



Notus Jr. Sr. High School

Athletics/Activities Handbook

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Notus Jr. Sr. High School

Athletics & Activities Handbook

Athletics and activities are an important part of the educational experience at Notus Jr. Sr. High School. Participation builds leadership, teamwork, discipline, and a sense of loyalty to school and community. We offer a well-rounded program for both young men and women and encourage all students to get involved.

Our programs aim to support students' physical, ethical, and personal development. Coaches and advisors are responsible for ensuring participants understand and follow all policies. They report directly to the Athletic Director and/or Principal, who oversee the enforcement of rules and expectations.

This handbook provides key information, but if you have questions or need clarification, please contact the Athletic Director or school administration. As leaders and role models, we must uphold the values and traditions of Notus Jr. Sr. High School.

Thank you for your commitment to our students and programs.

Sincerely,

Jen Wright, Principal & Superintendent

Brad Huter, Athletic Director

The primary goals of the Notus Jr. Sr. High School athletics and activities programs are to:

1. Offer programs that reflect student interests and abilities while staying within the limits of available facilities, equipment, and staff.
2. Provide opportunities for both competitive and recreational participation, with equal access for all students.
3. Promote physical well-being, leadership, sportsmanship, and positive attitudes among participants and spectators.
4. Ensure all programs are integrated into the educational experience and are led by qualified coaches and advisors.

NOTUS JR. SR. HIGH SCHOOL FIGHT SONG

ON YE PIRATES
ON YE PIRATES
FIGHT FOR VICTORY!
WIN THIS GAME TEAM,
SEEK THE FAME TEAM,
SEE HOW PROUD WE'LL BE!
RAH! RAH! RAH!
WE ARE LOYAL TO OUR COLORS—
GOOD OLD BLUE AND WHITE!
KEEP UP THE SPIRIT, PIRATES!
FIGHT! FIGHT! FIGHT!

ATHLETE PARTICIPATION PHILOSOPHY

Notus Jr. Sr. High School supports student-athletes participating in multiple sports or activities, without pressure to specialize. Coaches are expected to encourage involvement across programs.

- Students may not begin a new activity until the previous one is finished.
- Dual-sport participation in the same season is allowed if coaches and the student collaborate on a shared schedule.
- All students have equal access to programs. If financial help is needed, refer the student to the Athletic Director for support.

NOTUS ACTIVITY POLICY FOR 7-12 STUDENTS

No credit is granted for extra-curricular activities. Some extracurricular activities may take place during the instructional day because of the demand of physical facilities. Practice times will be posted at the beginning of the season. Any changes to the practice times, leave time, or game time must be presented to the students in paper form and a copy of this form is to be turned into the office.

It is the goal of Notus Jr. Sr. High School to encourage all students to participate in activities in order to enrich their regular academic learning environment. This philosophy of participation is

achieved through proactive policies that encourage student athletes to perform at a high level both in the classroom as well as on the playing field. Providing student athletes the tools necessary to perform at or above academic expectations is the goal of all shareholders.

EXTRACURRICULAR AND CO-CURRICULAR PARTICIPATION POLICY #3380

Refer to Policy #3380

ATTENDANCE ON DAYS OF EXTRACURRICULAR AND CO-CURRICULAR EVENTS

STUDENTS SHALL BE IN ATTENDANCE ALL DAY TO PRACTICE AND PLAY - THIS MEANS ALL ACADEMIC PERIODS. An exception for up to one half day can be made with an excuse from a DOCTOR OR DENTIST on their notepad or stationery, or for documented legal purposes. Students who are too sick to come to school are considered too sick to participate in games or practice. A student who is under suspension is prohibited from playing or participation.

STUDENT BODY FEES

All fees are due and payable at the time of registration. All students participating in athletics or activities are required to purchase an activity student body (ASB) card. This card is their identification that they are a Notus student and will permit them into home games free of charge.

SPORTS PHYSICALS

Per Notus School District policy, all **Junior High School** students are required to complete a physical annually in order to participate in Junior High School athletics. In addition athletes in grades (9-12) must meet the requirements set by the Idaho High School Activities Association as stated below.

The Idaho High School Activities Association requires that an athlete receive a physical examination and have on record with the school the interim questionnaire prior to his/her first practice in any IHSAA sponsored sport (grades 9-12). Physicals are required prior to the first day of practice in the 9th and 11th grades. A student will not be required to have an additional physical examination during the 10th and 12th grades unless:

1. The physician recommends the student have an additional physical examination.
2. The parents request an examination via the Interim Questionnaire.
3. Affirmative answers on 1-9 of the Interim Questionnaire indicate a possible need for a repeat physical examination.
 - a. It will be the responsibility of each principal to consult with a licensed physician regarding any answers to questions given on athletic interim questionnaires which may indicate a possible need for a repeat physical examination.

4. A transfer athlete had a physical examination during the preceding year in another state.

The physical examination must not be completed before May 1 of the athlete's 8th or 10th grade year in order to count for the next two years

ACADEMIC ELIGIBILITY – PRIOR TO THE SEASON

Notus student athletes must be enrolled full-time and have received passing grades and have earned credit in at least six (6) full credit subjects, or the equivalency, in the previous semester or grading period for which credit is granted in their State Department of Education approved courses during the previous grading period (IHSAA Rule 8-1). Students may gain eligibility by retaking incomplete or failed courses during summer school, approved independent study courses, or IDLA courses. The class must be equivalent to the course failed from the prior grading period.

NEW TRANSFER STUDENTS

When a new student transfers from another school, the eligibility standards for the Idaho High School Activities Association Rule will be followed until the student completes three (3) weeks at Notus High School. At the end of the three-week period the student must be in alignment with the Athletic Participation Policy of the Notus School District.

ACADEMIC ELIGIBILITY – DURING THE SEASON

- Refer to Board Policy #3380
- IHSAA Policy
 - 8-1 requires all Notus Sr. High Students be on target to graduate at the conclusion of their senior year in order to be eligible to participate in any extracurricular activity.
 - **IHSAA 8-1** To be academically eligible for athletics a student must be enrolled full-time and have received passing grades and have earned credit in at least 5 full credit subjects, or the equivalency, in the previous semester or grading period for which credit is granted.
 - **IHSAA 8-2** A student becomes ineligible for athletics on his/her twentieth (20th) birth date. This rule is non-appealable.

ACTIVITY SUSPENSION AS A RESULT OF SCHOOL SUSPENSION & STUDENT BEHAVIOR

Refer to Student Handbook

MEDIA REPORTS AND PUBLIC RELATIONS

Coaches are responsible for contacting the media within 24 hours with results of competition. For a list of contact information for the Idaho Press Tribune, Idaho Statesman, and Western

Canyon Chronicle please see the Athletic Director. Emails can be sent to Mrs. Sanford for daily bulletin updates as well. They must be received prior to 8:00 am.

SOCIAL MEDIA

Social Media pages (Facebook and Twitter) will be monitored by the Athletic Director and High School Principal. Social Media will be utilized to communicate with patrons, athletes, and Notus Community along with spotlighting athletics and activities.

STUDENT TRAVEL TO OR FROM AN EXTRACURRICULAR OR CO-CURRICULAR ACTIVITY

Students must ride the bus to and from events, boarding and returning to the designated point of origin. No other stops or pickups are allowed unless approved in advance by the principal, transportation supervisor, and parent. Students who do not ride the bus to an event will not be allowed to participate.

Students may be released only to their parents at the end of the event, before the return trip, with a signed and dated note provided in person.

Each bus or extracurricular shuttle must have at least one coach, instructor, or an approved volunteer to supervise students and monitor expectations.

REHEARSALS/PRACTICES/SCHOOL ACTIVITIES

A faculty member, advisor or designee must direct all rehearsals and/or student activities. Students are not to attend school rehearsals or practice unless they are scheduled to participate in them. All rehearsals/ student activities must have the principal's approval. Team/group practices may be open or closed to the public (including family members), at the discretion of the head coach and/or advisor.

SPECTATOR CONDUCT AND SPORTSMANSHIP FOR ATHLETIC AND CO-CURRICULAR EVENTS

Any person, including an adult, who behaves in an unsportsmanlike manner during an athletic or co-curricular event, may be ejected from the event the person is attending and/or denied admission to school events for up to a year, after a Board hearing. It is important to show respect and courtesy for all players, coaches, officials and spectators.

Examples of unsportsmanlike conduct include, but most certainly are not limited to:

- using vulgar or obscene language or gestures;
- possessing or being under the influence of any alcoholic beverage or illegal substance;
- possessing a weapon;

- fighting or otherwise striking or threatening another person;
- failing to obey the instructions of a security officer or school district employee;
- engaging in any activity which is illegal or disruptive of the educational process;
- Complaining about official's calls (verbal or gestures); and
- Vandalism or disorderly conduct.

The Superintendent may seek to deny future admission to any person by delivering or mailing a notice, sent by certified mail with return receipt requested, containing:

- The date, time, and place of a Board hearing;
- A description of the unsportsmanlike conduct;
- The proposed time period that admission to school events will be denied.

All Notus Jr. Sr. High School athletic events are considered an educational experience for our students and are conducted in an extended classroom environment. Sportsmanship is expected from all participants as well as from spectators.

Notus Jr. Sr. High School shall assign an appropriate administrator, faculty member, and/or police officers to provide for supervision of athletic contests. It is also the responsibility of the coaches and other staff members at athletic events to enforce these rules. Persons unable to conduct themselves according to these rules of sportsmanship will be asked to leave the event.

COACH CONDUCT

Coaches are educators and leaders of the young men and young women they coach. Parents and student athletes can expect that Notus Jr. Sr. High School coaches will:

- Place the well-being of their athletes ahead of the desire to win. "Athletes first, winning second" exemplifies high standards of moral character at all times.

COACHES' EVALUATION

Every coach, whether head or assistant, paid or volunteer, will receive a written performance evaluation. Each head coach will prepare all written evaluations for their respective assistants. These will then be provided to the Athletic Director. The Athletic Director will prepare all written evaluations for each Head Coach.

COMPLIANCE

Head Coaches are expected to run compliant programs, maintain discipline, and address issues as they arise. When needed, they should seek support from the Athletic Director.

Suspected IHSAA or district policy violations must be reported in writing through the chain of command. If someone in the chain is involved, report to the next level. The Principal, with the Athletic Director, will investigate and may report findings to the IHSAA.

All athletic staff must understand and follow IHSAA bylaws. Violations will not be tolerated and may lead to disciplinary action, including removal from the program. Notus Jr. Sr. High School will self-report all confirmed violations to the IHSAA and Board of Control.

STAFF-STUDENT RELATIONS

Staff and students should maintain a relationship based on mutual respect, cooperation, and understanding. Staff are expected to uphold discipline and treat students with the same respect they expect in return. While showing genuine interest in students is encouraged, staff must avoid favoritism and inappropriate social involvement. Professional boundaries must be maintained at all times, both in and out of school.

LANGUAGE

Please be mindful of your language around students, parents, and the community. As a member of the Notus Jr./Sr. High team, your words and actions set the tone for student-athletes. Stay composed—your example matters. Officials are less tolerant of profanity, and its use may lead to penalties. Let's work together to create a positive and respectful environment for all.

SPORTSMANSHIP

As leaders, coaches play a key role in promoting sportsmanship—essential to the integrity and future of high school athletics. It takes commitment, courage, and consistency, and it's one of the most lasting impacts a coach can make.

Unsportsmanlike behavior by Notus coaches will not be tolerated. If a coach receives a technical foul or unsportsmanlike penalty, the Athletic Director or Principal may take disciplinary action:

- **1st offense:** Verbal warning
- **2nd offense:** Written reprimand
- **3rd offense:** Suspension and/or possible removal

Each situation will be reviewed individually. Volunteers receiving such penalties may be suspended immediately.

Volunteers that receive a technical foul, or unsportsmanlike conduct penalty may be suspended immediately from participation with Notus Jr. Sr. high school athletics.

EJECTION FROM A GAME

Ejection from a game is a serious offense. If it happens during league play you are required to sit out the next game. If it happens a second time you are done for the season. Any time a coach is ejected from a game you will be required to turn in a written statement to the Principal explaining your actions with a follow up discussion.

COACHES MAY NOT TRANSPORT ATHLETE

Players will travel in team arranged transportation. Coaches may not provide personal transportation to any athlete at any time. In an emergency, call upon parents or school administrators. If there is no other option, include another athlete and drop off students together.

PRIVATE TRAINING

Coaches may not offer private training or skill development to any Notus Jr. Sr. High School students while their sport is "in season". This includes anytime once open gym, field practice and tryouts begin as well as after school hours and weekends.

Title IX

All coaches, Athletic Director, and Administration shall work together to ensure equity among equipment, facilities, scheduling, travel, staffing, and the budget.

DO NOT ALLOW HAZING OF ATHLETES

Coaches are responsible for the safety of all athletes and are liable for any hazing incidents. Hazing is never acceptable and is not team building. Examples include physical attacks, embarrassing dress, tying someone up, or any act that threatens safety or causes discomfort. Any hazing will be addressed seriously regardless of circumstances.

EQUIPMENT AND FACILITIES

All athletic equipment and facilities are restricted to use by Notus Jr. Sr. High School students and faculty only. Use of facilities will be arranged by the Athletic Director and respective coaches. Any use of the facility beyond games or normal practice hours must be approved in advance by the Superintendent.

Equipment

Coaches will issue and collect game uniforms, and practice gear. Each coach is responsible for the collection and maintenance of equipment issued to his/her team. A complete inventory of

all uniforms and equipment must be taken at the beginning and end of each season. Uniforms must be in wearable and clean condition when turned in by the athlete. **All equipment and uniforms must be stored at Notus Jr. Sr. High School.** Advise the Athletic Director if new or replacement uniforms and equipment are needed. Purchases must be approved in advance by the Athletic Director. A coach's season will not officially end until inventory has been confirmed. A coach will not receive any form of compensation until the Athletic Director indicates that all equipment has been successfully returned or replaced. At no time or circumstance is it acceptable to give away uniforms at the end of a season. This is a violation of public property statute.

Coaches' Equipment Room

The equipment room should be for coaches only. It is not a place for student athletes to be hanging out. Please respect this room and do your part in taking pride in keeping it clean and organized. Keep all athletes out of the equipment room. See to it that all equipment is cleaned and neatly stored in its proper place.

MAINTENANCE OF EQUIPMENT

Prior to the beginning of each sports season, the Head Coach of each sport will create an accurate inventory of the equipment owned by the school. This inventory will be used to aid in purchasing. At the end of each sport season, the Head Coach will complete an end-of-year inventory and submit to the Athletic Director any equipment missing and the responsible party. Equipment will be issued to students, any equipment that is issued to a student and lost will be the responsibility of the assigned student and the sports program.

PURCHASING OF EQUIPMENT

All equipment including coaching clothes, student uniforms, and game equipment will be purchased using the approved Purchase Order procedure established by the Business Manager and High School Secretary. Prior to any purchase, the Head Coach must fill out a purchase order from the High School Secretary. The secretary will identify if funds are present and submit them to the High School Principal for approval. If approved, the Head Coach will be contacted to approve the order. Do not order any equipment prior to approval of the purchase order.

Gymnasium

Use of the gym by groups or individuals who are not Notus Jr. Sr. High School students or members of our staff is not permitted. The coach is to be the last to leave the gym. Before leaving, switch off lights, clean-up all trash and spills, and securely lock all doors. Special Facility use agreements may be entered into by the District Superintendent for outside groups to use the gymnasium.

Weight Room

Coaches must supervise their athletes at all times. There will be no exceptions. Straighten up the facility and lock securely upon leaving. Individuals or groups who are not members of our coaching staff are not to be allowed the use of this or any other facilities. Notus School District insurance policy requirements make this necessary.

Locker Rooms

See that these areas are supervised as long as any of your team members are present. All athletes are to use the locker room to change and store personal belongings. Please do not tolerate athletes changing on the field, or in the gymnasium. All athletes are expected to follow school dress code policy during practice and games.

FUNDRAISING

Our budget is limited; additional items require fundraising approved by the Principal at least one week in advance. Summer fundraisers must be approved before summer break.

All funds must be counted by two adults (including the Coach or Advisor) and submitted to the front office within one business day. Students may only handle money during sales.

Coaches or Advisors must supervise fundraisers at all times unless a rare waiver is granted by the Principal. Students should never be left alone during fundraisers.

COACHES' KEYS

Coaches' keys for all non-teacher employees will be collected at the end of the sports season. At no time shall a coach make a copy of their keys. At no time shall a coach give their keys to a student.

STIPENDS

Payment of coaching stipends will only be made at the completion of the sports season or if arrangements have been agreed upon by the District Business Manager and coach. Coaches will be paid when the Athletic Director indicates to the business manager that you have successfully completed your season which includes a final inventory of uniforms and equipment.

SEPARATE FINANCIAL ACCOUNTS

Coaches may not have a "team" financial account outside of the school program. It is against school policy to have an account that is not under the school umbrella. Failure to comply with this policy may be cause for dismissal.

SAFETY

There are inherent dangers in all sports activities. Coaches must alert student-athletes of potential injuries even though certain risks are consented to by students and parents. Coaches must inform the Athletic Director of faulty equipment and unsafe conditions in the practice or playing area immediately upon their discovery. Culpability is assured if any of us are found negligent in our assignments.

If a student is injured at practice, fill out the student injury report and submit it to the Athletic Director within 24 hours. Contact a parent prior to leaving practice that day.

MEDICAL KITS

Each coach is responsible for restocking his/her teams' medical kit. Always check supplies before an away practice or tournament. The medical kit is also a great place to keep the Emergency Cards, which are to be kept with the coach at all times. Please do not hand out medical supplies indiscriminately.

ACCIDENT REPORTS

It is the responsibility of the supervising coach to fill out the report as soon as possible and present it to the Athletic Director within 24 hours of the accident. In general, a report of an accident should be filed if the athlete misses practice due to injury, sees a medical practitioner, or if, in the coach's opinion, the situation warrants a report. Communicate with the parent/guardian of the student-athlete as soon as possible. **If an athlete misses practice on the request of a physician the athlete should have a note of clearance before returning to practice.**

REPORT SUSPICIOUS ACTIVITIES IMMEDIATELY

As a coach you have a unique relationship with many students, much more than a classroom teacher. Because of this you might be able to spot suspicious behavior earlier than others. If an athlete seems troubled, report this to the athletic director immediately.

TRAINING

Coaches must complete IHSA training before the season begins. Also, they must complete NSD Safeschool training as assigned by NSD Human Resources.

PAPERWORK

Must complete district paperwork and background check within 10 business days of accepting the coaching position. Coaching Staff needs to complete the following Vector Training:

- Child Abuse: Mandatory Reporting

- FERPA: Confidentiality of Records (Full)
- Title IX and Sexual Harassment (Full)
- Youth Suicide: Awareness, prevention, and Postvention
- Concussion Awareness: Athletics
- Title IX and Gender Equity in Athletics

SERVICE PROJECT

Coaches for each varsity sport are required to host a service project, each season, that would encourage our teams to participate in being involved in serving their community. Service projects must be approved by the Administration and Athletic Director. As a district, Notus Athletics wants to show the value and importance of community and service to the people who need help most. This also fosters an environment where we as Notus School District can develop relationships and partnerships with community members for future events.

CONCUSSION PROTOCOL

Recovery from concussion requires limiting physical and sometimes mental activity (e.g., assignments, screen time) to allow healing. Notus School District uses ImPACT testing to assess brain function before and after injury.

Requirements:

- All coaches must complete annual concussion management training
- Athletes suspected of concussion must be removed from play and evaluated by a licensed healthcare professional trained in concussion care.
- Return-to-play requires the athlete to be symptom-free at rest, pass cognitive and balance tests, and have written medical clearance.
- Parents must acknowledge the concussion policy before participation.

Return-to-Play Steps (24+ hours each):

Each step should be separated by 24 hours and the athlete should not be allowed to advance to the next step if symptoms reappear;

1. Light, low-impact activity (jogging, stationary bike)
2. Sport-specific aerobic exercises (running, plyometrics)
3. Non-contact sport drills (dribbling, passing, catching)
4. Full contact practice

Athletes should not progress if symptoms reappear.

TEAM DEVELOPMENT

Student Athletic Packet of forms

It is the responsibility of the Head Coach of each sport to verify with the Athletic Director that all athletes have completed their forms prior to participation. Athletes are not eligible to participate in any practice in any form without all appropriate paperwork completed and submitted to the Athletic Director.

Supervision of Athletes

Student athletes will be supervised at all times before, during and after practice by members of the coaching staff. At least one member of the coaching staff will remain after practice/games until ALL athletes have departed or been picked up by their own parents.

Cutting

Coaches in sports like basketball, softball, volleyball, and cheer will face the challenge of not making everyone's team. Announce team rosters respectfully—posting only those who made the team and inviting others to meet individually for feedback. Handling cuts thoughtfully can greatly impact student-athletes' growth.

Communicate your tryout and cutting procedures clearly and in writing to students and parents before the season starts, including this information in the parent meeting.

Multi-Sport Athletes (Back to Back Seasons)

For athletes who wish to try out for more than one sport at Notus Jr. Sr. High School, coaches should try to find a way to accommodate back to back seasons. An athlete, who is ending one season and immediately starting another sport, may have up to three days off if needed (a weekend counts as two days) between when one season ends and tryouts for another season take place. The athlete must talk to the coach whose season he/she will be starting to confirm the tryout and practice schedule.

Varsity, Junior Varsity

On occasion you may have an athlete who is at varsity skill level, but age wise would be more appropriate on the JV team. The rule of thumb is that a "younger" athlete should play at least 30% of the time for the varsity squad to justify their positioning on that roster. If this is not possible the athlete should stay on the JV roster.

You're not helping an athlete by having them on the varsity roster and sitting on the bench. It would be better to have them play on a JV roster, make that team stronger and support the overall program.

Coaching Varsity, JV teams

If you are a varsity coach, it is required that you have an active partnership with your JV and Jr. High program. If you are a JV or Jr. High Coach, it is expected that you will work with your varsity coach. A successful program must have cooperation between both teams. As a varsity coach you need to support your JV and Jr. High coach and his/her athletes because they are your future.

Practice Times and Game Schedules

High school athletic teams practice Monday-Thursday after 3:50 PM, or prior to school on a limited basis. It is our desire to limit practices to a reasonable time (about two hours give or take 30 minutes either way). You can practice on Saturday on occasion, but you cannot practice on Sunday without Athletic Director permission and it may not be mandatory. If after school tutoring is available school wide, please support academics and start practice after tutoring. Practices taking place in the gym will need to be coordinated with other coaches and school events that require the use of the gym. Changes to the schedule must be approved by the Athletic Director.

Pre-Season Meetings

It is required, as before athletic practice begins, the varsity coach of each sport meets with all student-athletes under his/her guidance and discusses the following:

- a) Safety requirements ~ Facility rules/policies
- b) Concussion Protocol and expectations including baseline testing
- c) Team rules ~ Schedules ~ Transportation arrangements
- d) Uniforms and equipment
- e) Letter Requirements
- f) Code of Conduct

The coach will also need to schedule a pre-season meeting with parents which the Athletic Director will attend.

"ATHLETE" DEFINED

An athlete is defined as any Notus School District student who is a member of an interscholastic team sponsored by Notus School District. This includes team members, managers, student trainers, dance teams, cheerleaders, statisticians, etc.

PIRATE SPORTS SQUAD

We believe in our student athletes and want to instill in their natural abilities to lead. We have a Sports Squad that will be a leadership team of student athletes that will help lead our programs

with the facilitation of our High School administration. These leaders will help set up and take down for games, fill in as extra support, and help implement strong Pirate Pride in our athletic programs.

BEHAVIOR

Notus athletes need to follow the PBIS behavior expectations. Disruptive behavior in or out of school may result in suspension from the athletic program. All NSD student athletes are also responsible for complying with the rules in the NSD Student Handbook. Depending upon the situation, an athlete may face consequences under both the Athletic Code and the NSD Code of Conduct.

CONSEQUENCES

If a student athlete is disciplined for a violation of the NSD Student Handbook, the Director of Athletics will be notified in writing. A conference between the Director of Athletics and student will be conducted to determine:

1. Athletic Code violations
2. The appropriate consequence

SPECIFIC ATHLETIC CODE STANDARDS & CONSEQUENCES

This list of rules is not exhaustive. Student-athletes must follow the NSD Student Code of Conduct and uphold the privilege of being an NSD athlete. The Athletic Director may adjust discipline based on circumstances.

Violations accumulate throughout an athlete's high school career, starting from tryouts. Consequences increase with each offense: first, second, and third.

These rules apply year-round, on or off school property, and beyond school activities.

Questions about behavior or consequences should go to the Athletic Director. Eligibility disputes are decided by the Principal, whose decision is final.

Eligibility Rules and Grades

Athletes are expected to follow all school rules and regulations. Notus Jr. Sr. High School eligibility rules state that a student must have passed 7 courses the previous semester in order to be eligible to participate. Refer to Policy #3380 to determine eligibility.

Coaches are not to contact teachers to determine student eligibility. The athletic director or principal are the only two that may clear an athlete. The athletic director and principal are directed to use the current grade in PowerSchool in determining student athlete eligibility.

Alcohol/Tobacco/Drugs

Alcohol, tobacco and narcotics are illegal for underage students. They also will negatively affect the athlete's physical well-being. Any athlete found to be in possession of, or use of, or sale of alcohol, tobacco, smokeless tobacco or narcotics, or vapes during the season, while attending school or at any Notus Jr. Sr. High School sponsored activity will be suspended from athletics for a period of time to be determined by the Notus Jr. Sr. High School Administration.

Team Uniforms

Athletes are responsible for returning all issued uniforms and equipment in clean, wearable condition by the coach's deadline. Items not returned or paid for will prevent participation in future sports. Uniforms may not be kept, as they are school property—giving them away violates state law.

Unauthorized use or theft of school equipment is a serious offense and may result in school discipline or referral to law enforcement.

Wearing uniforms for photos requires coach approval. Wear Notus uniforms with pride—you represent yourself, your family, and Notus Jr. Sr. High School.

Game Day Attire

Athletes and Coaches are strongly encouraged to dress in business casual on game days to show pride as an athlete.

Locker Room Privacy Policy

Using devices of any kind to capture or transmit images is strictly prohibited in locker rooms, dressing areas, training rooms, weigh-in rooms, showers, restrooms, or other areas where there is an expectation of privacy.

Missing Practice

Coaches should clearly establish rules for attending and missing practices. Violations of these rules may cost an athlete their letter and could get them dropped from a team. (Employment is not a valid reason for missing a game or practice). Students shall be in attendance ALL day to practice and play - this means all academic periods and students may not leave campus during the school day. An exception for up to one half day can be made with an excuse from a doctor or dentist. Students who are too sick to come to school are considered too sick to participate in games or practice. A student who is under suspension is prohibited from playing or participation.

Termination of an Athlete

An athlete may be cut from a team; due to lack of ability, by mutual consent of coach and player. An athlete may not be terminated from a sport for behavior purposes without opportunity for appeal.

Appeal Procedure

All student athletes have the right to appeal their suspension from any sports team. The appeal process must be initiated by the student-athlete in the form of a written request to the Athletic Director within one week of the suspension.

Athletes will be required to sign a Code of Conduct for every sport they chose to participate in.

PARENT INVOLVEMENT

Parents are vital to the success of our athletic program. We ask that you follow Notus Jr. Sr. High School expectations and demonstrate good sportsmanship at all events. Poor behavior may result in removal from current and future contests.

We also encourage you to support our programs by joining the Athletic Notus Boosters and helping uphold Notus's tradition of excellence.

Athletics enrich the high school experience, and we look forward to partnering with you to support your student-athlete.

Parent Meetings

The Varsity Coach is to schedule a pre-season parent/guardian meeting. This will be scheduled on the school campus at a time that allows the majority of the parents to attend. The purpose of this meeting is to discuss practice and game schedules, tournaments, and options for uniforms including care and maintenance fees, along with all team rules, and a reading of the sportsmanship policy at Notus Jr. Sr. High School.

Driving

Parents are not allowed to drive athletes to athletic contests without written approval from the Principal verifying an unavoidable conflict. Parents may transport their athletes home, however they must sign their athletes off from the coach.

Parent – Coach Relationships

Coaches should maintain fairness and avoid favoritism, aside from necessary communication with Team Parents. Parents may ask about schedules, playing time, or ways their child can improve, but should not challenge coaching decisions like strategy, substitutions, or play time.

Parents are not to contact coaches immediately prior to or immediately following a game. If needed, a meeting can be scheduled with the Athletic Director, Coach, and parent.

Parent Complaints and Inquiries

Coaches should handle parent concerns respectfully and inform the Athletic Director of any complaints; who will do the same in return. If an issue requires support, contact the Athletic Director. Parents are encouraged to speak with coaches first before involving the Athletic Director.

Anonymous complaints will be passed to the coach, but no further action will be taken. Playing time and other students will not be discussed.

Chain of Command:

1. Parent/Student → Coach/Assistant
2. Head Coach
3. Athletic Director
4. Principal
5. Superintendent
6. School Board

Coaches must also follow this chain when addressing concerns within their programs.

TEAM TRANSPORTATION

Student-athletes must ride in school provided transportation to and from all contests. Under no circumstances may a student drive another student, nor may the coach provide transportation. Students may be released to their parent/guardian after a contest, upon the approval of the coach. Coaches are to see that school buses are kept clean.

Release Time

Class release times for away contests are set at the beginning of the season and are not to be changed except with the concurrence of the Athletic Director and the Principal. In most cases, athletes are excused from class up to 10 minutes prior to the scheduled departure time. Athletes are to be in class as much as possible.

Out of Season Transportation

Student-athletes may transport themselves or arrange car pools during the period of time outside of sanctioned season dates. Coaches are to designate the contest site for summer activities as the meeting site. Summer activities do not fall under the school umbrella. All coaches take full responsibility and assume liability for summer activities. All summer events must be approved by the Principal to verify appropriate insurance liability standards as established by the Notus School Board.

Overnight Trips

Per School Board Policy, all overnight trips must be approved by the board at a monthly meeting. Also, all chaperones on overnight trips must be fingerprinted by the school district.

ATHLETIC AWARDS

Varsity Letters

Any athlete who completes the specific requirements set by the Head coach that participates on a Varsity level team should receive a Varsity letter. A list of qualified players should be submitted to the Athletic Director 2 weeks prior to the seasonal Awards Night so the correct numbers of letters are provided for the presentation. Athletes who play on more than one Varsity team are to receive only (1) letter, but are then entitled to recognition Bars that may be added onto the "N".

All League Recognition

In order for players to be recognized for the All League coaches must attend a post-season meeting. Be sure to take complete statistics to the post-season meeting so members of your team will be selected to the all league team. If players are selected, certificates will be presented at the Awards Night.

Sports Banquet

Notus Jr. Sr. High will host a sports banquet to celebrate all athletes at the end of the school year. Coaches will make a short presentation about the season and recognize outstanding athletic performance.

ADMINISTRATIVE RESPONSIBILITIES

High School Principal

The Principal, as administrative head of the school, is the head of all activities in the school, including athletics. Responsibility for day-to-day operation of the athletic program is delegated by the Principal to the Athletic Director.

Athletic Director

The Athletic Director reports to and assists the Principal in the supervision of coaches and others involved in the athletic program. The Athletic Director will provide for overall leadership and coordination among the various sports to facilitate programs that provide student athletes worthwhile learning experiences.

Coaching Staff

All coaches must present evidence to the Athletic Director all certifications required to serve as a head coach in Idaho. Do not expect to begin your coaching assignment without meeting this requirement. Contact the Athletic Director to determine what certifications are required to serve as a Head Coach, Assistant Coach, and Volunteer Walk on Coach. Coaches are required to have a signed code of conduct from each athlete and verification from the AD that athletes have paid participation fees before the first game.

Coaching Contracts

Your employment status at Notus Jr. Sr. High School is on an "at will" basis. Your contract runs strictly the days of your contract. For example: for a fall sport employee it would run approximately mid- August to the conclusion of the season. Contracts are strictly on a season-to-season basis and may be terminated at any time (including during the season) if you are found to be in violation of the standards set forth in this handbook.

Coaching contracts are tendered for one year at a time for both certified staff (full and part-time teachers) and "approved walk-on" coaches (individuals from outside the school community). A coach will be judged on how well he/she did their job once the season has concluded. If he/she passes the standards, the Athletic Director will pass on a recommendation to the building principal to offer a subsequent one year contract.

Coaching Evaluations

The Athletic Director will evaluate each coach at the end of his/her season. These evaluations are to be used as a tool for positive reinforcement and constructive criticism. These evaluations will be passed to the building principal to be placed into the employee's personnel file.

[The Evaluation Template is linked here.](#)

Summer Programs

Coaches who plan to have their teams participate during the summer months need to be fully aware of IHSAA policies regarding such participation. All activities need to be cleared through the Athletic Director. At this point in time, this is simply a matter of presenting a calendar of activities showing date, day, time, location, and level of participation. Coaches and players are financially responsible for all costs incurred.

Receipt of Athletics/Activities Handbook Acknowledgement

I have reviewed the NSD Athletics/Activities Handbook for the 2025-2026 school year.

I understand that the handbook contains information that I may need during this school year. All [board policies](#) are available on the District website.:

The school guidelines and policies as they are set forth in this handbook are part of a contract that exists between the NSD Board and Notus staff. Therefore, to ensure that all parties have read the guidelines and policies and agree to abide by them, please sign and return this acknowledgement form to the school.

Name of Staff Member (printed): _____

Signature of Staff: _____ Date: _____

Supervisor/Building Administrator's Signature: _____

Appendix A: Coaching Staff

Jr. Sr. HIGH SCHOOL PRINCIPAL	Jen Wright
ATHLETIC DIRECTOR	Brad Huter
Fall Sports	
Football	Charlie Shepherd
Volleyball	Kristen David
Winter Sports	
Boy's Basketball	Brad Huter
Girl's Basketball	Dennis Harting
Spring Sports	Kristen David
Track	Brad Huter
HIGH SCHOOL	
HS Cheerleading Advisor	Emmaleigh Wright
Fall Sports	
Football	Charlie Shepherd Brad Huter
Volleyball---Varsity Volleyball---Junior Varsity	Kristen David
Winter Sports	
Boy's Basketball---Varsity Boy's Basketball---Junior Varsity	Brad Huter Kristen David
Girl's Basketball---Varsity Girl's Basketball---Junior Varsity	Kristen David Jose Felix
Spring Sports	
Softball	Nick Forbes
Track	Brad Huter
JUNIOR HIGH	
Fall Sports	
Football	Clint Doramus Skeeter Lowe
Volleyball	Hannah Bethel Megan Linkhart
Winter Sports	
Boy's Basketball	James Tybo
Girl's Basketball	Sherril Skelton
Spring Sports	
Track	Kristen David
Club Organizations	
Student Council	Chris Striefel
Yearbook	Kelsey Wright

NHS	Chris Striefel
AcaDeca	Kelsey Wright
FFA	Kevin Barker
Music	Abbagael Smith
Sources of Strength	Trenna Prete Jose Felix



NSD STUDENT ATHLETE CODE OF CONDUCT

At Notus Jr. Sr. High School, we believe extracurricular activities are an essential part of the student experience, teaching life-long values and important life lessons. This Code of Conduct outlines expectations for academic performance and personal behavior for those who voluntarily participate in our athletic programs.

By joining a school-sponsored sport, student-athletes agree to follow the Notus School District Athletic Code of Conduct for a full calendar year—365 days. These expectations apply on and off school grounds, and throughout the year, not just during the sports season.

Athletes are seen as role models and are expected to represent themselves, their team, and the school positively. Any behavior that reflects poorly on the student, team, or district may lead to disciplinary action, even if not specifically listed in this code.

The Notus athletic program is governed by the Idaho High School Activities Association (IHSAA), and all athletes are expected to meet IHSAA standards as outlined in its official handbook.

“ATHLETE” DEFINED

An athlete is defined as any Notus School District student who is a member of an interscholastic team sponsored by Notus School District. This includes team members, managers, student trainers, dance teams, cheerleaders, statisticians, etc.

BEHAVIOR

Student athletes assume the obligation to appear in public appropriately dressed and to engage in behavior that reflects credit to their school, team and community. Disruptive behavior in or out of school may result in suspension from the athletic program. All NSD student athletes are also responsible for complying with the rules in the NSD Student Handbook. Depending upon the situation, an athlete may face consequences under both the Athletic Code and the NSD Code of Conduct.

CONSEQUENCES

If a student athlete is disciplined for a violation of the NSD Student Handbook, the Director of Athletics will be notified in writing. A conference between the Director of Athletics and student will be conducted to determine:

3. Athletic Code violations
4. The appropriate consequence

Grades

Athletes are expected to follow all school rules and regulations. Notus Jr. Sr. High School eligibility rules state that a student must have passed 7 courses the previous semester in order to be eligible to participate. Refer to Policy #3380 to determine eligibility.

Coaches are not to contact teachers to determine student eligibility. The athletic director or principal are the only two that may clear an athlete. The athletic director and principal are directed to use the current grade in Power School in determining student athlete eligibility.

Academic Integrity

Refer to Board Policy #3335

Athletes must adhere to the policy in place and if found in violation, consequences are listed in student handbook. The second offense, athletes are ineligible for a week and on probation for the remainder of the season.

Pirate Sports Squad

We believe in our student athletes and want to instill in their natural abilities to lead. We have a Sports Squad that will be a leadership team of student athletes that will help lead our programs with the facilitation of our High School administration. These leaders will help set up and take down for games, fill in as extra support, and help implement strong Pirate Pride in our athletic programs.

Alcohol/Tobacco/Drugs

Alcohol, tobacco and narcotics are illegal for underage students. They also will negatively affect the athlete's physical well-being. Any athlete found to be in possession of, or use of, or sale of alcohol, tobacco, smokeless tobacco or narcotics during the season, while attending school or at any Notus Jr. Sr. High School sponsored activity will be suspended from athletics for a period of time to be determined by the Notus Jr. Sr. High School Administration.

Any athlete who is found guilty of the aforementioned activities in events outside of school functions can be subject to discipline measures by the Notus Jr. Sr. High School administration.

The District believes that they have the responsibility to detect, deter and prevent drug, alcohol and tobacco use. The District reserves the right to adopt a random testing program for District athletes. Students who voluntarily participate in the athletic program also agree to submit to random searches based on individualized suspicion for violation of these rules.

Team Uniforms

Athletes are responsible for returning all issued uniforms and equipment in clean, wearable condition by the coach's deadline. Items not returned or paid for will prevent participation in future sports. Uniforms may not be kept, as they are school property—giving them away violates state law.

Unauthorized use or theft of school equipment is a serious offense and may result in school discipline or referral to law enforcement.

Wearing uniforms for photos requires coach approval. Wear Notus uniforms with pride—you represent yourself, your family, and Notus Jr. Sr. High School.

Game Day Attire

Athletes and Coaches are strongly encouraged to dress in business casual on game days to show pride as an athlete.

Locker Room Privacy Policy

Using devices of any kind to capture or transmit images is strictly prohibited in locker rooms, dressing areas, training rooms, weigh-in rooms, showers, restrooms, or other areas where there is an expectation of privacy.

Missing Practice

Coaches should clearly establish rules for attending and missing practices. Violations of these rules may cost an athlete their letter and could get them dropped from a team. (Employment is not a valid reason for missing a game or practice). Students shall be in attendance ALL day to practice and play - this means all academic periods and students may not leave campus during the school day. An exception for up to one half day can be made with an excuse from a doctor or dentist. Students who are too sick to come to school are considered too sick to participate in games or practice. A student who is under suspension is prohibited from playing or participation.

Termination of an Athlete

An athlete may be cut from a team; due to lack of ability, by mutual consent of coach and player. An athlete may not be terminated from a sport for behavior purposes without opportunity for appeal.

Appeal Procedure

All student athletes have the right to appeal their suspension from any sports team. The appeal process must be initiated by the student-athlete in the form of a written request to the Athletic Director within one week of the suspension.

The athletic department at Notus High School expects the actions of its student athletes to reflect the positive values and traditions of excellence echoed by the school. If your behavior or actions as a Notus student-athlete does not reflect the values and traditions of the school and the Athletic Department, your athletic participation may be compromised.

Student athletes that do not follow the expectations will have consequences to their behavior or negative actions. Range of Athletic Consequences: Warning, Probation, Suspension from

Practice, Suspension from Games, Loss of Captaincy, Removal from the Team, Benched for participation in games, etc.

Be Loud, Be Proud, Be Positive, Be a Pirate!

Through promoting good sportsmanship by student athletes, coaches, and spectators, we are committed to creating a positive and exciting atmosphere at all competitions. All student athletes are expected to represent themselves, their team, and the school with the highest level of sportsmanship.

- Cheer for Your Team (not against the opposing team)
- Be respectful towards officials
- Zero tolerance for profanity or derogatory language
- Share the court appropriately
- Take pride in your gym and locker room

Athletes will be required to sign a Code of Conduct for every sport they chose to participate in. Parents are required to sign Board Policy 3505F1: ACKNOWLEDGMENT OF RECEIPT OF CONCUSSION GUIDELINES.

Student Athlete Name: _____ Grade: _____

Student Athlete Signature: _____

Parent Signature: _____

Athletic Director: _____

Coach's Signature: _____

Sport: _____ Date: _____