

# August 2025 Early Excellence Breakfast



## Announcements

Families who think they may qualify for free or reduced priced meals can apply at [www.schoolcafe.com](http://www.schoolcafe.com)



Households must reapply every year to maintain free or reduced price meals if eligible

Online deposits to meal accounts can be made at [www.schoolcafe.com](http://www.schoolcafe.com) with a small service fee.

Cash or check deposits to meal accounts are always accepted at the school kitchen with no fee.

Please include child's name and ID number with all cash or check deposits sent to the school cafeteria (preferably in a sealed envelope).

**Each student is given a photo ID badge**

- Required to be used for every food transaction
- Also used when riding the bus!

Monday

Tuesday

Wednesday

Thursday

Friday



## Bell Peppers

Season in Texas:  
May - June; August - November  
Did you know?

The longer a bell pepper is left to ripen, the sweeter it becomes



1% White Milk offered daily

Our unit priced breakfast consists of 3 food components placed on the student's tray

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Student Breakfast: \$1.50  
Adult Breakfast: \$3.50

11  
Staff Development

12  
Whole Grain Cereal  
100% fruit juice  
Low-Fat White Milk

13  
Egg Croissant  
Fresh Fruit  
Low-Fat White Milk

14  
Mini-Waffle  
100% fruit juice  
Low-Fat White Milk

15  
Whole Grain Cereal  
Chilled Fruit  
Low-Fat White Milk

18  
Mini-Pancakes  
100% fruit juice  
Low-Fat White Milk

19  
Whole Grain Cereal  
100% fruit juice  
Low-Fat White Milk

20  
Egg Croissant  
Fresh Fruit  
Low-Fat White Milk

21  
Mini-Waffle  
100% fruit juice  
Low-Fat White Milk

22  
Whole Grain Cereal  
Chilled Fruit  
Low-Fat White Milk

25  
Mini-Pancakes  
100% fruit juice  
Low-Fat White Milk

26  
Whole Grain Cereal  
100% fruit juice  
Low-Fat White Milk

27  
Egg Croissant  
Fresh Fruit  
Low-Fat White Milk

28  
Mini-Waffle  
100% fruit juice  
Low-Fat White Milk

29  
Whole Grain Cereal  
Chilled Fruit  
Low-Fat White Milk



Menus are Subject to Change

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

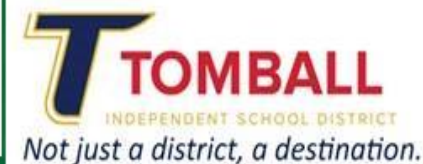
[www.SquareMeals.org](http://www.SquareMeals.org)

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25

# August 2025 Early Excellence Lunch



## Announcements

Families who think they may qualify for free or reduced priced meals can apply at [www.schoolcafe.com](http://www.schoolcafe.com)



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Cash or check deposits to meal accounts are always accepted at the school kitchen with no fee.

Please include child's name and ID number with all cash or check deposits sent to the school cafeteria (preferably in a sealed envelope).

**Each student is given a photo ID badge**

- Required to be used for every food transaction
- Also used when riding the bus!

Monday

Tuesday

Wednesday

Thursday

Friday



## Bell Peppers

Season in Texas:  
May - June; August - November  
Did you know?

The longer a bell pepper is left to ripen, the sweeter it becomes



1% White Milk offered daily

Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Student Lunch: \$2.50  
Adult Lunch: \$5.15

11  
Staff Development

12  
Bean & Cheese Pupusa  
Vegetables, Fruits  
Milk

13  
Chicken Nuggets  
Vegetables, Fruits  
Breadstick & Milk

14  
Fish Sticks  
Vegetables, Fruits  
Milk

15  
Cheeseburger  
Vegetables, Fruits  
Milk

18  
Cheese Stuffed Breadstick  
Vegetables, Fruits  
Milk

19  
Chicken Quesadilla  
Vegetables, Fruits  
Milk

20  
Steak Fingers & Roll  
Vegetables, Fruits  
Dinner Roll & Milk

21  
Mini Bagel Pizzas  
Vegetables, Fruits  
Milk

22  
Chicken Sandwich  
Vegetables, Fruits  
Milk

25  
Breakfast for Lunch!  
Pancakes, Chicken Patty  
& Egg Patty  
Hash Browns, Fruit  
Milk

26  
Bean & Cheese Pupusa  
Vegetables, Fruits  
Milk

27  
Chicken Nuggets  
Vegetables, Fruits  
Breadstick & Milk

28  
Fish Sticks  
Vegetables, Fruits  
Milk

29  
Cheeseburger  
Vegetables, Fruits  
Milk



Menus are Subject to Change

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