## **SEPTEMBER 2025**

No Charge for Meals Milk \$0.60

BERMUDIAN SPRINGS SECONDARY SCHOOLS

## Wednesday Monday Tuesday Friday **Thursday** Sausage Egg N Cheese Bagel MEMORIAL DAY Fresh Baked Cinnamon Rolls? Ham Egg N Cheese Croissant French Toast Sticks 5 Assorted Cold Cereal Breakfast Potato Assorted Cold Cereal Sausage Links Assorted Pop tarts Assorted Cold Cereal Assorted Pop tarts Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Pop tarts Fruit & Yogurt Parfaits Fruit & Yogurt Parfaits Assorted Fruit Assorted Fruit Fruit & Yogurt Parfait Assorted Fruit Assorted Juice Assorted Juice Assorted Fruit Assorted Juice Assorted Juice Day 1 Day 5 Day 6 Day 2 Fresh Baked Cinnamon Rolls 0 Ham Egg N Cheese Croissant Sausage Egg N Cheese Bagelo Assorted Doughnut Holes French Toast Sticks 12 Assorted Cold Cereal Assorted Cold Cereal Assorted Cold Cereal **Breakfast Potato** Sausage Links Assorted Pop tarts Assorted Pop tarts Assorted Pop tarts Assorted Cold Cereal Assorted Pop tarts Assorted Fruit Fruit & Yogurt Parfaits Fruit & Yogurt Parfaits Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Fruit Assorted Fruit Assorted Juice Assorted Fruit Fruit & Yogurt Parfait Assorted Juice Assorted Juice Assorted Fruit Assorted Juice Day 3 Day 4 Day 5 Day 6 Assorted Juice Day 1 Ham Egg N Cheese Croissant 8 Assorted Doughnut Holes 15 Sausage Egg N Cheese Bagel 6 Fresh Baked Cinnamon Rolls 7 French Toast Sticks 19 Assorted Cold Cereal Assorted Cold Cereal Breakfast Potato Assorted Cold Cereal Sausage Links Assorted Pop tarts Assorted Pop tarts Assorted Pop tarts Assorted Cold Cereal Assorted Pop tarts Fruit & Yogurt Parfaits Fruit & Yogurt Parfaits Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Fruit Assorted Fruit Assorted Fruit Fruit & Yogurt Parfait Assorted Fruit Assorted Juice Assorted Juice Assorted Juice Assorted Fruit Assorted Juice Day 4 Day 5 Day 6 Day 2 Day 3 Assorted Juice Sausage Egg N Cheese Bage Ham Egg N Cheese Croissant 5 Assorted Doughnut Holes 22 Fresh Baked Cinnamon Rolls French Toast Sticks 26 Assorted Cold Cereal Assorted Cold Cereal Assorted Cold Cereal Breakfast Potato Sausage Links Assorted Cold Cereal Assorted Pop tarts Assorted Pop tarts Assorted Pop tarts Assorted Pop tarts Assorted Fruit Fruit & Yogurt Parfaits Fruit & Yogurt Parfaits Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Fruit Assorted Fruit Fruit & Yogurt Parfait Assorted Fruit Assorted Juice Assorted Juice Assorted Juice Assorted Fruit Assorted Juice Day 3 Day 1 Day 2 Assorted Juice Day 4 Day 5 Assorted Doughnut Holes 29 Sausage Egg N Cheese Bagelo Assorted Cold Cereal Assorted Cold Cereal Assorted Pop tarts Assorted Pop tarts Fruit & Yogurt Parfaits Assorted Fruit Assorted Fruit Assorted Juice Assorted Juice Day 1 Day 6

