Social Emotional Educational Collaboratives (SEEC)

- Support students academically through small group instruction
- High staffing ratios
- Staffed with Mental Health Clinical Specialists to provide additional support within classrooms and the milieu to address in the moment behavioral supports and provide therapeutic interventions to students
- Individual, group, and family therapy

Program Locations:

- Sunrise Elementary
- Sun Terrace Elementary
- Pleasant Hill Middle
- Concord High
- Glenbrook Academy
- Mt. Diablo High
- Olympic High

Outpatient Services

On site individual therapy and case management

Program Locations:

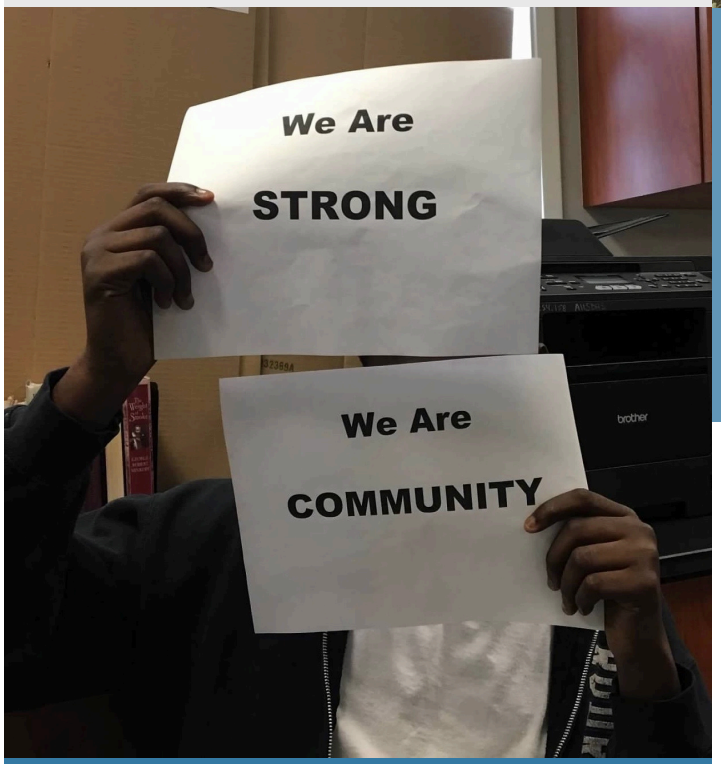
- Meadow Homes Elementary
- Riverview Middle School
- Valley View Middle School
- College Park High School
- Mt. Diablo High School
- Olympic High School

Counseling Clinic:
Roving Itinerant mental health support to provide services in comprehensive schools

For More Information Contact:

Jessica Pozos
Assistant Director,
Mental Health Programs
pozosj@mdusd.org
925-682-8000 x 4054

Dr. Wendi Aghily
Chief, Pupil Services and Special Ed.
aghilyw@mdusd.org
925-682-8000 x 4047



www.mdusd.org

Counseling and Therapeutic Services (CTS)

Mt. Diablo Unified School District

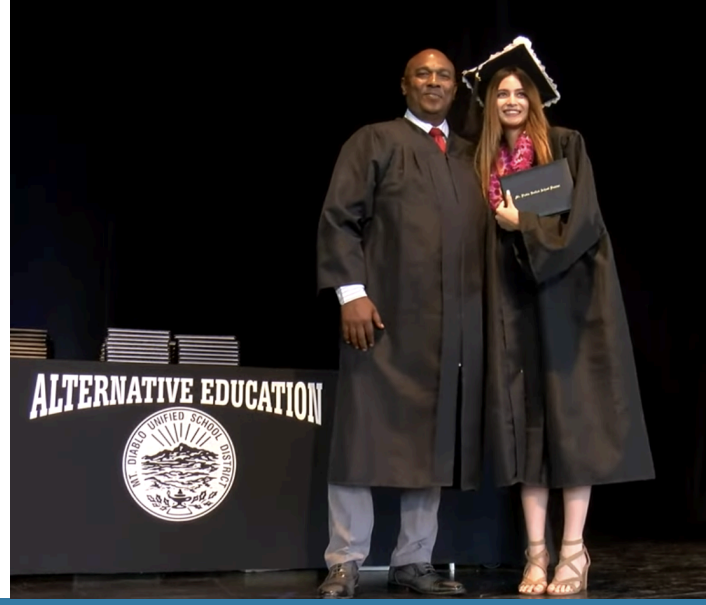
1936 Carlotta Drive
Concord, CA 94519
(925) 682-8000

Intake Process

- Referrals are made through Coordinated Care Teams or by the IEP team including Psychologist and Program Specialist
- SEEC services require Educationally Related Mental Health Services (ERMHS) assessment and eligibility

Mental Health Clinical Specialists

Provide behavioral health services to students referred for assessment and assistance with the goal of facilitating and promoting appropriate behavioral health and personal growth. The Mental Health Clinical Specialists identifies the behavioral health needs of students and develops therapy goals and objectives for implementation through an individual therapy plan.



Fred Finch Collaborative

Counseling for selected general and special education students provided at:

Bel Air Elementary, Meadow Homes Elementary
Rio Vista Elementary, Shore Acres Elementary
Wren Elementary, Ygnacio Valley Elementary
El Dorado Middle, Oak Grove Middle,
Riverview Middle, Concord High,
Mt. Diablo High, Ygnacio Valley High

Desired Outcomes

- Increased self-esteem
- Increased independence
- Increased self-advocacy skills
- Transition to less restrictive educational setting
- Increased collaboration between home and school

Partnership with Contra Costa Behavioral Health

Mt. Diablo Unified School District and Contra Costa County Children's Counseling Behavioral Health partnership allows Mental Health Clinical Specialists to:

- Provide Coordinated Care
- Make referrals for services such as Therapeutic Behavioral Services (TBS), Wellness Recovery Action Plan (WRAP), and Intensive Care Coordination (ICC)

Consultation & Collaboration Services

Mental Health Clinical Specialists support staff consult with parents, families, and other professionals, i.e., County Behavioral Health clinicians and supervisors, private therapists, physicians, probation officers, and wraparound team facilitators.

Mission Statement

Social Emotional Educational Collaborative

The Social Emotional Health Program, with unconditional regard, provides Mt. Diablo Unified students mental health services in the least restrictive setting in order to prepare them to be independent and functioning students and citizens in their local communities.