



# SEAFORD UNION FREE SCHOOL DISTRICT

Dr. Adele V. Pecora, Superintendent of Schools

August 2025

Dear Parents and/or Guardians:

In recent years, children have been diagnosed with severe allergies to common products such as peanuts, tree nuts, berries, gluten and dairy products. New York State has required school districts to develop policies and procedures for ensuring the safety of allergic children, as well as for the proper use of Epinephrine Auto Injectors (epi-pens). Our Student Health Services Policy (#5420) spells out with greater specificity the protocols necessary for keeping students safe. The policy can be found on the District's website in the Board of Education Policy #5420.

- Elementary classroom parties will not include food products of any kind.
- Allergen safe elementary classrooms will have strict protocols related to any snacks brought into school each day.
- All parents and students are encouraged to choose safe foods and snacks for the classroom and cafeteria to the greatest extent possible. A list of safe snacks can be found at the following website: <http://snacksafely.com/safe-snack-guide/>
- The "no eating" policy on all of the district's buses will be strictly enforced.
- The school staff will be trained on the use of epi-pens as well as the signs associated with anaphylaxis in children.

For more information concerning food allergies please log onto these websites: [www.foodallergy.org](http://www.foodallergy.org) or [Food Allergies in Schools | Managing Health Conditions in School | CDC](#)

We thank you for your attention to this matter and look forward to a healthy school year for all of Seaford's children.

Very truly yours,

A handwritten signature in black ink that reads 'Adele V. Pecora'.

Adele V. Pecora, Ed.D.  
Superintendent of Schools

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