## **w**alrus



## Introducing Walrus Health, your newest benefit from CISEIT!

CISEIT is bringing you Walrus Health, a new benefit that gives you personalized support for your medications — and your family and dependents may be eligible too!



## Why do people who take medications love Walrus?

- ✓ Save money on your medications
- Coordinate medication with your current healthcare providers
- ✓ Receive personalized recommendations
- ✓ Reduce bothersome side effects
- ✓ Potentially resolve medication shortages
- Get the most out of your medications to feel better

## Let's get started!

- 1. Scan the QR code on the right
- 2. Download the Walrus Health app, and log in
- 3. Say hi to your Walrus pharmacist
- 4. Track your symptoms
- 5. Review and update your meds
- 6. Log any medication side effects





You can go to walrus.com/download and enter your mobile number to receive a text message with a download link.



