

Raising Resilient Children You've got this!

Proven, positive strategies to help every family

Now free in Wayne, Oakland, and Macomb Counties

CONFIDENTLY HANDLE CHALLENGES AND HELP CHILDREN REACH THEIR POTENTIAL

Parenthood is full of ups and downs. You want to feel more confident and less stressed as you guide your child's behavior, wellbeing and development. With Triple P Online, you can:

- Create the best space for your child's development.
- Feel peace of mind in handling each new age, stage and situation.
- Use simple strategies, backed by proven methods.

Free support for your positive parenting journey

Now, you can do Triple P programs online, at no cost. Give your kids key life skills and help the whole family stay calm and positive. What to expect:

- Easy-to-use online programs with videos and fun interactive learning.
- Each module only takes about an hour or less. You can do them in just a few minutes at a time.
- Do it on your phone, computer, or tablet, when you can.

The Triple P – Positive Parenting Program® includes four online programs to fit your family's needs:

TRIPLE P ONLINE

for parents/caregivers
of children under
12 years old

TEEN TRIPLE P ONLINE

for parents/caregivers
of pre-teens and teens
10 years and older

FEAR-LESS TRIPLE P ONLINE

for parents/caregivers
of children (6 years
and older) who are
often anxious

TRIPLE P ONLINE FOR BABY

for parents-to-be and
new parents (of babies
up to 12 months old)

START TODAY – IT'S COMPLETELY FREE!

Triple P online programs are FREE to all parents and caregivers in Metro Detroit.

Register now:

triplep-parenting.com/metrodetroit

