

*Central Bucks School District*  
*Human Growth and Development Curriculum*

## **Unit Overview**

Human Growth and Development will be delivered to students in fifth and sixth grade each school year. This is part of the district-wide Health curriculum. The lessons cover aspects of human anatomy and physiology of the human reproductive systems and the maturing process of adolescence. Lessons are designed to provide students with age-appropriate, factual information, and proper vocabulary about the human reproductive system. Lessons are instructed in a co-educational classroom setting. In addition to the prepared lessons, students also have an opportunity to ask questions. Our Health and Physical education teachers will instruct your children utilizing the district's curriculum.

## **Course Level Objectives**

### **5<sup>th</sup> Grade**

Students will be able to...

- understand and practice the principle of good hygiene and self-care.
- understand and identify the physical, emotional, and social development changes experiences during puberty and acknowledge that these changes are a normal part of growth and development.
- identify the parts within the male and female reproductive system.
- develop attitudes that reflect respect for themselves and an appreciation for individual differences and growth patterns.
- talk to parents/guardians/trusted adults about their feelings and questions during puberty to access support they need.
- discuss male and female reproductive systems using appropriate vocabulary.

### **6<sup>th</sup> Grade**

Students will be able to...

- understand and practice the principle of good hygiene and self-care.
- understand and identify the physical, emotional, and social development changes experiences during puberty and acknowledge that these changes are a normal part of growth and development.
- identify the parts with the male and female reproductive system regarding location and function.
- develop attitudes that reflect respect for themselves and an appreciation for individual differences and growth patterns.
- talk to parents/guardians/trusted adults about their feelings and questions during puberty to access support they need.
- discuss male and female reproductive systems using appropriate vocabulary.