

**DESERT/MOUNTAIN SELPA  
DESERT/MOUNTAIN CHARTER SELPA  
COMMUNITY ADVISORY COMMITTEE (CAC) MEETING  
AGENDA**

**February 20, 2025  
4:30 p.m. – 6:00 p.m.**

**Location: CAHELP JPA – Virtual Meeting (ZOOM)**

**1.0 CALL TO ORDER**

**2.0 PUBLIC PARTICIPATION**

The general public is encouraged to participate in the deliberation of the Community Advisory Committee (CAC). Several opportunities are available during the meeting for the CAC to receive oral communication regarding the presentations of any items listed on the agenda. Please ask for recognition either before a presentation or after the presentation has been completed.

**3.0 ADOPTION OF THE AGENDA**

It is recommended that the CAC review and adopt the agenda as presented. If there are any proposed modifications, they should be stated at this time. Upon approval, the agenda will establish the framework for the meeting's discussions and actions in compliance with the Brown Act.

**3.1 BE IT RESOLVED** that the Agenda be approved as presented:

**4.0 CONSENT ITEMS**

It is recommended that the CAC consider approving several Agenda items as a Consent list. Consent items are routine in nature and can be enacted in one motion without further discussion. Consent items may be called up by any CAC Member at the meeting for clarification, discussion, or change.

**4.1 BE IT RESOLVED** that the following Consent Items be approved as presented:

**4.1.1** Approve Minutes – November 14, 2024

## 5.0 ACTION ITEMS

It is recommended that the CAC review and take appropriate action on the listed agenda items. Each item will be presented for discussion, and if necessary, a motion, second, and vote will be conducted to determine the course of action in compliance with the Brown Act.

### 5.1 None at this time

## 6.0 REPRESENTATIVE REPORT

It is recommended that the [Board/Committee] receive and review reports from designated representatives. These reports are provided for informational purposes and may include updates, activities, and relevant matters. No formal action will be taken unless an item is agendized for discussion and action in compliance with the Brown Act.

### 6.1 Information Items

- 6.1.1 Update on IMTSS Symposium 02/27/2025
- 6.1.2 Update on Desert Mountain Charter SELPA Potential Member Application
- 6.1.3 Chairperson and Co-chair positions – discussion
- 6.1.4 Ideas for the 2025-2026 CAC presentations to be included in the parent survey

## 7.0 PRESENTATION

- 7.1 Presentation: Heartfelt Parenting: Enhancing Your Child's Emotional Well-Being by Lindsey Yslas, LMFT, Trauma-Informed Care Lead Project Specialist.

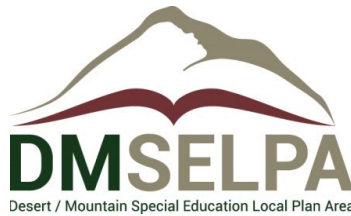
## 8.0 MATTERS BROUGHT BY THE COMMUNITY

This section provides an opportunity for members of the public to address the CAC on items not listed on the agenda or any school related special education issue. It is requested that the speakers name and the district the speaker's student attends is stated in their opening remarks. Speakers are given three minutes per person as determined by the presiding officer. While the CAC may listen to concerns, no action or discussion can take place on non-agendized items in compliance with the Brown Act. However, the CAC board may direct staff to place a topic on a future agenda or provide brief responses as permitted by law.

## 9.0 ADJOURNMENT

The next regular meeting of the Desert/Mountain SELPA CAC will be held on **Thursday, April, 17, 2025, from 4:30 – 5:00 p.m. CAC Representative Business Meeting and 5:00 - 6:00 p.m. Presentation: *Boost Your Child's Social Emotional Skills*** by Outreach Team and Social and Emotional Learning Team. Virtual.

**Individuals requiring special accommodations for disabilities are requested to contact Letitia Macaraeg at (760) 955-3552, at least 24 hours prior to the date of this meeting.**



**DESERT/MOUNTAIN SELPA  
DESERT/MOUNTAIN CHARTER SELPA  
COMMUNITY ADVISORY COMMITTEE (CAC) MEETING  
MEETING MINUTES**

**February 20, 2025  
4:30 p.m. – 6:00 p.m.**

**Location: CAHELP JPA – Virtual Meeting (ZOOM)**

## **1.0 CALL TO ORDER**

**1.1** Heidi Chavez, Program Manager Regional Services called the meeting to order at 4:36 p.m.

- **MOVED BY** Valerie Graham
- **SECOND BY** Karen Ware
  - Motion carried and was **approved** unanimously.

### **ATTENDEES:**

Heidi Chavez - CAHELP  
Marysol Hurtado – CAHELP  
Yazmine Medina - CAHELP  
Valerie Graham - AAE  
Vianca Padilla - CAHELP  
Karen Ware - Taylion  
Priscilla Avila - AVUSD  
Lindsey Yslas – Presenter

Stephanie Van Epps - SoCal Flex Acad  
Letitia Macaraeg - CAHELP  
Dulce Leguizamo - DMCC  
Shannon Garibay – DMCC  
Diana Robertson

## **2.0 PUBLIC PARTICIPATION**

The general public is encouraged to participate in the deliberation of the Community Advisory Committee (CAC). Several opportunities are available during the meeting for the CAC to receive oral communication regarding the presentations of any items listed on the agenda. Please ask for recognition either before a presentation or after the presentation has been completed.

- General public present
  - The public did not participate in the meeting portion of CAC.

### **3.0 ADOPTION OF THE AGENDA**

Adopting of Agenda for CAC Meeting on **February 20, 2025**

**3.1 BE IT RESOLVED** that the meeting agenda be approved as presented:

- Action to Approve Agenda for **February 20, 2025**
  - **MOVED BY** Valerie Graham
  - **SECOND BY** Priscilla Avila
- Motion carried and was **approved** unanimously.

### **4.0 CONSENT ITEMS**

It is recommended that the CAC consider approving several Agenda items as a Consent list. Consent items are routine in nature and can be enacted in one motion without further discussion. Consent items may be called up by any CAC Member at the meeting for clarification, discussion, or change.

**4.1 BE IT RESOLVED** that the following Consent Items be approved as presented:

- Action to Approve Minutes of November 14, 2024
  - **MOVED BY** Valerie Graham
  - **SECOND BY** Stephanie Van Epps
- Motion carried and was **approved** unanimously.

### **5.0 ACTION ITEMS**

- There were no action items.

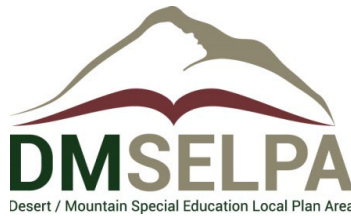
### **6.0 REPRESENTATIVE REPORT**

#### **6.1 Information Items**

##### **6.1.1** Update on IMTSS Symposium 02/27/2025

Chair, Heidi Chavez announced that the symposium is scheduled for next week, on February 27, 2025. Dr. Tina Payne Bryson will be presenting ten key takeaways that teachers can apply in their classrooms.

##### **6.1.2** Update on Desert Mountain Charter SELPA Potential Member Application



Heidi informed the committee that a potential member had submitted an application to join, but it was not approved by the authorizer. The potential member is still interested in joining but will need to wait until they receive approval from the authorizer.

### **6.1.3 Chairperson and Co-chair positions**

Heidi informed the committee that the Chair would be working closely with her and inquired about their thoughts on the matter. Priscilla raised the question, "What does the position entail?" In response, Heidi explained that the Chair would be responsible for facilitating meetings, reviewing the agenda, and ensuring the accuracy of the minutes in collaboration with her.

Heidi further clarified that the Co-Chair would assist the Chair and would step in to facilitate the meeting in the Chair's absence.

### **6.1.4 Ideas for the 2025-2026 CAC presentations to be included in the parent survey**

Heidi reviewed the topics with the committee and asked for input on whether to remove any items. Stephanie inquired if the "IEP Meeting 101" session had been conducted last year, and whether the "Law Enforcement" session had been held the previous year, noting that the "Transition Planning" session was from three years ago. She also raised a concern about whether offering too many options might overwhelm parents. Veronica Smith asked whether parents were choosing the sessions they preferred. She clarified that parents would need to select five options and expressed that having a variety of choices would be beneficial. Karen emphasized that finding quality resources was a key consideration. Priscilla brought up the topic of Early Education before Preschool, noting that parents of children in the 0-5 age range are often not being adequately served. She suggested providing more educational classes for parents with young children in this age group. Valerie proposed offering a "Parent and Me" yoga class. Yazmin mentioned family playtime, circle time, self-regulation tools, arts and crafts, and sensory activities as potential options. DMCC also provides services once a month, and participation is open to non-IEHP members. The committee can access the calendar and additional resources through Facebook and the website. The calendar and flyer were shared in the chat for reference.

## **7.0 PRESENTATION**

**7.1 Presentation: Heartfelt Parenting: Enhancing Your Child's Emotional Well-Being** by Lindsey Yslas, LMFT, Trauma-Informed Care Lead Project Specialist.

Asked the committee to share activity and books that have helped them with their children and students. Went over Empathy and awareness with emotions in ourselves and others acceptance.

## **8.0 MATTERS BROUGHT BY THE COMMUNITY**

No matters were brought forward

## **9.0 ADJOURNMENT**

The next regular meeting of the Desert/Mountain SELPA CAC will be held on **Thursday, April, 17, 2025, from 4:30 – 5:00 p.m. CAC Representative Business Meeting and 5:00 - 6:00 p.m. Presentation: *Boost Your Child's Social Emotional Skills*** by Outreach Team and Social and Emotional Learning Team. Virtual.

A motion to adjourn at 6:00 p.m. was made by Stephanie Van Epps and was seconded by Valerie Graham.

- Motion carried and **approved.**

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