

24/7 care when you need it.

Get convenient care for your body and mind — all via phone or video. CISEIT provides First Stop Health to medical-enrolled employees and their immediate family members for FREE.



On-demand doctor visits

Getting the care you need shouldn't be a pain. Board-certified doctors are available 24/7 via phone or video!



Diagnosis & treatment

Get immediate support, including prescriptions when appropriate* for:

- Sore Throat
- Cough
- Sinus Issues
- Skin Rash
- UTI
- Rx Refill*
- Pink Eye
- Fever
- Earache
- Cold & Flu
- Medical Questions
- And more!



Counseling for your mental health.

Use short-term, solution-focused counseling for anxiety, depression, grief and more.

**Activate
your account**



Use the last 4 digits of your SSN
to claim your account!

firststophealth.com | 888-691-7867