



Mt. Lebanon High School

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August 2025

Dear Parents and Students,

There are many opportunities to participate in athletics at Mt. Lebanon High School for the 2025-2026 academic year. With seasons beginning in the fall, the winter and the spring, some of the more important school policies and procedures are as follows:

In order to be eligible to participate in athletics, each student must have a new physical and register electronically. Information is available online at www.mtlsd.org under athletics.

Please pay special attention to the physical forms. Only one physical will be required per academic year, with parental recertification approval required for each subsequent sport. All physical forms and registration must be completed before being allowed to practice.

Your child will not be able to try out without a physical dated after May 1, 2025.

The majority of our programs have voluntary off season conditioning available for student athletes. If you are unclear about off season conditioning times, please contact the varsity coach.

Each varsity coach can be reached by email. Their email addresses are listed on the district's website.

It is important to remember that the start dates for each sport begins the try-out period. These try-outs are mandatory for participation. Please plan vacation time accordingly in order for your child to have the opportunity to participate.

FALL SPORTS – All fall sports practices and tryouts start on August 11, 2025 except for football and girls & boys golf which start August 4, 2025.

Sport	Head Coach
Cheerleading	Tracey Green
Boys Cross Country	Pending
Girls Cross Country	Oscar Shutt
*Crew – coed	DJ Vaglia
Field Hockey	Brian Kattan
Football – Varsity/JV	Greg Perry
Boys Golf	Al D'Alo
Girls Golf	Pete Bouvy
Boys Soccer – Varsity/JV	Mike Gullo
Girls Soccer	Seth Young
*Soft Pitch Softball	Pete Damron
Girls Tennis	Pending
Girls Volleyball	Erin Mooney

WINTER SPORTS – All winter sports practices and tryouts start on November 17, 2025.

Sport	Head Coach
Boys Basketball – Varsity/JV	Joe David
Girls Basketball– Varsity/JV	Mark Walsh
*Ice Hockey	Jeremy Church
Rifle – coed	David Willard
Swimming – coed	Tom Donati
Unified Bocce Ball	Tracy McGonigle
Boys Winter Track	Drew Haberberger
Girls Winter Track	Oscar Shutt
Boys Wrestling	Pending
Girls Wrestling	Amanda Lebec

SPRING SPORTS – All spring sports practices and tryouts start on March 2, 2026.

Sport	Head Coach
Baseball	Patt McCloskey
*Crew – coed	DJ Vaglia
Girls Flag Football	Mike Rost
*Girls Ice Hockey	Jay Renton
Boys Lacrosse	Mike Ermer
Girls Lacrosse	Brian Kattan
*Girls Rugby	Brianna Allen
Softball	Paige Flore
Boys Tennis	Augie Garofoli
Boys Track	Drew Haberberger
Girls Track	Oscar Shutt
*Ultimate Frisbee	Stu Snogross
Boys Volleyball– Varsity/JV	Chris Conway

*Club Sport

We are very proud of our strong tradition at Mt. Lebanon. A great tradition is not built overnight; it takes the hard work of many people and many years. Our tradition has been to win with honor. We strive to win, but only with honor to our athletes, our school and our community. We look forward to you becoming a part of our winning tradition.

If you have any questions, please call the Athletic Office at 412-344-2008 or visit our website at www.athletics/mtlsd.org.

Go LEBO!!

John Grogan
Athletic Director