


# TISD Junior High Fall Menus 2025-2026

## Weekly Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chicken Pasta Bowl</b> (with Marinara or Alfredo Sauce) <b>Beef Meatball Pasta Bowl</b> (with Marinara or Alfredo Sauce) <b>Bosco Stick &amp; Marinara</b> <b>Pepperoni or Cheese Pizza</b> <b>3 Meat or Supreme Pizza</b> <b>Fruit &amp; Yogurt Plate</b> <i>Garlic Toast</i> <i>Green Beans</i> <i>Carrot Coins</i> <i>Fresh Garden Salad</i> <i>Fresh &amp; Chilled Fruit</i> <i>Milk*</i> (* "Pink Milk Monday" once per month)	<b>Beef Nacho Bowl</b> or <b>Chicken Fajita Nacho Bowl</b> or <b>Beef Tamales</b> or <b>Chicken Popper Salad</b> <b>Pepperoni or Cheese Pizza</b> <b>3 Meat or Supreme Pizza</b> <i>Charro Beans</i> <i>Golden Corn</i> <i>Fajita Style Peppers &amp; Onions</i> <i>Salsa &amp; Guacamole</i> <i>Fresh Garden Salad</i> <i>Fresh &amp; Chilled Fruit</i> <i>Milk</i>	<b>Chicken Tender Potato Bowl</b> or <b>Steakfinger Potato Bowl</b> or <b>Chicken Hot Bites Potato Bowl</b> with dinner roll <b>Fruit &amp; Yogurt Plate</b> or <b>Pepperoni or Cheese Pizza</b> or <b>New 3 Meat or New Supreme Pizza</b> or <b>Bosco Stick &amp; Marinara</b> or <i>Mashed Potatoes</i> <i>&amp; Country Gravy</i> <i>Mixed Vegetables</i> <i>Fresh Garden Salad</i> <i>Fresh &amp; Chilled Fruit</i> <i>Milk</i>	<b>Asian Noodle Bowl with</b> <b>*Orange or Teriyaki</b> <b>Chicken</b> <b>*Chicken Egg Rolls</b> <b>Pepperoni or Cheese Pizza</b> <b>3 Meat or Supreme Pizza</b> <b>Chicken Popper Salad</b> <i>Steamed Broccoli</i> <i>Baby Carrots with ranch</i> <i>Fresh Garden Salad</i> <i>Fresh &amp; Chilled Fruit</i> <i>Good Fortune Frozen Treat</i> <i>Milk</i>	<b>Crispy Chicken Sandwich</b> or <b>Cheeseburger</b> or <b>Spicy Chicken Sandwich</b> <b>Chicken Popper Salad</b> <b>Pepperoni or Cheese Pizza</b> <b>3 Meat or Supreme Pizza</b> <b>Bosco Stick &amp; Marinara</b> <i>Oven Baked Wedge Fries</i> <i>Steamed Veggie Blend</i> <i>Fresh Garden Salad</i> <i>Fresh &amp; Chilled Fruit</i> <i>Milk</i>
Menu Information				
Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk  Our unit lunch offering consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in <b>bold</b> print	 All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain  <b>Peanut Butter &amp; Jelly Sandwich</b> <b>entrée available daily upon</b> <b>request</b>	<b>Menus subject to change.</b>  1% White Milk & Fat-Free Chocolate Milk Offered Daily at Breakfast and Lunch	<b>Lunch Prices for 2025-2026 school year**</b>  <b>Student Lunch: \$3.00</b> <b>*Premium Student Lunch: \$3.50</b>  <b>Adult Lunch: \$5.15</b> <b>*Premium Adult Lunch: \$5.65</b>	

Creekside Park Junior High School   Tomball Junior High School   Willow Wood Junior High School   Grand Lakes Junior High School

Tomball ISD Child Nutrition Services uses bar code scanners at the serving line point of sale.

A bar code is scanned on the student's I.D. card, Each TISD student is provided a student ID number and badge when enrolled.

Students are required to use their ID number/badge for every cafeteria transaction



Students and Parents can get the SchoolCafe app!



# TISD Junior High Fall Menus 2025-2026

Weekly Breakfast Menu					All Menus Subject to Change
Monday	Tuesday	Wednesday	Thursday	Friday	
Egg Frittata & Waffle or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Chicken Croissant or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Breakfast Rolled Taco or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Chicken & Waffles or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Glazed Whole Grain Donut or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	
<b>Breakfast Prices:</b> <b>Student – \$1.75</b> <b>Adult \$3.50</b>	Our unit breakfast offering includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	☛ Breakfast cereals and pastries contain at least 51% whole grain.	1% White Milk & Fat-Free Chocolate Milk Offered Daily at Breakfast and Lunch	
<p>In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <a href="https://www.usda.gov/sites/default/files/documents/ad-3027.pdf">https://www.usda.gov/sites/default/files/documents/ad-3027.pdf</a>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833)256-1665 or (202) 690-7442; or 3. email: <a href="mailto:Program.Intake@usda.gov">Program.Intake@usda.gov</a> This institution is an equal opportunity provider. 2/14/25</p>					
<p><b>PAYMENT PROCEDURES</b> Money may be deposited into student accounts with cash, check, online at <a href="http://www.schoolcafe.com">www.schoolcafe.com</a> OR through the School Cafe App</p> <p><b>STUDENT CHARGES (BORROWING/GRACE PERIOD)</b> Students may charge <u>meals</u> up to the value of two breakfasts and two lunches (\$9.50 for Junior High). An automated phone call occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entree for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte items are <u>not</u> available for charging.</p> <p><b>FREE/REDUCED-PRICE MEAL PROGRAM</b> We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at <a href="http://www.schoolcafe.com">www.schoolcafe.com</a> or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.</p>					

You can apply to qualify for free or reduced priced meals at  
<https://www.schoolcafe.com/>

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at [www.schoolcafe.com](http://www.schoolcafe.com) A la Carte /snacks are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures.

There is a third party fee to deposit money online to student accounts. It is always free to deposit with cash or check at the school cafeteria. Please send cash or check in sealed envelope with your student's name and ID number.

