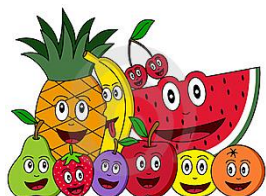


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 W/C 01/09 22/09 13/10 10/11 01/12 05/01 26/01	1. Cheese and Tomato Pizza (v) 2. Chicken Tikka Curry with Rice & Naan Bread 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Waffle with Yoghurt (v)	1. “Nut Free” Pesto & Roasted Vegetable Tomato Pasta (v) 2. BBQ Chicken Thigh with Yellow Rice 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Pear & Cocoa Sponge Cake (v)	1. Vegetable Fajita (v) 2. Beef Lasagne 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Orange Jelly (ve)	1. Quorn Sausages, Mashed Potato & Gravy (v) 2. Pork Sausages, Mashed Potato & Gravy 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Fresh Fruit Platter (ve)	1. Jacket Potato – Cheese (v), Beans (Ve) or Tuna 2. Breaded Fish and Chips Shortbread Biscuit (ve)
WEEK 2 W/C 08/09 29/09 20/10 17/11 08/12 12/01 02/02	1. Vegetable Pizza (v) 2. Chicken & Vegetable Pie with Mashed Potato 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Fruity Pancake (v)	1. BBQ Quorn with Yellow Rice (v) 2. Spaghetti Bolognese with Garlic Bread 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Apple & Cinnamon Sponge Cake with Custard (v)	1. Tomato, Vegetable & Cheese Puff Pastry Pin Wheels (v) 2. Sticky Honey Salmon Stir-Fry Noodles 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Cocoa Whip (v)	1. Quorn Nuggets with Potato Wedges (ve) 2. Breaded Chicken Strips with Potato Wedges 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Fruit Smoothie (ve)	1. Jacket Potato – Cheese (v), Beans (Ve) or Tuna 2. Breaded Fish and Chips Cheese and Crackers (v)
WEEK 3 W/C 15/09 06/10 03/11 24/11 15/12 19/01 09/02	1. Lentil Spaghetti Bolognese with Garlic Bread (v) 2. Lightly Spiced Cajun Chicken & Sweetcorn Pizza 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Strawberry & Vanilla Mousse (v)	1. Macaroni Cheese (v) 2. Mild Chilli Con Carne Tacos 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Carrot Cake (v)	1. Quorn Fillet, Roast Potatoes and Gravy (ve) 2. Roast Chicken, Roast Potatoes and Gravy 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Apple Pie & Custard (v)	1. Quorn Burger with Herby Diced Potatoes (v) 2. Beef Burger in a Bun with Herby Diced Potatoes 3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna Fresh Fruit Platter (ve)	1. Jacket Potato – Cheese (v), Beans (Ve) or Tuna 2. Breaded Fish and Chips Crunch Cookie (ve)

All main meals are served with a side of daily vegetables!

(V) Vegetarian, (Ve) Vegan



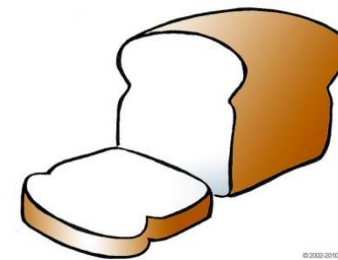
Available Daily- Fresh Fruit



Yoghurt



Salad



Bread