Norwich Public Schools

Family Resource Guide

2025

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2-1-1 Statewide Resource

2-1-1 or www.211ct.org
2-1-1 is a free, confidential information and referral service that connects people to essential health and human services 24 hours a day, seven days a week online and over the phone. Ability to communicate in 150 languages on the phone.
CRISIS HELP LINES

Housing Emergency
CALL 211 INFO LINE and press #3 and #1 if you are homeless or in a housing emergency. You must call 211 first for any housing emergency.

Child in Crisis: 2-1-1
www.empsct.org

DCF Child Abuse and Neglect 24-hour Careline:
1-800-842-2288
www.ct.gov/dcf

DMHAS Addiction Treatment 24-hour Hotline:
1-800-563-4086
www.ct.gov/dmhas

Domestic Violence/Sexual Assault 24-hour Helpline:
1-888-774-2900
www.ctcadv.org
National Domestic Violence 24-hour Hotline:
1-800-799-7233
www.thehotline.org

Emergency Mobile Psychiatric Services (adults):
(860) 886-9302
www.ct.gov/dmhas

National Human Trafficking Hotline:
1-888-373-7888
https://humantraffickinghotline.org

National Runaway 24-hour Safeline:
1-800-786-2929
www.1800runaway.org

National Substance Abuse/Mental Health 24-hour Helpline:
1-800-662-4357
www.samhsa.gov

National Suicide Prevention 24-hour Lifeline:
1-800-273-8255
www.suicidepreventionlifeline.org

Police/Fire Emergencies: 9-1-1
This Community Resource is not a complete list of all area providers, nor does it imply recommendation or responsibility on the part of the Norwich Public Schools. This information is provided as a courtesy to families who are looking to get help or support at their own expense. For additional information regarding any provider, please contact the provider of service(s) directly.

Food Assistance

Catholic Charities
331 E. Main Street Norwich, CT 06360
Phone: (860) 889-8346
www.ccfsn.org
Family service agency provides family and individual support services, including one on one crisis intervention, pregnancy support, parenting education, job readiness assistance, intensive case management, emergency food, emergency basic needs, rental/utility assistance, financial and budgeting education, SNAP food stamps application assistance, and referrals to other social service agencies.

Norwich Human Services
100 Broadway Room 212 Norwich, CT 06360
Adult and Family Services (860) 823-3778 Fax: (860) 823-3793
Rose City Senior Center (860) 889-5960 Fax: (860) 885-1160
www.norwichct.org/212/Human-Services
Programs and services include case management assistance, child care assistance, emergency rent/mortgage assistance, food resources, heat/utility assistance, and relocation assistance.
One of the best resources for finding providers in the area.

Rosalyn Allen Food Pantry at UCFS Healthcare
47 Town Street Norwich, CT 06360
Drive-Thru food distribution, every Wednesday 2-3pm
Information collected: Last name, total number of people in the household.
https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates/
See UCFS Facebook for more dates.https://www.facebook.com/UCFS1877

Feed the Sheep Food Pantry at Eglise Evangelique Psaumes 23 Church
134 Boswell Avenue, Norwich CT 06360
Phone: 860-574-0682
Food Pantry Hours Every Friday 3-5pm (Weather permitting)
Community Outreach Center at Lee Memorial United Methodist Church
294 Washington Street Norwich, CT 06360
Phone: 860-822-6595
Food Pantry Hours: Every Friday 1-2pm
https://www.leememorialumc.org/coomunity-oureach-center

St. Vincent De Paul Place
120 Cliff Street Norwich, CT 06360
Phone: (860) 889-7374
www.svdpp.org
Hot Meals: Breakfast Monday to Saturday 8:00 a.m. – 10:00 a.m., Lunch 11:30 a.m. – 1:00 p.m.
Food Pantry Hours: Monday & Wednesday 9:30-12:00 & 1:00 p.m.–3:00p.m., Saturday, 9:00 a.m. – 12:00p.m.
Shower available Monday – Saturday, 7:30 a.m. - 12:00 noon. No laundry at this time.

WIC Norwich Office
401 Thames River Pl #201 Norwich, CT 06360
860-425-6562
Provides access to supplemental foods, health care referrals, nutrition education, and breastfeeding promotion and support to low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

SNAP- Supplemental Nutrition Assistance Program
Norwich Field Office
401 West Thames Street Norwich, CT 06360
(855) 626-6632
Apply online, visit www.connect.ct.gov under “Apply for Benefits.”
Apply over the phone with End Hunger CT: (866) 974-SNAP (7627) (Night and Weekend Hours available, English and Spanish speaking)
Federally funded debit card that can be used for food at supermarkets, grocery stores and farmers’ markets.
Funding is based on income and household size. SNAP cards can also be used ONLINE at Wal-Mart, Stop and Shop, BJs Wholesale Club, Aldi, Price Chopper, Amazon, ShopRite

NPS Loft
191 Hickory Street, Norwich, CT 06360
860-984-8879
Providing resources for NPS families (clothing, food, shoes, hygiene products, and school supplies).
By appointment only.

Housing

Housing Emergency
CALL 211 INFO LINE and press #3 and #1 if you are homeless or in a housing emergency

Section 8- Housing Voucher Program
Section 8 or the Housing Choice Voucher Program, provides families and individuals with a housing subsidy to provide safe, affordable housing.The rent paid by participants is determined by a formula that examines the households income, how many people are in the house and the cost of housing. Participants pay roughly 40% of their gross income toward rent.
Section 8 - Housing Voucher Program Waitlist http://www.cthcvp.org/
CT Section 8 Housing Choice Voucher Program Website
https://portal.ct.gov/DOH/DOH/Programs/Section-8-Housing-Choice-Voucher-Program

Utility Assistance

Norwich Human Services
100 Broadway Norwich, CT 06360
860-823-3778
Our mission is to provide immediate services to residents in crisis and to develop and administer services that help people become self-sufficient and reach their maximum potential.

CEAP- CT Energy Assistance Program
Administered by Thames Valley Council for Community Action (TVCCA)
Energy Assistance including heat, water, and sewer bills.
860-425-6681
https://www.tvcca.org/energy-assistance/

Catholic Charities
See food for detailed information (Page 4)

Project Warm-Up
Applications taken through the United Way of Southeastern Connecticut
283 Stoddards Wharf Rd Gales Ferry, CT 06335
860-464-3325
https://www.uwsect.org/project-warm
Project Warm-Up is a heating assistance program of United Way of Southeastern Connecticut which collaborates with other local service providers to meet the home heating needs of families in southeastern Connecticut who are experiencing a short-term crisis.

Domestic Violence

Safe Futures
Norwich Counseling
241 Main Street 2nd Floor, #102 Norwich, CT 06360
Phone: (860) 447-0366 x265
Provides assistant for anyone involved in domestic violence or who was sexually assaulted.

Safe Futures (Main Office)
16 Jay Street New London, CT 06320
Phone: (860) 447-0366 Fax: (860) 440-3327
www.safefuturesct.org
24-Hour Hotlines: Domestic Violence (860) 701-6000; Sexual Assault (860) 701-6001
24/7 Crisis Helpline: 1-888-774-2900

Healthcare

United Community & Family Services
Community Health Center
47 Town Street Norwich, CT 06360
Phone: (860) 892-7042
www.ucfs.org
Adult & Pediatric primary care, Women's Health Services, Geriatrics, Foster Care Clinic, Healthy Start, Access to Care Specialist, Dental Services, Medical Home Initiative, and Outpatient Behavioral Health.

Generations Family Health Center
W. W. Backus Medical Office Building
330 Washington St. Suite 510 Norwich, CT 06360
www.genhealth.org/
860-885-1308
Affordable health care, sliding scale based on income.

Health Insurance

Access Health CT
https://www.accesshealthct.com/ or call (855) 805-4325
Access Health CT is Connecticut's official health insurance marketplace, where you can shop, compare and enroll in healthcare plans. It is the only place where you can qualify for financial help to lower your costs, or be eligible for free or low-cost coverage through Medicaid/HUSKY

CHOICES Program
Rose City Senior Center
8 Mahan Drive Norwich, CT 06360
860-889-5960
CHOICES (Connecticut's program for Health insurance assistance, Outreach, Information and referral, Counseling, and Eligibility Screening) helps Connecticut's older adults and persons with disabilities understand their Medicare coverage and healthcare options. Certified CHOICES counselors across the State provide free, objective, person-centered assistance so Medicare beneficiaries can make informed choices about their Medicare options and related benefits. CHOICES provides counseling on all types of Medicare and related insurances, including Medicare Part A, Part B, Part D, and Medicare Advantage.

Mental Health

Community Health Resources
55 Main Street, Suite 410 Norwich, CT 06360
Phone: (860) 885-6054
www.chrhealth.org
Comprehensive, non-profit behavioral healthcare provider of services for children, families, and adults dealing with mental illness, addiction, or trauma.
Specialize in PPP, great parenting program from 0-17 with a focus on a circle of security. No wait list.

The Connection Center for Behavioral Health
101 Water Street Norwich, CT 06360 Phone: (860) 425-5258
https://www.theconnectioninc.org/behavioral-health-services/
Substance use and mental health treatment services.

Reliance Health, Inc.
40 Broadway Norwich, CT 06360
Phone: (860) 887-6536
www.reliancehealthinc.org
Partners with adults experiencing mental health, addiction, and developmental disabilities to enhance their quality of life. Programs include community rehabilitative services, social rehabilitative services, residential services, outreach services, and continuum of care.
Excels at dual diagnosis of parent and child.

Norwich Youth and Family Services
75 Mohegan Road Norwich, CT 06360
www.norwichct.org
Programs include youth development, juvenile justice, family involvement, mental health services, child welfare, teen pregnancy prevention, and community outreach.

Norwich Psychiatric Center
108 New London Turnpike, Suite 1 Norwich, CT 06360
Phone: (860) 889-3052
Psychiatry, medication management, depressive disorders, post-traumatic stress.

National Alliance on Mental Illness (NAMI)
1030 New Britain Ave, Suite 201 West Hartford, CT 06110
Phone: (860) 882-0236 Email: admin@namict.org
www.namict.org
Provides support, education, and advocacy to people living with mental illness, their family members, friends, professionals, and the public at large.
Support group-based service.

Family Care Connections
Website with information on locations for mental health support for children.
https://www.connectingtocarect.org/support-services/

Counseling

Artworks
49 Church Street Norwich, CT 06360 Phone: (860) 889-2413
Individual, group, and family expressive art therapy using visual arts, movement, music, drama, and creative writing.

Christian Counseling Center of Southeastern, CT
214A Thames Street Groton, CT 06340 Phone: (860) 287-0962
www.christiancounselingcentersect.org
Couples and marriage consulting, pre-marital consulting, pre-remarriage consulting, family therapy, children's therapy – 9 years old and up.

Comprehensive Psychiatric Care
200 West Town Street Norwich, CT 06360 Phone: (860) 886-1508
www.cpccare.com
Services include Individual Therapy, Medication Management/Psychopharmacology, Diagnostic Assessment, Couples Counseling, Family Therapy, Child Therapy, Substance Abuse Treatment, Parent Consultation, and Group Therapy.

Connecticut Behavioral Health Associates, P.C.
22 Case Street Norwich, CT 06360 Phone: (860) 823-1399
www.ctbehavioralhealthassociates.com
Services include Individual and family therapy, and medication evaluation and management.
Will provide medications and uses medicated treatment programs.

Schaperow Psychology Center & Associates
567 Vauxhall St Ext, Suite 207 Waterford, CT 06385 Phone: (860) 447-2047
They offer psychotherapy and counseling to individuals, families, couples, and children ages two and up. They also offer psychological and educational testing.

Select Behavioral Health, LLC.
72 New London Turnpike Norwich, CT 06360 Phone: (860) 886-8122
Services include psychiatric evaluation, medication management, and psychotherapy and counseling.

Susan K. Ford-Macduff, LMFT
215 West Town Street Norwich, CT 06360 Phone: (860) 892-4099
Individual practitioner offering individual, couples, and family therapy to all age groups.

The Cove Center for Grieving Children
250 Pomeroy Ave Suite #107 Meriden, CT 06450
Phone: (203) 634-0500 or Toll Free: 1-800-750-2683 www.covect.org
They provide family and school-based programs utilizing the peer support group concept for helping children, teens, and families work with their unresolved grief due to the death of someone significant in their lives and other traumatic losses.

Addiction

Alcoholics Anonymous
AA Answering Service 1-866-783-7712 or 1-855-377-2628 (Spanish)
To find a local meeting, https://ct-aa.org/meetings/?tsml-day=any&tsml-region=norwich

Al-Anon/Alateen Family Groups of Connecticut
277 Main St Hartford, CT 06106
Toll Free: 1-888-825-2666 www.ctalanon.org
Referral services to meetings and support groups for those with a drinking problem, or help and mutual support for families and friends of someone with a drinking problem.
Meeting locations by town: https://www.ctalanon.org/meetings/meetings-by-town

Community Speaks Out, INC.
214B Thames Street Groton, CT 06340
Phones: (860) 823-8771 or (860) 271-1835 www.communityspeaksout.org
Support for families facing addiction and substance abuse, by helping them navigate through the process of getting addicted family members into treatment through financial and logistical assistance.
Great resource. Youth group impacted by substance use with adult groups too. They help with recovery supports, detox, and support for loved ones.

Connecticut Addiction Medication, LLC.
4 Broadway Norwich, CT 06360 (Parking at 67 Church St.)
General- (860) 462-6400 Norwich Office- (860) 222-9559
www.ctaddictionmedicine.com
Provides high-quality care for persons seeking to recover from substance abuse/addictive disorders.
Provides medications to help with addictions.

Project Courage
251 Main Street, Suite 101 Old Saybrook, CT 06457
Phone: (860)-388-9656 http://projectcourageworks.com
Substance abuse recovery center offering a wide range of services for adolescents and young adults.
Expanding into the Colchester area.

Southeastern Council on Alcoholism and Drug Dependence, INC.
Administrative Offices: 37 Camp Mooween Road Lebanon, CT 06249
Phone: 860.447.1717 www.scadd.org
An organization dedicated to helping people and their families with alcohol and substance abuse problems. For all adults with substance abuse concerns.

The Connection, INC.
100 Roscommon Drive, Suite 203 Middletown, CT 06457
Phone: (860) 343-5500 or Toll Free Helpline: 1-855-435-7955
www.theconnectioninc.org
Provides family support services, behavioral health services, and community justice services.

Family Support Providers

Thames Valley Council for Community Action, INC. (TVCCA)
1 Sylvandale Road Jewett City, CT 06351 Phone: (860) 889-1365
401 West Thames Street, Unit 201 Norwich, CT 06360 Phone: (860) 889-1365
www.tvcca.org
Provides a broad spectrum of comprehensive services to individuals and families. These services include energy assistance, education, employment, food & nutrition, including the meals on wheels program, housing, financial, and case management services.

Child and Family Agency of Southeastern Connecticut
255 Hempstead Street New London, CT 06320 Phone: (860) 437-4550
www.childandfamilyagency.org
Their programs deal with the prevention of child abuse, the treatment of family violence, teen pregnancy, children's health care, childcare, parent education, and children's mental health. They operate School Based Health Centers in many schools.
*Strong program that excels in the services they provide. *

Community Based Behavioral Health Services UCFS
77 East Town Street Norwich, CT 06360
Phone: (860) 892-7042 Care Coordination Referral: (860) 822-4176
Programs: Caregiver Support Team, Intensive Family Preservation, Triple P-Positive Parenting, Multidimensional Family Therapy, EMPS-Crisis Intervention, Family Based Recovery, Child First, Early Childhood Consultation Partnership, and Care Coordination.
Strong PPP program

Lawrence and Memorial Hospital- Behavioral Medicine
365 Montauk Ave New London, CT 06320 Phone: (860) 442-0711
www.lmhospital.org
The Ambulatory Psychiatric Services unit, out-patient behavioral health, offers three treatment programs. The Intensive Out-Patient Program provides group psychotherapy services to adults. Dialectical Behavioral Therapy is a cognitive behavioral treatment approach offered to adolescents and adults through a group therapy model. Outpatient counseling is offered through several primary care providers in New London County.

Waterford Country School
78 Hunts Brook Road Quaker Hill, CT 06375 860.442.9454
Outpatient clinic- 2 Clinic Drive, Norwich, CT 06360 860.886.7500
The Norwich office treats trauma, as well as the behavioral, emotional, and mental health issues of children ages 3-18. They also offer individual, family, and group therapy. Psychiatric consult can be arranged for psychotropic medication needs, too.

Natchaug Hospital/Joshua Center Thames Valley
11A Stott Ave Norwich, CT 06360
Phone: (860) 823-5320 www.natchaug.org
Partial Hospitalization Program, Intensive Outpatient Services, Extended Day Treatment and Clinical Day Treatment programs. Treats children 6 to 17 years old who are struggling with psychiatric or substance abuse issues, but do not require inpatient care.

Natchaug Hospital/ Inpatient Treatment
189 Storrs Road Mansfield, CT 06250
Phone: (860) 456-1311 or Toll Free: 1-800-426-7792
www.natchaug.org
Provides a wide range of Inpatient and Outpatient psychiatric, psychological, and substance abuse treatment for children, adolescents, and adults.

Clothing

NPS Loft
191 Hickory Street, Norwich, CT 06360
860-984-8879
Providing resources for NPS families (clothing, food, shoes, hygiene products, and school supplies). By appointment only.

Goodwill Store and Donation Center
201 Salem Turnpike Norwich, CT 06360
Phone: (860) 204-0018 www.goodwillsne.org
Madonna Place
240 Main Street Norwich, CT 06360
Phone: (860) 886-6600
www.madonnaplace.org
Clothing and household items are available to program participants. See more information under Parenting Classes.

Assistance for Spanish Speakers

Centro De La Communidad, INC.
109 Blinman Street New London, CT 06320
Phone: (860) 442-4463 www.centro-sect.org
The agency offers translation services, job assistance, GED, computer, English and Spanish enrichment courses, and social services to ensure access to food, housing, and health care. Also offers adult and youth enrichment programs.

LEAD
48 Franklin Street, Norwich, CT 06360
860-222-3840
LEAD seeks to provide quality educational options, programs, and services for children and families throughout Connecticut.

Reproduction

Planned Parenthood
12 Case Street Norwich, CT 06360
860-89-5211- phone interpreter is available and they can provide an interpreter for your visit.
https://www.plannedparenthood.org/health-center/connecticut/norwich/06360/norwich-center-2217-90220
Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care.

Intellectual and Developmental Disabilities

The Arc New London County
125 Sachem Street Norwich, CT 06360
Phone: (860) 889-4435 Email- info@thearcect.org
www.thearcnlc.org
For people with intellectual and developmental disabilities. Family advocacy, employment services, life skills training, recreation, residential services, respite program.
The Arc excels at advocating for people with disabilities.

Disabilities Network of Eastern Connecticut, INC.
19 Ohio Ave Norwich, CT 06360
Phone: (860) 823-1898 www.dnec.org
Provide advocacy, peer mentoring, independent living skills training, ramp & stair lift help, and employment, deaf, and vision impaired services for individuals with disabilities and their families.
Provides a case management system to assist individuals with disabilities.

FAVOR, INC.
185 Silas Deane Highway Wethersfield, CT 06109
Phone: (860) 563-3232
www.favor-ct.org
FAVOR offers a single place for families with children who have medical, mental, emotional, and behavioral health challenges to find information, assistance and training.
Great for a family that needs help navigating the educational system, untangling the SPED process, and provides a parent support network.

Home and Apartment Purchase/Rental Assistance

Thames Valley Council for Community Action, INC. (TVCCA)
1 Sylvandale Road Jewett City, CT 06351
Phone: (860) 889-1365 Fax: (860) 885-2738
401 West Thames Street, Unit 201 Norwich, CT 06360
Phone: (860) 889-1365
www.tvcca.org
Provides a broad spectrum of comprehensive services to individuals and families. These services include energy assistance, education, employment, food & nutrition, including the meals on wheels program, housing, financial, and case management services.

Transportation

Transportation To Work/ Rides for Jobs + Car- Based Solutions
Agency- Eastern Connecticut Transportation Consortium
601 Norwich- New London Turnpike Suite 1 Uncasville, CT 06382
860-848-5910 www.ectcinc.org
Offers transportation for low-income individuals for employment related activities including job search, training, education, jobs, child care, and interviews. The most cost effective means of transportation is utilized for each individual.
Car Based Solutions component of the program assists individual whose vehicle is used for employment with repairs or vehicle related incidentals (such as licenses, emissions, and registrations). The program covers 90% of repair or incidental costs up to a maximum limit.

Child Care

Care 4 Kids
1344 Silas Deane Highway 3rd Floor
Rocky Hill, CT 06067
Phone: 1-888-214-KIDS (5437)

To apply online visit, https://www.ctcare4kids.com/
Care 4 Kids helps low to moderate income families in Connecticut pay for child care costs. This program is sponsored by the Connecticut Office of Early Childhood. The website includes an eligibility screening tool and also allows you to apply online

Parenting Classes

LEARN
44 Hatchetts Hill Rd Old Lyme, CT 06371
Early Care & Education: (860) 434-4800 x125
Birth to Three: (860) 434-4800 x138 Fax: (860) 434-4837
www.learn.k12.ct.us
Learn's Young Children and Families initiates, supports, and provides services for families and young children. The Early Care and Education Department provides early childhood services. The Birth to Three program provides services to families of infants and toddlers with developmental delays or disabilities in compliance with the Individuals with Disabilities Act.

Catholic Charities
331 E. Main Street Norwich, CT 06360
Phone: (860) 889-8346
www.ccfsn.org
Family service agency provides family and individual support services, including one on one crisis intervention, pregnancy support, parenting education, job readiness assistance, intensive case management, emergency food, emergency basic needs, rental/utility assistance, financial and budgeting education, SNAP food stamps application assistance, and referrals to other social service agencies.

Madonna Place
240 Main Street Norwich, CT 06360
Phone: (860) 886-6600 Fax: (860) 892-5411
www.madonnaplace.org
Family/Parenting Support Center
Center based services include: a place for families to receive informal counseling, and education from staff, receive information and referrals, utilize a client telephone, prepare meals for their families, and receive basic needs or emergency assistance. The Center also provides baby equipment, formula, diapers, clothing and household items as well as parenting classes, cooking/nutrition classes, adult education/English as a second language programming, socialization activities, and other self-improvement programs.
Great for parent support for little kids, including a new teen/young parent program.

Norwich Family Resource Center
Located at Mahan & Veterans Elementary
The Family Resource Center has parenting classes and playgroups for parents in the Norwich area.

Interventions

Comprehensive Early Intervention Supports
Beacon Services of Connecticut
162 West Street, Building 2, Suite F Cromwell, CT 06416
www.beaconct.org
Beacon Services of Connecticut (Beacon) is a private group practice of behavior analysts and multidisciplinary early intervention professionals organized to provide therapeutic services to individuals with developmental disabilities. The practice specializes in providing evidence-based treatment interventions to support children and families in reaching their highest potential. Beacon works extensively with individuals who exhibit a variety of developmental needs and challenging behaviors by building adaptive skills in homes, schools, and community settings. Beacon actively contributes to the fields of Applied Behavior Analysis (ABA) and Early Intervention (EI)

Creative Interventions
835 Bloomfield Ave Windsor, CT 06065 860-413-9538
www.creativeinterventions.net
Creative Interventions offers home based and school-based programming, Birth to Three, developmental assessments, skills assessments, ABA consultation and therapy, professional development workshops, and social skills.

SARAH, INC- KIDSTEPS
1620 Boston Post Road Westbrook, CT 06498 203-453-7592
https://sarah-inc.org/

Specialties in Autism

Creative Interactions
see above under Interventions- comprehensive early intervention supports

SARAH, INC- KIDSTEPS
see above under Interventions- comprehensive early intervention supports

Specializes in Deaf/HoH

American School for the Deaf
139 North Main St West Hartford, CT 06107
www.asd-1817.org
An elementary, middle, and high school that also offers a behavioral residential program.

CREC Soundbridge
123 Progress Drive Wethersfield, CT 06109
860-529-4260
www.crec.org/soundbridge/
Soundbridge is a regional program that provides specialized expertise and technology to promote listening and speaking in children with hearing loss. Soundbridge provides a full continuum of services designed to meet the varied needs of children with hearing loss from birth to 22.

Recreation and Youth Programs

Norwich Youth and Family Services
75 Mohegan Road Norwich, CT 06360
Phone: (860) 823-3782 Fax: (860) 823-6031
www.norwichct.org
Programs include youth development, juvenile justice, family involvement, mental health services, child welfare, teen pregnancy prevention, and community outreach.

Norwich Recreation Department
75 Mohegan Road Norwich, CT 06360
Phone: (860) 823-3791 Fax: (860) 823-3830
www.norwichct.org/287/Recreation
The recreation department offers a full range of recreational activities for children and adults.

Boys & Girls Club of Southeastern Connecticut
Administrative Office
59 Federal Street New London, CT 06320
Phone: (860) 574-9040
Email- info@bgcsect.org
www.bgcsect.org
Core areas of programming include: Education and career development, sports, fitness, recreation, character building, leadership, the arts, and health & life skills.

Otis Library

Free museum passes:

- Children's Museum of Southeastern Connecticut - 4 free passes
- Connecticut's Old State House - 4 free passes
- Custom House Maritime Museum - 2 free adult passes
- Denison Pequotsepos Nature Center - 5 free passes
- Florence Griswold Museum - Free passes for 2 adults and 2 children
- Old Sturbridge Village (MA) 50% off Standard Daytime Admission for one party up to 4 individuals with pass.
- The Roger Williams Park Zoo (RI) $3.00 discount with Pass
- The Slater Memorial Museum - Free admission with pass

Job Training and College

Three Rivers Community College
574 New London Turnpike Norwich, CT 06360
860.215.9000
Three Rivers offers 21 CSCU pathway transfer degrees, 11 certificate and 47 degree programs. All degrees are at the associate level. Questions about paying for the program or help with financial aid, call the cashier's office at 860.215.9026.

CTHires
https://www.cthires.com/vosnet/Default.aspx
A state program that helps job seekers find workshops, find careers, job fairs, and finding jobs in general. This program is run through the CT Department of Labor.

Montville American Job Center
601 Norwich New London Turnpike, Suite 1
Uncasville, CT 06382
Monday through Friday 8am- 4:15pm.
860.848.5200
The American Job Center is open for virtual and in-person assistance. They also hold recruitment events as well.

Assistance Filing Taxes

VITA- Volunteer Income Tax Assistance
Tax assistance is for people with annual incomes at or below $58,000, regardless of household size. Anyone, regardless of age, can use a VITA site for assistance. VITA volunteers help taxpayers prepare basic federal and Connecticut state tax forms, but do not assist with out-of-state tax forms. https://www.tvcca.org/financial-services/vita/#

MyFreeTaxes
https://myfreetaxes.com/
MyFreeTaxes helps people file their federal and state taxes for free by the United Way.

Legal Services and Citizenship

Lawyer Referral Services
P.O. Box 1052 Groton, CT 06340
860-889-9384
www.nlcba.org
Lawyer referral service for New London County matches callers with attorneys who are qualified to handle the callers' legal questions. Clients receive a 30-minute consultation for a small fee. Consultations are conducted in the attorney's office unless alternative arrangements can be set up with the attorney. Pro bono (free) services are not available through the lawyer referral service. A directory of New London County Bar Association attorneys is available at the website.

Otis Library
261 Main St. Norwich, CT 06360
Otis Library, in partnership with the Connecticut Bar Association, is now working with local attorneys to offer the program "Lawyers in Libraries." If you have questions or a case that involves immigration law, family law, consumer rights, personal injury, or a landlord/tenant conflict, you can sign up to meet with an attorney for free for 20 minutes regarding your case. Attorneys will be on-site at the Library on the 4th Wednesday of each month from 4-6pm. To book an in-person appointment, please register one week in advance; call Otis Library at 860-889-2365, ext. 128. Bring any case-related materials you have to the meeting so that the attorney can provide their best assistance. Please note that masks are required in the Library.
CONTACT: Julie Menders 860-889-2365 x128 jmenders@otislibrarynorwich.org

Statewide Legal Services of Connecticut
https://www.slsct.org/
Civil Cases Only Advocates can help with legal questions about family, public benefits, housing, unemployment and other problems.

Hospice

Center for Hospice Care Southeast Connecticut
227 Dunham Street Norwich, CT 06360
Phone: (860) 848-5699
www.hospicesect.org
Provide clinical care and counseling services to terminally ill patients and their families, regardless of age, financial status, or the particular illness involved.
Well-run grief groups that use expressive art. They use animals to assist with coping. Their groups are their strongest asset.

CT State Agencies & Services

Connecticut Office of Early Childhood
450 Columbus Blvd. Hartford, CT 06103
Phone: (860) 500-4412 www.ct.gov/oec
Oversees a coordinated system of early childhood care, education, and support.

Connecticut Birth to Three System
450 Columbus Blvd. Hartford, CT 06103
Questions: 1-800-505-7000 Enrolled: 866.888.4188
www.birth23.org
Assists and strengthens the capacity of families to meet the developmental and health-related needs of infants and toddlers who have delays or disabilities.

Department of Children & Families
2 Courthouse Square Norwich, CT 06360 Phone: (860) 886-2641
Provides child-centered, family focused, community-based services throughout Connecticut.

DCF Central Office
505 Hudson Street Hartford, CT 06106
Phone (860) 550-6300 www.ct.gov/dcf

Child Abuse and Neglect 24-hour Careline: 1-800-842-2288

Superior Court for Juvenile Matters
978 Hartford Turnpike Waterford, CT 06385
Deputy Chief Clerk (860) 440-5880
Probation Supervisors (860) 440-5890 Fax: (860) 440-5865
www.jud.ct.gov

State of Connecticut
Network of Care for Behavioral Health
www.connecticut.networkofcare.org
A website resource for individuals, families, and agencies concerned with mental/Behavioral health.
Department of Mental Health & Addiction Services
Southeastern Mental Health Authority
401 West Thames St, Building 301 Norwich, CT 06360
Phone: (860) 859-4500
Emergency Mobile Psychiatric Services Crisis Line (adults): (860) 886-9302
DMHAS addiction Treatment 24 hour hotline: (800)563-4086
www.ct.gov/dmhas
Promotes and administers comprehensive, recovery-oriented services in the areas of mental health treatment and substance abuse prevention and treatment.

Department of Social Services
401 West Thames St, Unit 102 Norwich, CT 06360
Toll Free: 1-855-626-6632 www.ct.gov/dss
Persons with speech or hearing difficulties: 1-800-842-4524
Provide services to children, families, adults, people with disabilities and the elderly. Services include health care coverage, child care, child support, long-term care & supports, energy assistance, food & nutrition aid, and program grants.