

FALL SPORTS



Keefe Regional Technical School Fall Sports Information for 2025

Regular Sports Practice

High school sports meet Monday through Friday, every week, from 2:00 pm to 4:50 pm during the school year. Late bus transportation is provided for athletes every weekday at 5:00 pm to all towns in the district. Practices, games and scrimmages may be scheduled on Saturdays. Game schedules are provided to all participants and can be found on the Keefe Tech website:

<https://www.keefetech.org>

Physical Exams

All fall athletes must present a copy of a physical exam completed after November 2024 in order to participate. All new students must have a physical exam from their own doctor. No player will be allowed to practice without an updated physical exam from a doctor. There are no exceptions.

SPORT SPECIFIC INFORMATION

Boys' Soccer

Preseason camp begins Monday, August 18th from 8:00 am to 12:00 pm. Please email Head Coach Kyle Dudley at kdudley@jpkeefehs.org for more details.

Girls Soccer

Practice will begin on Monday, August 18th from 9:00 am to 12:00 pm. All players must bring shorts, t-shirt and cleats. The team should be dressed and ready to practice by 9 am. Please email Head Coach Molly Dee at Mdee@jpkeefehs.org for more details.

Boys Cross Country

Preseason camp begins Friday, August 22nd, at 2:15 pm. Everyone will meet in the gym lobby and must bring running shoes and a water bottle. We are excited for this season! Please email Head Coach Jeff Beling at jbeling@jpkeefehs.org if you have any questions.

Girls Cross Country

Preseason camp begins Friday, August 22nd, at 2:15 pm. Everyone will meet in the gym lobby and must bring running shoes and a water bottle. We are excited for this season! Please email Head Coach Jeff Beling at jbeling@jpkeefehs.org if you have any questions.

Football

Helmet and shoulder pad distribution for the Millbury Football Camp will take place on Thursday, August 7th after morning workouts at 8 am. The first official practice will take place Friday, August 15th at 9:00 am. Please email Head Coach Michael Luks at wmluks@gmail.com if you have any questions. Looking forward to a great season!

Cheerleading

Cheerleading practice will start on Monday, August 18th from 10:30-12:30. All cheerleaders should bring emergency contact information, a copy of their current physical, any medications they may need, and water. Please wear shorts, t-shirt and sneakers. Hair must be up and no jewelry should be worn. Contact Coach Jenn Graham at JGraham@jpkeefehs.org for more details.

Girls' Volleyball

The practice schedule will be as follows; Tuesday 8/19 from 8-10 AM, Wednesday 8/20 from 8-10 AM, Thursday 8/21 from 12-2 PM (after freshman orientation) and Friday 8/22 from 2-4 PM. All practices will be held in the gymnasium. Please email Head Coach Matt Warren at mwarren@jpkeefehs.org for more details.

Golf

Practice will begin on Monday, August 25th, at 2:15 pm. Everyone will meet in the gym lobby. Please email Head Coach Phil Rosano at Prosano@jpkeefehs.org for more details.