

STX LUNCH MENU K-8

AUGUST 2025

<i>MONDAY 8/4/25</i>	<i>TUESDAY 8/5/25</i>	<i>WEDNESDAY 8/6/25</i>	<i>THURSDAY 8/7/25</i>	<i>FRIDAY 8/8/25</i>
SUMMER BREAK	KITCHEN MANAGER REPORT Professional Development	KITCHEN STAFF REPORT Professional Development	PROFRESSIONAL DEVELOPMENT	PROFRESSIONAL DEVELOPMENT
<i>8/11/25</i>	<i>8/12/25</i>	<i>8/13/25</i>	<i>8/14/25</i>	<i>8/15/25</i>
PROFRESSIONAL DEVELOPMENT	PROFRESSIONAL DEVELOPMENT	Stew Beef (2 oz.) WG Brown Rice (1/2 cup) WG Slice Bread (1 oz.) Stew Red Kidney Beans (1/2 cup) Seasoned Peas & Carrots (1/4 cup) Diced Pears(1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Stew Grilled Snapper (2 oz.)	Curry Chicken Cut up Chicken (2 oz.) WG Brown Rice (1/2cup) WG Slice Bread (1 oz.) Seasoned Spinach (3/4 cup) Mix Fruit (1/2cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Curried Lentil (2 oz.)	Sloppy Joe Ground Beef (2 oz.) 1 ea. WG Hamburger Buns (2 oz.) Potato Wedges (1/2 cup) Sliced Carrots (1/2 cup) Diced Pears (1/2 Cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Veggie Burger (2 oz.)
<i>8/18/25</i>	<i>8/19/25</i>	<i>8/20/25</i>	<i>8/21/25</i>	<i>8/22/25</i>
Sliced Turkey Breast (2oz) WG Brown Rice (1/2 cup) WG Slice Bread (1 oz.) Sweet Peas (3/4 cup) Diced Peaches (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Lentil & Pink Bean Loaf (4 oz.)	Stew Beef (2 oz.) WG Elbow Macaroni (1/2 cup) Sliced Carrots (3/4 cup) Pear halves (1/2 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Curry Lentil Loaf (4 oz.)	Baked Cut-Up Chicken (2oz.) WG Brown Rice (1/2 cup) WG Slice Bread (1 oz.) Steamed Broccoli (3/4 cup) Mixed Fruits (1/2 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Stew Red Kidney Beans (2 oz.)	Philly Cheese Steak Sub Shave Steak and Cheese (2 oz.) WG Hotdog Bun (1 ea.) Potato Wedges (1/2 cup) 1ea. Corn on the Cob (1/2 cup) Slice Peaches (1/2 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Philly Veggie Burger Sub (4 oz.) Condiment: Ketchup	Chicken Burrito (w/Corn, Rice and Beans) WG Tortilla Wrap (1 ea.) Diced Chicken Breast (2 oz.) Mix Vegetables (3/4 cup) Pineapple Chunks (1/2 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Snapper Fillet Burrito (w/Corn, Rice and Beans) (2 oz.)
<i>8/25/25</i>	<i>8/26/25</i>	<i>8/27/25</i>	<i>8/28/25</i>	<i>8/29/25</i>
Steak Burrito (w/Corn, Rice and Beans) WG Tortilla Wrap (1 ea.) Shaved Steak (2 oz.) Potatoes Wedges (1/4 cup) 1ea. Corn on the Cob (1/2 cup) Pineapple chunks (1/2 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Snapper Fillet Burrito (w/Corn, Rice and Beans) (2 oz.)	Chicken Parmesan Chicken Breast Tomato Sauce w/ Mozzarella Cheese (2 oz.) WG Elbow Macaroni (1/2 cup) WG Garlic Bread Slice (1 oz.) Seasoned Spinach (3/4 cup) Mixed Fruits (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Lentil Loaf (4 oz.)	Beef Casserole 6oz. Ground Beef (2 oz.) WG Elbow Macaroni and Cheese (1/2 cup) Sliced Carrots (1/2 cup) Seasoned Green Beans (1/2 cup) Diced Peaches (1/2 Cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Veggie Burger Casserole (6 oz.)	Sliced Turkey Breast (2oz) WG Brown Rice (1/2 cup) WG Slice Bread (1 oz.) Sweet Peas (3/4 cup) Diced Peaches (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Lentil & Pink Bean Loaf (4 oz.)	Beef Burger (2 oz.) 1 ea. WG Hamburger Buns (2 oz.) Bibb Lettuce (1 cup) Slice Tomatoes (1/4 cup) Potatoes Wedges (1/2 cup) Pear Halves (1/2 cup) 1% White or Assorted Flavored Fat Free Milk- 8 oz. Alt: Veggie Burger (2 oz.) Condiment: Ketchup