



## Allergy Action Plan School Year\_\_\_\_\_

Name\_\_\_\_\_D.O.B.\_\_\_\_\_

School\_\_\_\_\_Teacher\_\_\_\_\_Grade\_\_\_\_\_

Allergy To\_\_\_\_\_

Student  
Photo

### SYMPTOMS OF AN ALLERGIC REACTION MAY INCLUDE ANY/ALL OF THESE:

#### Give Checked Medication

(To be determined by physician  
authorizing treatment)

- If a food allergen has been ingested but no symptoms:
- MOUTH Itching & swelling of lips, tongue or mouth, mouth “feels hot”
- THROAT Itching, tightness in throat, hoarseness, cough, difficulty swallowing, drooling
- BREATHING Wheezing, difficulty breathing, congested
- STOMACH Discomfort, nausea, vomiting, abdominal cramps, diarrhea
- SKIN Flush or red face, tingling and or itching of body, palms of hands or soles of feet; hives, swelling
- GENERAL Dizziness, loss of consciousness, feeling of panic or doom
- OTHER \_\_\_\_\_
- If reaction is progressing (several of the above areas affected) give

|                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
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| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |

#### Cafeteria

Children with food allergies will be seated at the staff supervised, allergenic food free table in the cafeteria unless otherwise specified by parent.

- ☐ I do want my child seated at the allergenic food free table.
- ☐ Please allow my child to eat at a non-restricted table.

Healthcare Provider's Name: \_\_\_\_\_ Phone\_\_\_\_\_ Date\_\_\_\_\_

As healthcare provider, I certify the medication administration order and these directions as the basis for formulating an Emergency Care Plan

Healthcare Provider's Signature: \_\_\_\_\_ Stamp\_\_\_\_\_

The Parent/guardian signature authorizes the school to share this information with school staff on a “need to know” basis.

Parent/ Guardian Signature: \_\_\_\_\_ Date:\_\_\_\_\_



# Manhasset Public Schools

*Health Offices*

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Work: \_\_\_\_\_

## **ANAPHYLAXIS / ALLERGY**

### **PARENT AND PRESCRIBER'S AUTHORIZATION FOR ADMINISTRATION OF MEDICATION IN SCHOOL**

#### **A. TO BE COMPLETED BY THE PARENT OR GUARDIAN:**

I request that my child \_\_\_\_\_ Grade \_\_\_\_\_ receive the medication as prescribed below by our licensed health care prescriber. The medication is to be furnished by me in the properly labeled original container from the pharmacy. I understand that the school nurse, or other designated person in the case of the absence of the school nurse, will administer the medication. Furthermore, I understand it is my responsibility to immediately notify the Health Office of any change in the type, dosage, or frequency of administering the medication.

Signature (Parent or Guardian): \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: Home: \_\_\_\_\_ Work: \_\_\_\_\_

#### **B. TO BE COMPLETED BY LICENSED HEALTH CARE PRESCRIBER:**

I request that my patient, listed below, receive the following Medication:

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD-9 code \_\_\_\_\_

Name of Medication: \_\_\_\_\_

**Epinephrine:** \_\_\_\_\_

Dose to be given/Route of Administration: \_\_\_\_\_

**Antihistamine:** \_\_\_\_\_

Dose to be given/Route of Administration: \_\_\_\_\_

**Other (e.g., inhaler-bronchodilator, if asthmatic):** \_\_\_\_\_

Dose to be given/Route of Administration: \_\_\_\_\_

Possible Side Effects and Adverse Reactions (if any): \_\_\_\_\_

State which of these medications this child can self-administer:

\_\_\_\_\_

Name of Licensed Prescriber and Title (Please Print): \_\_\_\_\_

Prescriber's Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Stamp \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_