



The

# Anami Times

Spring Bonus Issue 2018

Unami Middle School

Chalfont, PA

## How to Succeed in School

Shreyas Ramkumar

The stress of school can burden somebody to the limit. Here is how to properly prepare yourself to succeed in school.



- ◇ Get enough sleep. An average teenager needs about 8 - 10 hours of sleep a night. Make sure to get enough sleep so that you can focus in school and get all the information required to get a meaningful learning experience.
- ◇ Eat a well-balanced breakfast. A well-balanced breakfast can go a long way to help you focus. An empty stomach, however, will only take your focus off the content you are learning and hinder your educational value.
- ◇ Participate in your class. Participating in class is one of the best ways to engage in the classroom and get the full learning experience out of every lesson.
- ◇ Put some effort into your homework. Homework is designed to help you practice the concepts that you have learned. Put some effort into it to test yourself.
- ◇ Ask for help. It doesn't matter if it's your friend, your parents, your teacher, or anyone else. If you need help, ask for it.

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## 10 Excuses for Not Doing Homework

Sydney Kang

- 1.) I left my homework at home.
- 2.) A homework-ghost haunted my binder.
- 3.) A magic force shredded my homework and then threw it out.
- 4.) I left it in Kansas.
- 5.) I could not do it because of my eyes... I could not see a good reason to do it.
- 6.) I only work with pens, and they all ran out of ink.
- 7.) I sacrificed it to summon a ghost.
- 8.) I was out of #1 pencils.
- 9.) I ate my homework.
- 10.) I did not understand the homework. Can you help me?
- 11.) Just tell the teacher what actually happened.
- 12.) Just do your homework in the first place and not have to come up with an excuse for not doing it.



# ***Unami Times***

**2017-2018**

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## ***Spring Fun***

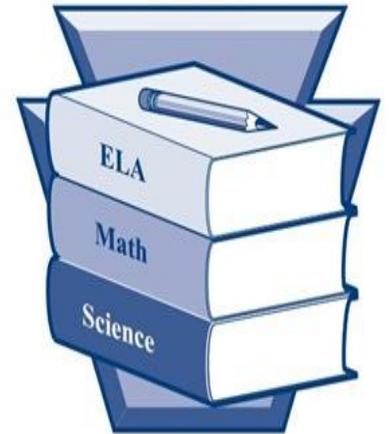
### **PSSAs**

**Sarah Hamer**

For every spring since 3rd grade, students across the state of Pennsylvania are faced with the PSSAs. These tests can be daunting for many students, considering the 3-hour-long test taking periods each day. While most students stress over this length of time, some people enjoy the time that they can spend working independently.

Many kids bring candy, snacks, coffee, or anything else they need in order to remain focused and be successful. Many Unami teachers spend time reviewing key topics addressed during the tests—such as grammar—to ensure that their students can thrive while taking the tests.

In our English classes we also often practice how to correctly do a Text-Dependent Analysis so that we will be comfortable doing these on a test. After the first week of test-taking, Unami students are relieved and happy to have completed the English section of the test.



## **FAMILY FUN NIGHT**

**An exciting night that you can show all CB elementary students that math can be fun!**

**This event is held on Pi Day each year. Middle school students create fun activities and games for elementary student to participate in.**

**Look for announcements next February and consider being a Math Family Fun Night superstar!**

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## Spring Fun

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### Mario Time!

Areeb Aziz

Hold on to your cappy, because Nintendo has made one of the most popular Super Mario Bros. games in video game history: Super Mario Odyssey! This 9.5/10 or 10/10 game has brought one of Mario's greatest adventures. Ever since the day it was release, October 27, 2017, the game has been sold to millions of gamers and fans. To be honest, I didn't play the game, however, I watched gaming videos of people playing it, and it seemed really fun and enjoyable! In case if you didn't know, it tells about the story of Mario and his magical cap, Cappy, while rescuing Princess Peach (Mario's girlfriend) from being forcing to marry the sinister Bowser (Mario's arch-enemy). The game takes Mario, Cappy, and gamers beyond the mushroom kingdom and travel to many places around the world (even the Moon!). As the other Super Mario Games, you face with enemies, both old and new, but with Cappy, you can perform many powers, such as possessing objects and living things, throwing Cappy in multiple of ways, and more. You meet new people, go on adventures, face enemies, wear many costumes, go on levels, and travel to many destinations. Super Mario Odyssey will sure to get your (video) game face on!



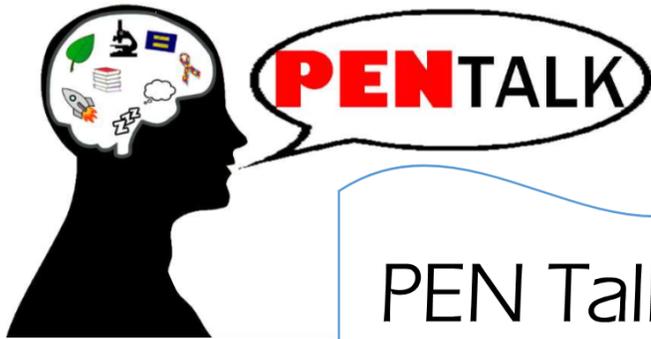
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### May the Force Be With You

Areeb Aziz

A long time ago, in a galaxy far, far way, of course in the movies... *Star Wars* is one of the most popular movie trilogies of all history. The motion picture, *Star Wars: The Last Jedi* had got four and a half stars so that's pretty good. The film won the academy for best achievement of visual effects, music written for motion pictures (Original score), sound editing, and sound mixing. The movie has gotten 91% of rotten tomatoes and 75% of google users liked the movie. It tells the story of the main character, Rey, meeting the Jedi, Luke Skywalker, and learning the force from him. Meanwhile, once stormtrooper, Kylo Ren and General Hux lead the First Order in an all-out assault against princess Leia and the Resistance for supremacy of the galaxy in order to defeat the dark side. The movie also included a cliffhanger, so there maybe another *Star Wars* film coming soon. The movie took place on many planets in the galaxy and had many dramatic scenes, deaths, and explosions. If you are a Sci-Fi fan, *Star Wars* fan, or a person that hadn't seen this motion picture, I would highly recommend watching this!





PEN Talk Symposium  
Tuesday, June 12<sup>th</sup>  
6-8 Pm @ UMS Auditorium

From the minds of some of Unami's extraordinary student innovators come well-prepared Pen Talks.

PEN Talks are like TED Talks and bring light to topics and issues affecting a vast number of people today.

Come to see Unami 7<sup>th</sup> grade students voice their ideas to enlighten, inspire, and entertain audiences of all ages using humor and real-world examples.

These speeches include unique, society-improving ideas varying from gun control to countering procrastination.

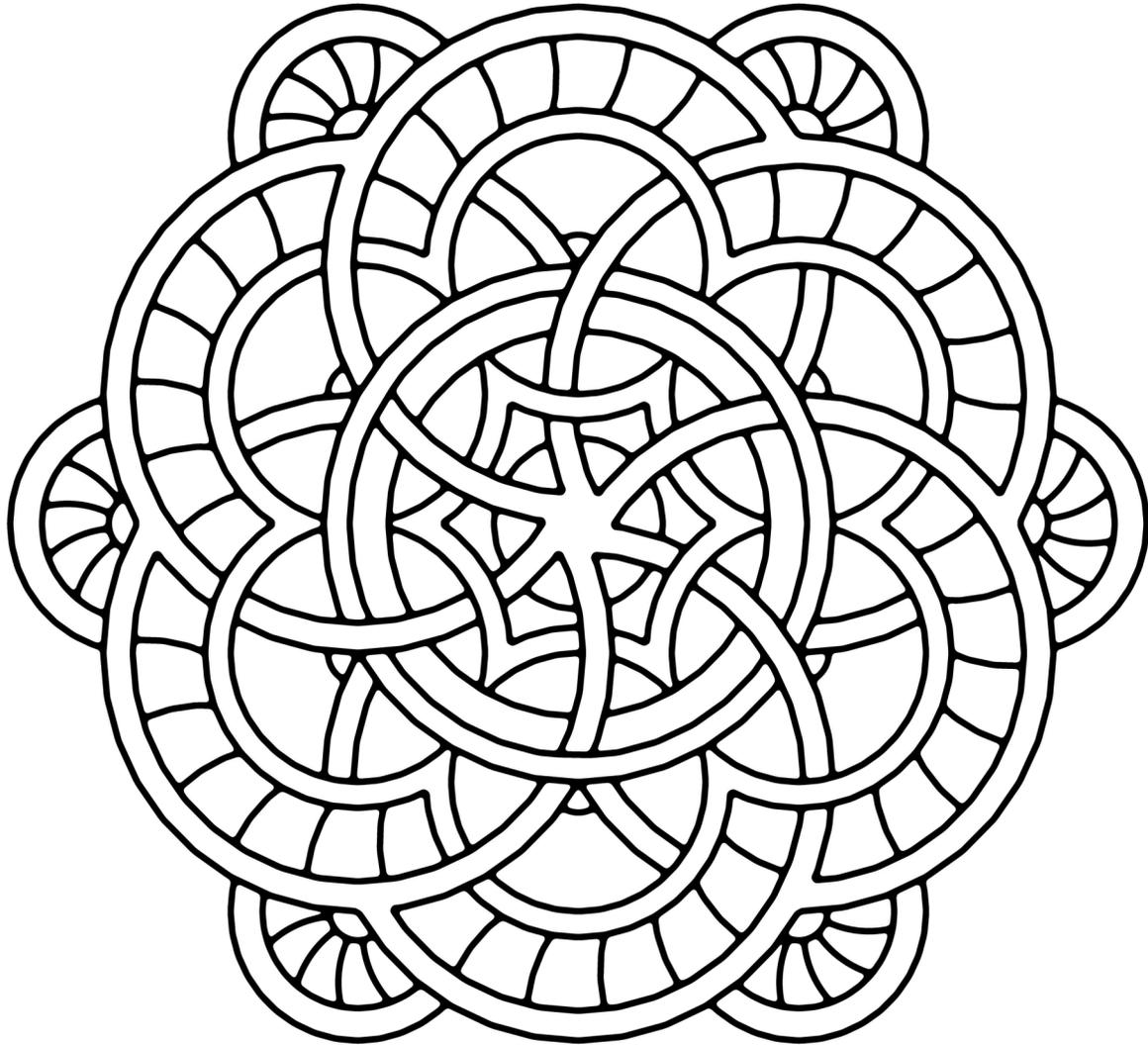
We hope to see you at the symposium on June 12th to see the result of the Pen students' hard work.

If you have questions or would like more information on this exciting event, contact Mrs. Christein at [kchristein@cbsd.org](mailto:kchristein@cbsd.org).

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## Spring Fun

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### Kick-A-Thon

#### Shreyas Ramkumar

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Do you like dancing to a DJ? Do you like magic tricks? Do you like demonstrations of PURE strength? If you said “yes” to any of these, you should attend the Kick-A-Thon at Villari's at Chalfont (4275 County Line Rd Store #19 Chalfont, PA 18914) on June 9th from 12:00 to 2:00 pm.

Ask why? There is a DJ playing music, great food, a fire truck, face painting, LOTS of silent auction items, a walk around magician, a dance demonstration by Babylon School of Dance and a demonstration of breaking 50 BRICKS! Also, all the bids on the auction items go to Manna on Main Street, a local food pantry that helps a lot of people.

If you are interested, make sure to bring items that are either high value (for auction) or give-away type items (for motivation to collect money) to help the event. In addition, if you want to donate food, make sure to come to the same address, and drop food off in the box in the building. For more information, contact Villari's at 215-997-2222, email at [VILLARISPA@aol.com](mailto:VILLARISPA@aol.com), or visit [villarisp.com](http://villarisp.com). See you there!



# *Starry Starry Night*

Student Council's Spring Dance  
Semi-formal Attire (aka dress nicely, but not in  
suits or gowns!)

**FRIDAY, MAY 4**

**7:30-9:30 PM**

*Unami Middle School*

Tickets are \$5 (or \$4 if you bring a canned good)  
Join us for dancing, food, and fun!

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## Spring Fun

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### Mindfulness

**Elizabeth Zuerblis**

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At this time of the school year, tests, projects, and assessments can be overwhelming, consuming our bodies with stress. Practicing mindfulness may help you to relax and be present in the current moment when you feel engulfed by stress or anxiety. Here are some simple tips to improve your mindfulness:

- Be more observant of your surroundings. Noticing the small details of objects using your five senses will help you to focus in on what you are doing and develop a stronger concentration.
- Take a minute to relax and focus on your breathing. Sense your breath flowing in and out of your body and the rise and fall of your stomach.
- Take a short amount of time to meditate, blocking out the outside world and focusing on calming down your inner thoughts.
- Try to focus on one major task at a time to avoid the chaos and stress that can come when moving as quickly as possible and multitasking.



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### Positive Vibes Playlist

**Ava Harvest**

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Ever find yourself listening to music that can only be described as the melancholiest playlist Spotify can muster? You aren't alone. With the coming warm weather, try out this playlist of ten upbeat songs to get you as excited as I am about the summery sun that is to come!

All Star – Smashmouth  
Survivor – Destiny's Child  
Happy – Pharrell Williams  
Fight Song – Rachel Platten  
Hey Soul Sister – Train  
Lazy Song – Bruno Mars  
Edge of Glory – Lady Gaga  
Born this Way – Lady Gaga  
We Are Family – Sister Sledge  
We Are the Champions – Queen

RADIATE  
Positive  
VIBES



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## Spring Fun

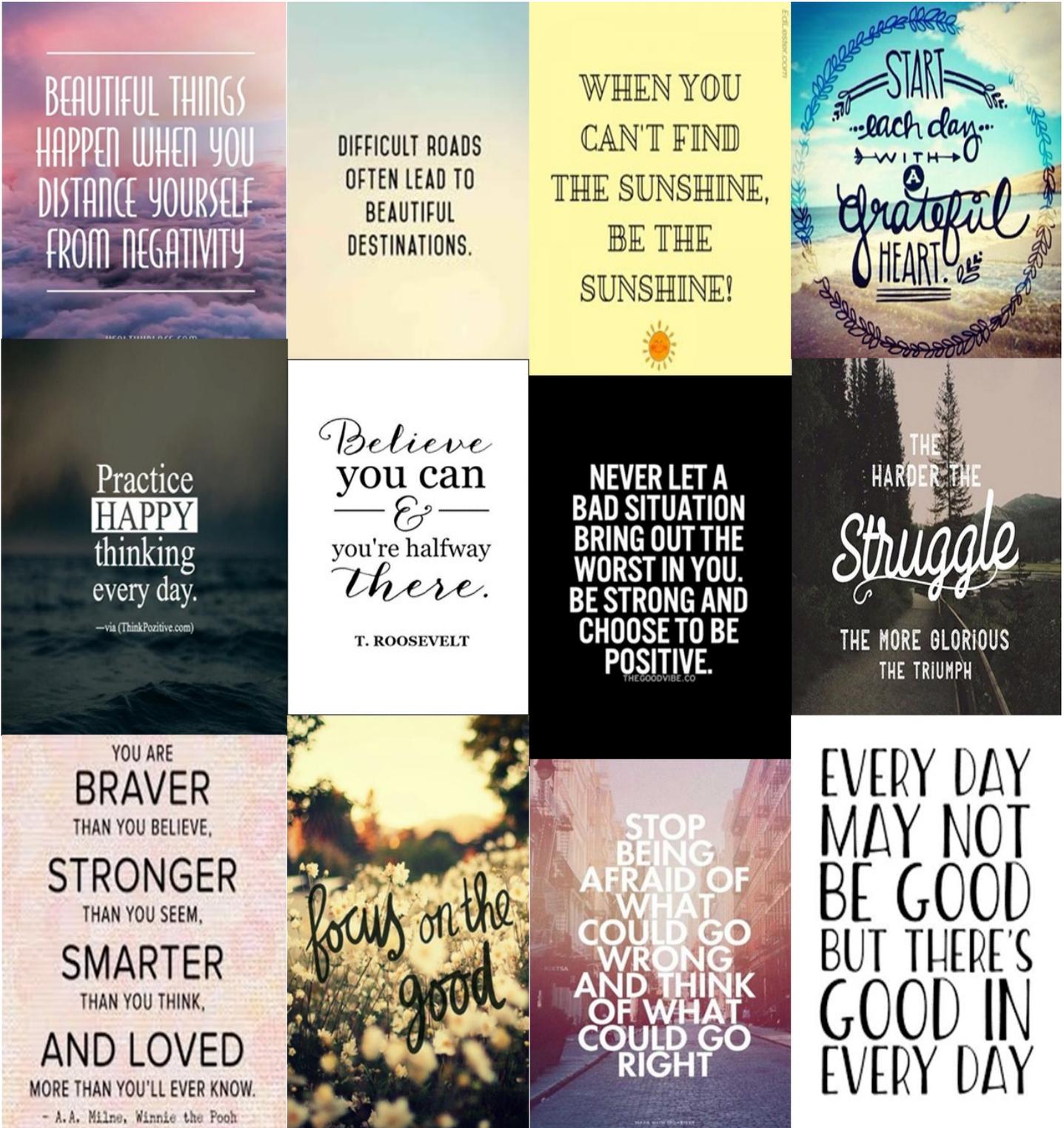
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### Positive Quotes

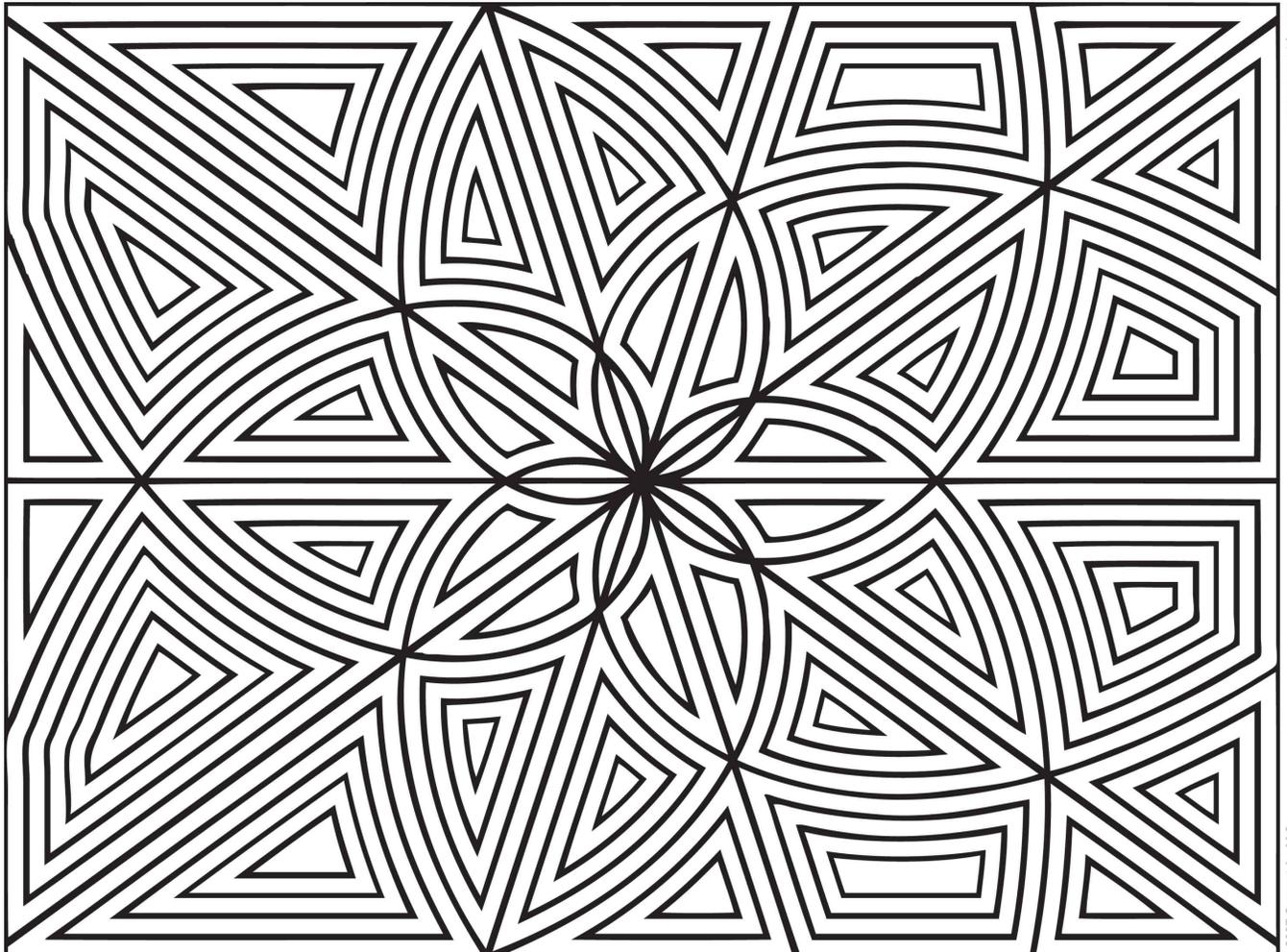
**Diya Hundiwala**

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Stressing during the PSSAs or the Keystones? These positive quotes will surely calm your nerves. You got this!



*Spring Fun*



## Edible Cookie Dough Recipe

### Holly Mirales

With PSSAs, Keystones, finals, and the end of the school year coming up, all of us students are bound to be under a little bit of stress. So, it's completely normal to want to drown those feelings in cookie dough, right? Right. But, sometimes you just don't want to get salmonella, so I have a solution for you: edible cookie dough! Follow these instructions, and you'll be on your way to healthily wallowing in your stress in no time at all!

#### Ingredients:

½ cup unsalted butter, softened

¾ cup brown sugar

¼ teaspoon salt

1 teaspoon vanilla extract

1 cup flour

2 tablespoons milk

1 cup chocolate chips

#### Steps:

Cream the butter and sugar until it is nice and fluffy.

Add in vanilla extract and salt. Mix until well combined.

Mix in the flour until there are no dry spots and it is well incorporated. The dough should look very crumbly.

Add two tablespoons of milk and mix in. Mix it until it is nice and creamy again.

Add the chocolate chips. Fold them in until they are evenly distributed. If you don't like chocolate chips or want to add in other mix-ins, the dough can accommodate up to 1 ½ cups of mix-ins. Get creative!



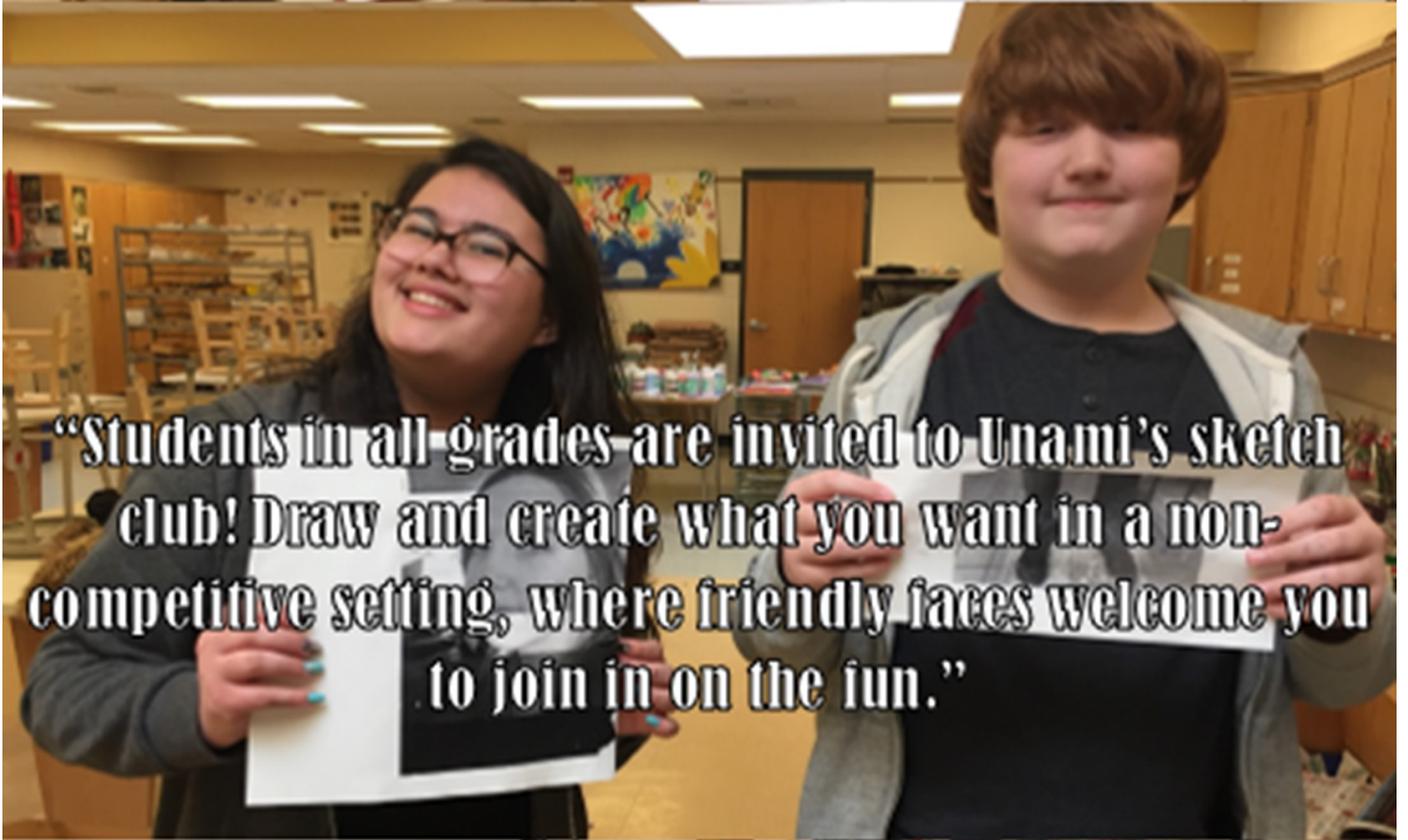
**BEST OF LUCK  
UNAMI  
SOFTBALL  
THIS SEASON!**

Coaches Beyerle, Fischer &  
Musleno

Go Warriors!



# Sketch Club



**“Students in all grades are invited to Unami’s sketch club! Draw and create what you want in a non-competitive setting, where friendly faces welcome you to join in on the fun.”**



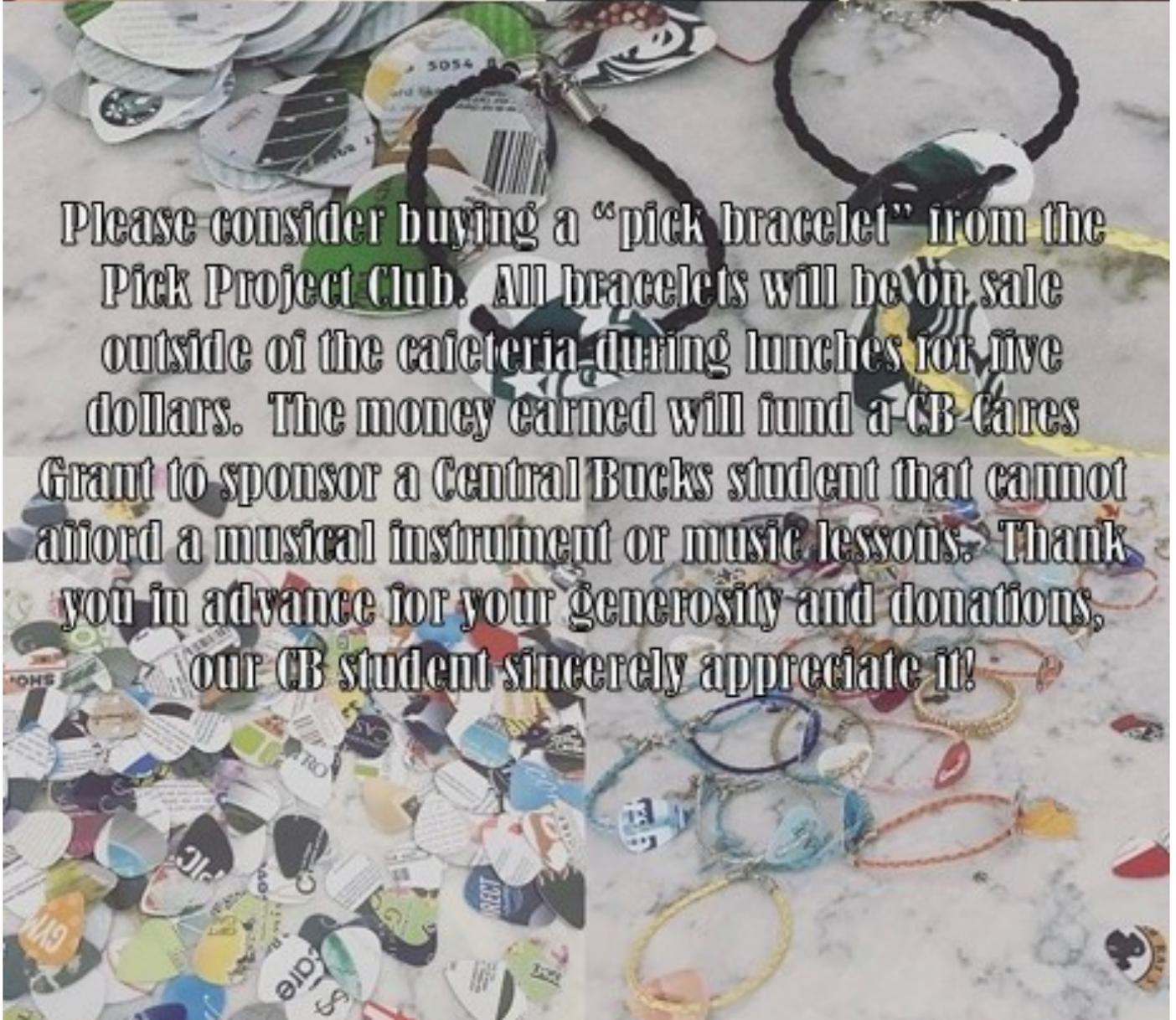
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## *Spring Fun*

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Please consider buying a "pick bracelet" from the Pick Project Club. All bracelets will be on sale outside of the cafeteria during lunches for five dollars. The money earned will fund a CB Cares Grant to sponsor a Central Bucks student that cannot afford a musical instrument or music lessons. Thank you in advance for your generosity and donations, our CB student sincerely appreciate it!



**Really Bad Jokes!**

**Varun Rao**

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Everyone has those terrible days when you just don't feel like doing anything. Most kids have gone through those days at least once during this month of PSSA testing. And right now, I think that the one thing that people need are... really, really bad jokes!

Here we go!

- ◆ What do you call a fake noodle?  
An impasta
- ◆ What's Forrest Gump's password?  
I forrest I
- ◆ What did the buffalo say when he dropped his son off at school?  
Bison
- ◆ What's brown and sticky?  
A stick
- ◆ I keep trying to lose weight, but it keeps finding me.
  
- ◆ What car did Star Wars actors use to get to their sets?  
Toy-odas
- ◆ Why did Lord Voldemort start playing Fortnite when he saw Harry Potter?  
Because he knew how much Harry hated scars.
- ◆ What did the prisoner say when he was allowed to use his phone?  
"Man! There isn't any good cell service here!"
- ◆ Why are there fences around graveyards?  
Because people are just dying to get in.
- ◆ What do you call a person with no body or nose?  
Nobody nose.
- ◆ Why did the octopus beat the shark in a fight?  
Because it was well-armed.



Sources:

<https://www.livin3.com/100-bad-dad-jokes-that-will-make-you-laugh-or-crige>

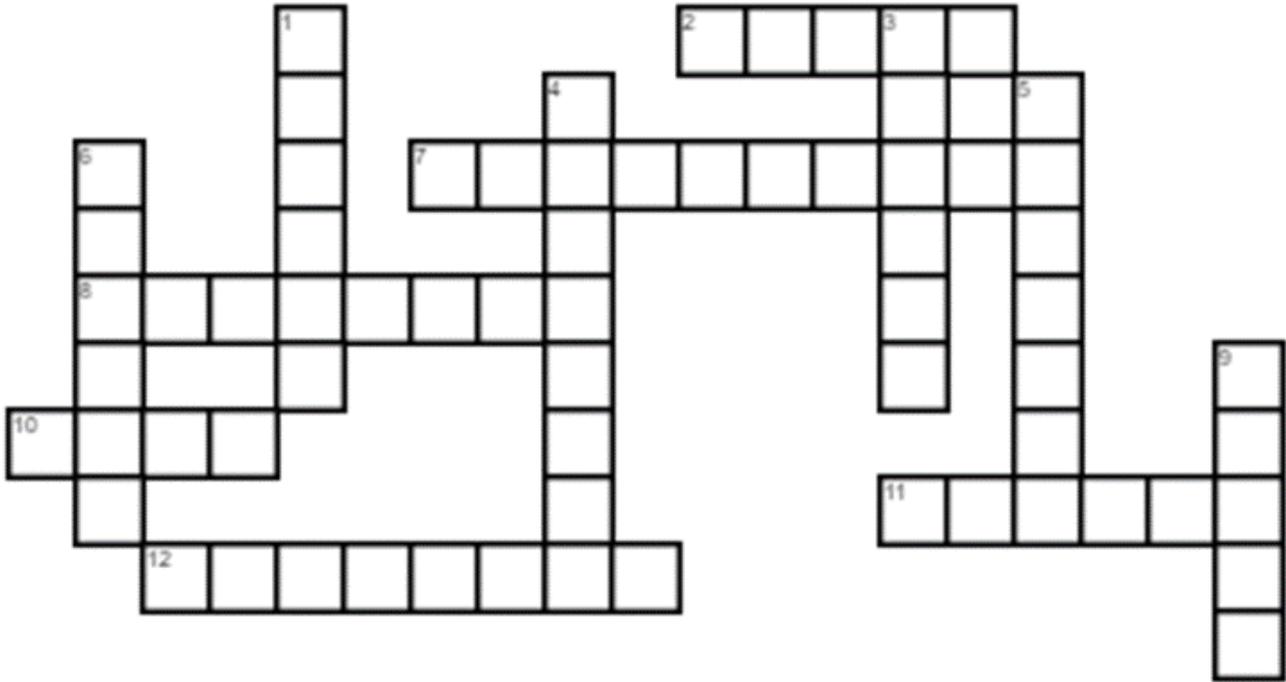
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NOW!**

**MUST BE PURCHASED FOR \$30 ON  
MYPAYMENTSPLUS! GET ONE BEFORE THEY  
SELL OUT!**

# Spring Fun

## Spring is here! : A Fun, Easy Crossword to Clear your Mind

Julia Schofield



### ACROSS

- 2 A baby chicken or one of the symbols of the holiday Easter
- 7 The holiday where you can prank your friends and family and get away with it (no spaces)
- 8 This is the colorful result of sunlight reflecting off rain
- 10 This bug loves flowers and stings people
- 11 A holiday where a bunny sneaks into your house and leaves you candy
- 12 The Jewish holiday that happens at the same time as Easter

### DOWN

- 1 The season that this is based off of.
- 3 People look for shapes in these as they cross the sky
- 4 Keeps the Earth warm and people happy
- 5 April's showers bring May's \_\_\_\_\_
- 6 In this you can grow flowers, fruit, or vegetables
- 9 You hear these singing as they wake up

Answer Key: 1: spring 2: chick 3: cloud 4: sunshine 5: flowers 6: garden 7: You're A Fool (Sorry, I couldn't resist, April Fools!) 8: rainbow 9: birds 10: bees 11: Easter 12: Passover



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*Spring Fun*

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**April Fun! Word Search**

Grace Neumann

D C Z K D E F K S Q E B J R I  
W A M L A P L C K A I Q S I C  
H W I S S Q O I Y I D Y H R H  
E U T S A D W H O M T S U A M  
M E R Y I H E C P V C D O X M  
R N B T G E R R N F G E M B Y  
W J I U K V S A I A I O G S A  
I R Y Z G N J I D M S R F G K  
G J D N X Z S N P S F O O L S  
K N G N N S S V O Z S F F O H  
L I R P A U T L V X W O B O B  
W W G R A E B O M L N X R R A  
H B G Z T I H O P P I N G M J  
V O V L Q N D J O X T M R F S  
V Z N Q B N G L Q D V T A G V



APRIL  
CHICK  
EGGS  
GRASS  
BLOSSOM  
DAISES

FLOWERS  
HOPPING  
BUNNY  
EASTER  
FOOLS  
RAIN