

# Schuylkill Valley High School

## August 2025



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk

Students **MUST** select a **MINIMUM** of 3 meal components offered and 1 **MUST** be a fruit or vegetable

A selection of white and flavored 1% Milk is offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			21	22
			Walking Tacos w/ ALL the toppings Mexican Beans, Buttered Corn Fresh Vegetables, Fresh Fruit	Chick-Fillet Sandwich Scalloped Potatoes. Glazed Carrots Side Salad Fresh Fruit
25	26	27	28	29
Chicken Nuggets w/ Dinner Roll Smiley Fries California Blend Vegetables Fresh Vegetables, Fresh Fruit	Bacon, Egg & Cheese on Croissant Hash Brown Buttered Peas, Veggie Cup Fresh Fruit	Burger w/wo Cheese or Bacon ALL the fixings Broccoli Salad Fresh Fruit	Rotini Pasta w/ Meat sauce Texas Toast Side Salad Fresh Fruit	SCHOOL CLOSED



Menu is subject to change

This institution is an  
equal opportunity provider.

Additional Entrée Items Offered:

Pizza  
PB&J

Entrée Salads  
Subs & Wraps  
Yogurt Parfaits

MEAL PRICES  
Breakfast - Free for ALL Students  
Paid Lunch Cost - \$3.10

