



## 24/7 care when you need it.

Get convenient care for your body and mind — all via phone or video. CISEIT provides First Stop Health to medical-enrolled employees and their immediate family members for FREE.



## **On-demand doctor visits**

Getting the care you need shouldn't be a pain. Board-certified doctors are available 24/7 via phone or video!



## **Diagnosis & treatment**

Get immediate support, including prescriptions when appropriate\* for:

- Sore Throat
- Pink Eye

Cough

- Fever
- Sinus Issues
- Earache
- Skin Rash
- · Cold & Flu

UTI

- Medical Questions
- Rx Refill\*
- And more!



## Counseling for your mental health.

Use short-term, solution-focused counseling for anxiety, depression, grief and more.

First Stop Health services are not intended to constitute a health plan. \*Providers at First Stop Health do not prescribe controlled substances. Costs according to your medical plan may apply for prescriptions. For those under the age of 18, virtual counseling use will be considered on a case-by-case basis.