with / managing stress
- Addressing student academic failures
- Accepting differences in others
- Study Skills
- Bullying & Cyberbullying
- Understanding abilities, interests, and aptitudes

We reviewed the following data points:

- Student Needs Assessment
- Faculty Needs Assessment
- Parent Needs Assessment
- Failure Reports
- Counseling Notes
- Counseling Time Trackers

We found the following patterns in our data:

- All counselors are lower than the TEA recommended percentages of 15-25% for guidance curriculum
- Academic data showed more failing data as year progressed
- Faculty Needs Assessment showed overall high marks for school counseling program
- Students are facing stressors more than in previous years

We found the following areas of significance in our data points:

- 60% of students identified a need for ways to deal with / manage stress
- Counselors spend a significant amount of time on system support and individual planning

Advisory council input/insight to be incorporated into CSCP goals:

- We will share 3 CSCP goals at first Leadership meeting to elicit revisions / additions
- TBD through discussion of student concerns at weekly PLC meetings and monthly Leadership meeting



Program SMART Goals for the 2025-2026 Year

#1. By the end of the 2025-2026 school year, counselors will meet with 95% of students who failed 2 or more courses within a nine weeks grading period.

#2. By the end of the 2025-2026 school year, the counseling department will hold at least 8 workshops for students wanting assistance with college and career information.

#3. By the end of the 2025-2026 school year, the counseling department will hold at least 5 workshops to assist students with coping strategies for anxiety and stress.



CSCP Design Priorities *(1 is most important in all lists)*

Clients- ranked by importance according to our goals:

1. Students
2. Parents
3. Teachers
4. Administrators
5. Others

Student Needs- ranked by importance according to our goals:

1. Prevention
2. Remediation
3. Crisis

Student Competencies- ranked by importance according to our goals:

1. Post-Secondary Education / Career Readiness
2. Intrapersonal Skills
3. Personal Health & Safety
4. Interpersonal Skills

School Counselor Competencies- ranked by importance according to our goals:

1. Program Management (Plan / implement CSCP)
2. Guidance (theories, plan lessons, groups, involve others)
3. Counseling (interventions for students' personal / social development, individual/ group counseling)
4. Consultation
5. Coordination
6. Leadership
7. Advocacy
8. Professional Standards (ethics)
9. Professional Behavior (relationships, use of time)
10. Student Assessments

Counselor Time/Program Component- ranked by importance according to our goals:

1. Individual Planning: 35 %
2. Guidance Curriculum: 15 %
3. Responsive Services: 30 %
4. System Support: 20 %



Program Design Template

Guidance Curriculum Services

1. Strategic Content Area-Post Secondary Education and Career Readiness

Needs Assessment Findings- Students / parents / staff note high needs for career exploration and post secondary planning

Guidance Curriculum Lesson Topic/s- college and career readiness, planning, and timelines / FAFSA and financial aid /

SMART Goal/s-

- ★ By the end of the 2025/26 school year, students will be offered at 8 workshops on college and career planning.
- ★ By the end of the 2025/26 school year, the number of students completing the FAFSA / TASFA will increase by 5%.

2. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings- Students / parents / staff note high needs for stress management, coping skills, and conflict resolution.

Guidance Curriculum Lesson Topic/s- stress management, coping skills

SMART Goal/s-

- ★ By the end of the 2025/26 school year, each counselor will meet with students placed at DAEP 3 times a nine-weeks to discuss academic progress.
- ★ By the end of the 2025/26 school year, students will be offered at least 5 workshops on stress management and coping skills.

3. Strategic Content Area-Personal Health & Safety

Needs Assessment Findings- Students / parents / staff noted high need for strategies to handle: harmful behaviors (bullying / sexting / cyberbullying / suicidal thoughts & ideations / self-harm) and abuse (physical / sexual abuse / neglect / domestic or dating violence) and destigmatizing mental illness.

Guidance Curriculum Lesson Topic/s- human trafficking, child abuse violence, dating violence, suicidal thoughts / ideations and self-harm, and destigmatizing mental illness

SMART Goal/s-

- ★ By the end of the 2025/26 school year, the counseling department will provide 2 student mental health information workshops and one parent mental health resource workshop
- ★ By the end of the 2025/26 school year, the counseling department will host a Mental Health Awareness week.



4. Strategic Content Area- Interpersonal Effectiveness

Needs Assessment Findings- Students / parents / staff noted high need for conflict resolution and accepting differences in others

Guidance Curriculum Lesson Topic/s- Conflict resolution, accepting differences

SMART Goal/s-

- ★ By the end of the 2025/26 school year, counselors will assist in sponsoring 4 awareness days/weeks.

Campus Responsive Services

Identified Need #1- Student crisis outcries

Preventative, Remedial, or Crisis- Crisis

Intervention/Plan of Action- Apply the PISD Crisis protocol steps

Outcome/Follow Up- See protocol, meet with students to do a day-after-crisis incident check in.

Identified Need #2- Student stress and anxiety

Preventative, Remedial, or Crisis- remedial

Intervention/Plan of Action- stress management group; healthy coping skills group; stress management group; calming website resources

Outcome/Follow Up- Group post tests to determine success of above intervention

Identified Need #3- Failure of courses / completion of graduation requirements

Preventative, Remedial, or Crisis- Preventative

Intervention/Plan of Action- Meet with students who fail to complete graduation requirements on their first attempts

Outcome/Follow Up- Transcript audits and continuing to check progress



Individual Planning Priorities

Domain- Career

Goal- III.B.ii Students will make connections between personal skills, interests and abilities, and career choices

School Counselor Considerations- Conceptual Cube components of guidance curriculum and individual planning, high school, postsecondary

Advocacy- NA

Domain- Education

Goal- III.D.i Student will demonstrate awareness that education and training is needed to achieve career goals: assess/modify endorsement / program of study to support career goals.

School Counselor Considerations- Conceptual Cube components of individual planning, high school, postsecondary planning & readiness

Advocacy- Educate parents/guardians on importance of Endorsements / Programs of Study

Domain- Personal

Goal- III.C.iii Students will apply decision-making skills to career planning, course selection, and career transition

School Counselor Considerations- Conceptual Cube components of individual planning, high school, Intrapersonal skills and Postsecondary planning and readiness

Advocacy- NA

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

Program Balance Chart/Weekly Schedule- see next page- Time Tracker Example.

KEY for the following tools:

GC: Guidance Curriculum

RS: Responsive Services

IP: Individual Planning

SS: System Support

NCD: Non-counseling duty



2025-2026 Counseling Calendar

August	
11th	First Day of 2025-2026 School Year
12th	8:30AM Junior Class Meeting
13th	8:30AM Senior Class Meeting
15th	Last Day to Request Schedule Changes
19th - 20th	BOY Testing
21st	3:15PM - Active Minds Chapter Information Meeting
	6PM - DC Parent Orientation
25th	First Day of DC Classes
	Applications & College Essays Small Group @ Lunches
28th-29th	Senior Timeline Presentations through SR English Classes
28th	6PM - College Information Zoom for Parents
September	
1st	Labor Day - No School
2nd	Truth about Alcohol & Sex (During "Pride Time")
3rd-4th	Junior Timeline Presentations through JR English Classes
5th	SAT & ACT Prep Small Group @ Lunches
8th	5pm - BOY Counselor Advisory Team Meeting
10th	PSHS College & Career Fair
11th	6PM - Financial Aid Information Zoom for Parents
16th	Grounding Techniques Small Group @ Lunches
17th-18th	Senior Parchment Accounts & FSA IDs through SR English Classes
18th	3:15PM - Active Minds Chapter Meeting



22nd	5PM-7PM College Application Night
23rd	FAFSA & Scholarship 101 Small Group @ Lunches
24th	“Dead on Arrival” (During “Pride Time”)
25th	MyACT School Day Pre-Admin
26th	Early Release - Homecoming
29th	Test Anxiety Small Group @ Lunches
October	
1st	FAFSA / TASFA Opens
2nd	Fall School Day ACT
3rd	School Day SAT & PSAT/NMSQT Pre-Admin
6th	Nine Weeks Testing
	5PM - 7PM FAFSA Workshop
7th	Nine Weeks Testing
8th	End of 1st Nine Weeks
15th	First Day of 2nd Nine Weeks
	What is Bullying Small Group @ Lunches
16th	PSAT/NMSQT (Juniors)
	3:15PM Active Minds Chapter Meeting
17th	School Day SAT
20th	College Admissions 101 Small Group @ Lunches
22nd	Unity Day
23rd	6PM - Dual Credit Interest Meeting
27th - 31st	National Red Ribbon Week
November	
3rd	TSI Pre-Admin in JR. English
4th - 7th	Jr TSI Testing



10th	5PM-7PM College Applications / FAFSA Workshops
11th	Military & ROTC Programs with Colleges Small Group @ Lunches
12th	“Operation Prevention” (During “Pride Time”)
13th	“Body Boundaries” (During “Pride Time”)
14th	Fall Credit by Exam
17th	ASVAB
18th	College Visits 101 Small Group @ Lunches
20th	Course Request Video for Juniors
	“Opioids...” (During “Pride Time”)
	3:15PM Active Minds Chapter Meeting
	6PM- Course Request Parent Information Zoom
24th-28th	Thanksgiving Break
December	
1st-4th	Junior Course Requests - Meet with Individual Counselors
	What is Depression Small Group @ Lunches
2nd	English I EOC
3rd	Biology & US History EOC
4th	English II & Algebra I EOC
8th-12th	Junior Course Requests - Meet with Individual Counselors
15th	“Who’s Looking @ Your Digital Footprint” (During “Pride Time”)
17th	Nine Weeks Testing
18th	Nine Weeks Testing
	3:15PM Active Minds Chapter Meeting
19th	Early Release / End of 1st Semester
20th - Jan. 6th	Christmas / Winter Break



January	
7th	First Day of 2nd Semester
8th	8:30AM - Junior Class Meetings
9th	8:30AM Senior Class Meeting
12th -21st	10th Grade Course Request @ LHS
15th	"The Change You Want to See" (During "Pride Time")
	3:15PM Active Minds Chapter Meeting
19th	No School
20th	Dual Credit Spring Classes Begin
22nd-30th	Incoming 9th Grade Course Requests at Middle School
30th	Credit By Exam
February	
5th	English I / English II PSTAARs
9th	MOY Counselor Advisory Team Meeting
10th	"Project Starfish" (During "Pride Time")
	Study Abroad & Internships Small Groups @ Lunches
11th-12th	Dual Credit Application Days
11th	YES! Parent Preview Night
19th	3:15PM Active Minds Chapter Meeting
20th	MyACT School Day Pre-Admin
24th	Health Relationships Small Group @ Lunches
25th-26th	Dual Credit Status Check
27th	Determined to Succeed (JRs) / Freedom to Succeed (SRs)
March	
1st	Local Scholarships Open
3rd	Scholarships Q&A Small Group @ Lunches



4th	U.S. History PSTAAR / Biology PSTAAR
5th	Algebra I PSTAAR
6th	ACT School Day
	Dual Credit Paperwork Due to Counselors
9th	Nine Weeks Testing
10th	Nine Weeks Testing
	School Day SAT Pre-Admin
11th	End of 3rd Nine Weeks
16th-20th	SPRING BREAK
23rd	First Day of 4th Nine Weeks
24th	School Day SAT
26th-27th	STAAR Interim US History Exams
26th	3:15PM Active Minds Chapter Meeting
27th	FAFSA Completion Due
30th	Loving Yourself Small Group @ Lunches
April	
8th-10th	Mock AP Exams
13th	"What is Depression?" (During "Pride Time")
14th	English I EOC
15th	English II EOC
16th	"Mental Health Resources for After HS" (During "Pride Time")
	3:15PM Active Minds Chapter Meeting
17th	"Post-HS Mental Health Resources" - SR @ PT
20th	College Acceptance 101 Small Group @ Lunches
21st	Biology EOC
22nd	U.S. History EOC



27th	5PM - EOY Counselor Advisor Meeting
28th	Algebra I EOC
May	
4th	AP Biology Exam (8am - 12pm)
5th	Financial Aid Award Letters & College Costs Small Group @ Lunches
6th	AP Eng. Lit Exam (8am -12pm)
	AP Physics A Exam (12pm - 4pm)
8th	AP U.S. History Exam (8am - 12pm)
	Credit by Exam
11th	AP Calc. AB Exam (8am-12pm)
13th	AP Eng. Lang. Exam (8am-12pm)
	AP Span. Lit. Exam (12p-4pm)
	EOY Testing for Seniors
14th	AP Span. Lang. Exam (8am -12pm)
	EOY Testing for Seniors
	3:15PM Active Minds Chapter Meeting
	Academic Awards Night
18th-19th	EOY Testing for Juniors
21st	Last Day of 2025-2026 School Year
	GRADUATION