

CFISD Dance II (Fine Arts or P.E.) (2025–2026)

Course Description

Dance II students will learn fundamental skills in these dance techniques: ballet, modern, jazz, tap, folk, character, hip hop, and World Dance. In addition, course objectives will emphasize (1) creative expression through movement; (2) awareness of space, time, and energy in dance technique and improvisational studies; (3) development of self-confidence through the use of the body as an expressive instrument; and (4) appreciation of dance as an art form.

Texas Essential Knowledge and Skills: [Dance, Level II \(One Credit\), Adopted 2013](#)

First Semester (81 Days**)

1st Grading Period

Unit	Start Date	End Date
Foundations of Dance, Conditioning and Stretching	08/13/2025	10/9/2025

*2nd Grading Period

Unit	Start Date	End Date
Choreography & Performance, Ballet, Jazz	10/15/2025	12/18/2025

Or Second Semester (92 Days**)

3rd Grading Period

Unit	Start Date	End Date
Social Dance, Lyrical, Modern, Contemporary	01/06/2026	03/6/2026

***4th Grading Period**

Unit	Start Date	End Date
Creative Expression & Performance, Critical Evaluation & Response, Choreographic Composition	03/16/2026	05/28/2026

Notes

* Includes time for Final Exams.

**The length of each unit is a specific number of days, but it is understood that there is a range of +/- a day. The purpose of the flexibility is to allow teachers the opportunity to plan for the needs of their students and to accommodate re- teaching or review when necessary. If pre-assessment indicates student mastery could be obtained in a shorter number of days, the additional time could be used for extension or carried into the next unit.

Instructional Materials

Experiencing Dance

Scheff, Sprague, and McGreevy-Nichols

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