

STX LUNCH MENU 9-12
AUGUST 2025

MONDAY 8/4/25	TUESDAY 8/5/25	WEDNESDAY 8/6/25	THURSDAY 8/7/25	FRIDAY 8/8/25
SUMMER BREAK	KITCHEN MANAGER REPORT Professional Development	KITCHEN STAFF REPORT Professional Development	PROFRESSIONAL DEVELOPMENT	PROFRESSIONAL DEVELOPMENT
8/11/25	8/12/25	8/13/25	8/14/25	8/15/25
PROFRESSIONAL DEVELOPMENT	PROFRESSIONAL DEVELOPMENT	Stew Beef (2 oz.) WG Brown Rice (1 cup) WG Slice Bread (1 oz.) Stew Red Kidney Beans (1/2 cup) Seasoned Peas & Carrots (1/2 cup) Diced Pears(1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Stew Grilled Snapper (2 oz.)	Curry Chicken Cut up Chicken (2 oz.) WG Brown Rice (1cup) WG Slice Bread (1 oz.) Seasoned Spinach (1 cup) Mix Fruit (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Curried Lentil (2 oz.)	Sloppy Joe Ground Beef (2 oz.) 1 ea. WG Hamburger Buns (2 oz.) Potato Wedges (1/2 cup) Sliced Carrots (1 cup) Diced Pears (1 Cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Veggie Burger (2 oz.)
8/18/25	8/19/25	8/20/25	8/21/25	8/22/25
Sliced Turkey Breast (2oz) WG Brown Rice (1 cup) WG Slice Bread (1 oz.) Sweet Peas (1 cup) Diced Peaches (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Lentil & Pink Bean Loaf (4 oz.)	Stew Beef (2 oz.) WG Elbow Macaroni (1 cup) Sliced Carrots (1 cup) Pear halves (1 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Curry Lentil Loaf (4 oz.)	Baked Cut-Up Chicken (2oz.) WG Brown Rice (1 cup) WG Slice Bread (1 oz.) Sliced Carrots (1/4 cup) Steamed Broccoli (3/4 cup) Mixed Fruits (1 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Stew Red Kidney Beans (2 oz.)	Philly Cheese Steak Sub Shave Steak and Cheese (2 oz.) WG Hotdog Bun (1 ea.) Potato Wedges (1/2 cup) 1ea. Corn on the Cob (1/2 cup) Slice Peaches (1 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Philly Veggie Burger Sub (4 oz.) Condiment: Ketchup	Chicken Burrito (w/Corn, Rice and Beans) WG Tortilla Wrap (1 ea.) Diced Chicken Breast (2 oz.) Mix Vegetables (1 cup) Pineapple Chunks (1 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Snapper Fillet Burrito (w/Corn, Rice and Beans) (2 oz.)
8/25/25	8/26/25	8/27/25	8/28/25	8/29/25
Steak Burrito (w/Corn, Rice and Beans) WG Tortilla Wrap (1 ea.) Shaved Steak (2 oz.) Potatoes Wedges (1/2 cup) 1ea. Corn on the Cob (1/2 cup) Pineapple chunks (1 cup) 1% White or Assorted Flavored Fat Free Milk (8 oz.) Alt: Snapper Fillet Burrito (w/Corn, Rice and Beans) (2 oz.)	Chicken Parmesan Chicken Breast Tomato Sauce w/ Mozzarella Cheese (2 oz.) WG Elbow Macaroni (1 cup) WG Garlic Bread Slice (1 oz.) Seasoned Spinach (1 cup) Mixed Fruits (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Lentil Loaf (4 oz.)	Beef Casserole 6oz. Ground Beef (2 oz.) WG Elbow Macaroni and Cheese (1 cup) Sliced Carrots (3/4 cup) Seasoned Green Beans (3/4 cup) Diced Peaches (1 Cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Veggie Burger Casserole (6 oz.)	Sliced Turkey Breast (2oz) WG Brown Rice (1 cup) WG Slice Bread (1 oz.) Sweet Peas (1 cup) Diced Peaches (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt: Lentil & Pink Bean Loaf (4 oz.)	Beef Burger (2 oz.) 1 ea. WG Hamburger Buns (2 oz.) Bibb Lettuce (1 cup) Slice Tomatoes (1/2 cup) Potatoes Wedges (1/2 cup) Pear Halves (1 cup) 1% White or Assorted Flavored Fat Free Milk- 8 oz. Alt: Veggie Burger (2 oz.) Condiment: Ketchup