

Benefits Quick Reference

Your Benefit Website

mybensite.com

Username: centralindiana

Password: brownsburg

View All Your Benefit Plan Documents

Medical · Dental · Vision

Life · Disability

Employee Assistance Program

Claim Forms

Medical & Prescription Forms

Links to TRF & PERF

Contact Information

Trust Newsletters

ALL YOUR BENEFITS IN ONE LOCATION



hendricks.org/wellnesscenters

(317)838-9355

NO COST TO MEMBERS

Primary Care · Acute Care · Generic RX · Labs
Personal Health Coach · Smoking Cessation ·
Etc.

Convenient Locations

Open Monday through Friday

Hours Varying by Location



PRESCRIPTION

OptumRx.com

(800) 334- 8134

Review Medication Tiers

Drug Prices, Find a Pharmacy

Plan Details , Refill a Prescription

Order an ID Card

SPECIALITY PRESCRIPTION

Optum Specialty Pharmacy

(855) 427-4682

Anthem[®]



ANTHEM Sydney
MOBILE APP

Download it from the App Store or Google Play

Digital Insurance Card While On The Go

Check Claims & EOBs

Deductibles

Out-of-Pocket Maximums

See What You've Spent to Date

Find a Provider

Shop for Services and Estimate Your Costs

Use Tools to Track Your Wellbeing

Real Time, Real Convenient

Benefits Quick Reference

Vision

VSP

VSP offers you one of the largest vision care networks, with a wide selection of ophthalmologist, optometrist and options

vsp.com

Dental

Delta Dental

Delta Dental is one of America's largest, most experienced dental Benefit companies. As a leader they deliver unmatched Quality and Value and provide millions of Americans with affordable access to oral health care

www.deltadentalin.com



Cardiovascular Center of Excellence

Ascension St. Vincent Cardiovascular Care Program. This exceptional specialty care, available through your health benefit plan at no cost to you, ensures your heart is in the best hands.

At the heart of it all is the Ascension St. Vincent Heart Center in Carmel, Indiana, where comprehensive testing, surgeries, and procedures are all covered. Say goodbye to deductibles and coinsurance costs for eligible care within this program. Plus, your employer might even offer an incentive payment to help with any extra expenses you might face. Choose the Ascension St. Vincent Cardiovascular Care Program and put your heart's well-being first.

<https://employerwellness.ascension.org/ind-cardiovascular-care-program>



Telemedicine & Virtual Counseling

(888) 691-7867 / fshealth.com

Talk to a counselor

Sometimes, you just need someone to talk to. Talk to a licensed counselor to work through:

- Anxiety
- Depression
- Marital/Relations hip
- Substance Use
- Work/Life Stress

Talk to a doctor 24/7

Get treatment within minutes for minor injuries, illnesses, and prescriptions.

Cough & Sore Throat Infection (Sinus, Ear, UTI, etc.)

Skin Rash

Muscle/Joint Pain

Medication Refill



Orthopedic Center of Excellence

The Hendricks Regional Health (Hendricks) Orthopedic Center of Excellence is the premier destination in Indiana for comprehensive orthopedic and spine care. Our Center of Excellence provides non-trauma surgical services to our partners' employees.

Employees receive exceptional, personalized care, rooted in Hendricks' values and unique culture — all with little or no out-of-pocket costs and a seamless experience. Plus, when employees travel to Hendricks for their procedure, a one-night hotel stay may be provided and arranged by our Concierge when determined necessary by their surgeon.

<https://www.hendricks.org/coe>

Who to Call?



CISEIT partners with the following Insurance carriers and vendors to strive to meet your benefit needs. If you have any questions regarding your benefits, please contact the corresponding carrier/vendor listed below or your Human Resources Department.

Benefit	Carrier	Phone #	Web
Medical	Anthem	(833) 578-4441	Anthem.com
Rx	RxBenefits	800-334-8134	optumrx.com
Dental	Delta Dental	800-524-0149	www.deltadentalin.com
Vision	VSP		vsp.com
First Stop Health		888-691-7867	fshealth.com
EAP	National Insurance Services	866-451-5465	Niseap.com
Wellness Clinic	Hendricks Regional Health	317-838-9355	hendricks.org/wellnesscenters
COE – Orthopedic	Hendricks Regional Health	317-386-5630	hendricks.org/coe
COE - Cardiovascular	Ascension St Vincent	855-782-0946	https://employerwellness.ascension.org/ind-cardiovascular-care-program

NOTICE:

This brochure provides only a highlight of the benefit plans offered to you by CISEIT and in no way serves as the actual plan description or plan document for the plans. The plan documents will always govern the offered benefits that your employer provides for you. We reserve the right to modify any or all of these plans at anytime.