

## Stillwater Area Ponies 9-12 Basic Information and Practice Calendar

**Who:** Grades 9-12

**When:** Aug. 12 - Nov. 2024

**School in Session Practice Schedule:** 3:30 - 6:30 PM on school days and non-school days. Saturday practices from 8:30 - 11 a.m. for varsity and JV. Student-athletes should be prepared to participate in practice and competitions Monday through Saturday including non-school days and some holidays.

**Equipment Needed:** Football Cleats, Five Piece Girdle (hips, thigh, tail), padlock.

### Dates of Importance:

08/11/25	V/JV/B/9	First Day of Practice: SAHS Locker Room
08/12/25	V/JV	Parent/Guardian/Student-Athlete Meeting at 7:30 PM
08/13/25	9/10	Parent/Guardian/Student-Athlete Meeting at 7:30 PM
09/01/25	V/JV/10	Labor Day Practice 3:30-6:00 PM

### Week 1

08/11/25	V/JV/10	7:00-9:00 AM and 3:30-6:30 PM
	9	8:30 AM - 12:00 PM
08/12/25	V/JV/10	3:30-7:00 PM (11 & 12 Meeting after)
	9	3:30-7:00 PM
08/13/25	V/JV/10	7:00-9:00 AM and 3:30-6:30 PM (9/10 Meeting after)
	9	3:30-7:00 PM (9/10 Meeting after)
	Pictures	12 - 1:30 PM
		11 - 1:45 PM
		10 - 2:00 PM
		9 - 2:00 PM
08/14/25	V/JV/10	3:30-7:30 PM (TBD: Nursing Home Bingo)
	9	3:30-7:00 PM
08/15/25	V/JV/10	8:30 AM - 4:30 PM (bring a lunch)
	9	8:30 AM - 12:00 PM

Week 2

08/18/25	V/JV/10	3:30-7:30 PM
	9	3:30-7:30 PM
08/19/25	V/JV/10	3:30-7:30 PM
	9	3:30-7:30 PM
08/20/25	V/JV/10	3:30-8:30 PM (Back to Football Night with VAA teams)
	9	3:30-7:30 PM
08/21/25	V/JV/10	3:30-7:30 PM
	9	3:30-7:30 PM
08/22/25	V/JV/10	3:30-6:30 PM (PTC Dinner)
08/23/25	V/JV/10	9:00-11:00 AM at MG Scrimmage (Bus: 7:15 PM)
	9	9:00 AM-12:00 PM (Freshman scrimmage at SAHS)