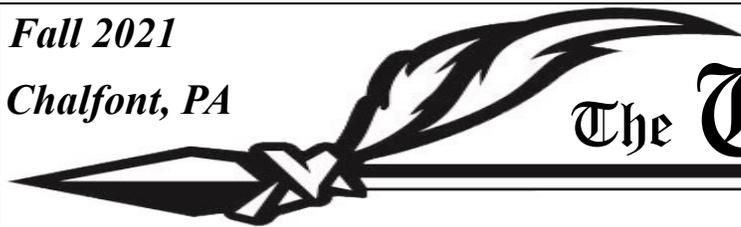


Fall 2021

Chalfont, PA



The Unami Times

Unami Middle School

Newspaper

“The liberty of the press is essential to the security of the state.”

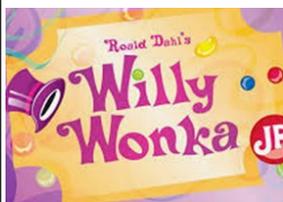
Crazy About Wonka

Lena Karcher

As many have heard, this year’s Unami Middle School musical is none other than Willy Wonka Junior. Willy Wonka Jr. is based off of the Willy Wonka movies, ‘Willy Wonka and the Chocolate Factory’ (1971) and ‘Charlie and the Chocolate Factory’ (2005). Both movies are based off of the beloved children’s book ‘Charlie and the Chocolate Factory’ by Roald Dahl, the author of many imaginative children’s books, not just Willy Wonka, but also ‘The BFG’, ‘Matilda’, and so on. The plot of the musical revolves around children and their families who each receive a golden ticket. The golden tickets are an invitation to the famous Willy Wonka’s chocolate factory; but what awaits the five families when they arrive?

The musical, run by Mr. Beal along with Ms. Katie and Mrs. Danny, is set to debut in March of 2022. With rehearsals already begun, the show has been fully cast with the amazing talent of many Unami students. You can find the full cast list outside of Mr. Beal’s classroom. The show will include songs such as Pure Imagination, (I’ve got a) Golden Ticket, and many more new favorites.

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Source: Hal Leonard Official Website

I interviewed Iona Regn, who got the role of Mrs. Teavee, Mike Teavee’s mother, about her thoughts and feelings about this year’s musical.

What makes you interested in the Willy Wonka musical?

The main reason I'm interested in doing Willy Wonka is simply because I do all the musicals here at Unami, but specifically for this show I'd say I enjoy the theme and lesson it offers. I also enjoy that this story has no romance involved and focuses on other aspects of life like why it is always important care about how your actions affect others.

What was the audition process for Willy Wonka like?

The audition process was relatively easy as the directors (Ms. Katie, Mr. Beal, and Mrs. Danny) kindly prepared audition workshops prior to the actual auditions, to inform us on all we needed to know and do some fun improve while we were at it. The auditions took place in two parts; the singing audition where we sang two songs from the show...(continues on page 3)

Club Spotlight on Prism

Ashlee Ranes

As the school routine becomes normalized from the transition from summer to school, it is important that Unami students become involved in the school’s various activities and clubs. One group that stands out among the choices is Prism, Unami’s club centered around supporting LGBTQIA+ students and student allies in the school. The club leaders were interviewed to get a better sense of what Prism is about for those considering joining.

Q1. In what ways would you say Prism has created a safe environment for Unami’s queer community?

One student replied, “It gives us a chance to just be ourselves without having to hide. A lot of us are not out in school or at home, so it gives us the opportunity to tell people who we really are without being scared of anyone’s reactions. It’s also a safe space for people to talk about their problems which is always nice.” (continues on page 2)

Unami Times

2020-2021

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Unami and Community News

Club Spotlight on Prism (continued)

Ashlee Ranes

Another said, "It helps create a community by putting people together with similar interests."

The final club leader responded, "I believe that in a lot of ways Prism has succeeded to create a safe and accepting environment for queer and trans youth. I feel really lucky to be one of the three leaders of Prism, and I think that Prism is an amazing space for those who want to learn, be challenged, and just have a good time! I can't say enough how happy I am that I joined this amazing group."

Q2. How long has Prism been going on at Unami?

"Prism was started my first year at Unami. It has been going on for three years now! It was originally started by two current 10th graders. It is really cool to see how far this club has come," stated a club leader.

Q3. What goals and/or activities would you like to accomplish in Prism this year?"

One Prism member replied, "This year we hope to continue to provide a safe space, but also to educate teachers and other students to be better allies. We are thinking about starting some type of fundraiser to provide money for LGBTQ+ charities. We also want to shed light on other issues within the community! We plan to do a lot more this year as well, while still having a lot of fun!"

"Informing people about our goals and making helpful posters," said another member.

Q4. What other information would you like to add for queer students or queer allies considering joining Prism?

A student responded, "Everyone is welcome! No matter if you are queer yourself or an ally! We would love to have anyone who would like to join us. So come join us! If you have any further questions, you can email Mrs. Kline or Mrs. Spatafora!"

"It is a fun space for everyone. We do crafts like making bracelets and hopefully pins; some people bring in cookies," replied a Prism member.

The final quote from a club leader states, "While not a majority of the time in PRISM, we will occasionally be having important conversations about pressing topics in the queer community. We encourage people to be open to opposing point of views and different perspectives in a safe space. I think the most important take away for people interested in joining would be to be ready to meet a ton of amazing and kind people!

To summarize the club leaders' insight, Unami's Prism welcomes anyone looking to find a safe space that is supportive of Unami's queer community.

There are so many clubs at Unami! Get involved in your school! Listen to the morning announcements for new opportunities.

Unami/Community News

Crazy about Willy Wonka (continued)

Lena Karcher

...(one pre-picked and one of our choosing) in a five-minute time slot. Then, the callbacks where selected students preformed scenes, more songs, and improves.

Tell me about your role.

I got the role of Mrs. Teavee, Mike's mother, the boy obsessed with anything and all to do with electronics. Her character description is a take on television moms of the past. She's said to be perfectly put together and vacant.

What is your favorite part about being in musicals?

For me I'm always drawn to the stage because of the simply unbreakable bonds you form with peers. Nothing forms friendships stronger than being put in such a vulnerable position acting and singing on stage.

What is your favorite musical that you have been in thus far?

I would have to say my most favorite musical I've been a part of so far was Unami's 2021 production of Addams Family. Despite having no live audience due to Covid, I had my first supporting lead part of grandma, and the cast was so incredibly close.

How do you feel about this being your last Unami production, are you looking forward to being a thespian at South?

I genuinely haven't processed yet that this is my last musical at Unami let alone my last year in general. Being a thespian will be scary yet exciting and I hope that I will have many more opportunities in the theater world.

We are all so excited to see what Unami's production of Willy Wonka Jr. will turn into. If you wanted to be involved in the musical but missed your chance, you can still be a part of the stage crew; signups will be starting in a couple months. Enjoy the show!

Breast Cancer Awareness Month: A History

Cassidy Fisher

As our schoolwide effort to raise money for the Corinne Sikora Wellness and Support Center and Breast Cancer Awareness Month ends, it is important that we reflect on the history of how this month devoted to spreading awareness of breast cancer and supporting those with the disease came to be.

Sometimes referred to as Pinktober, Breast Cancer Awareness Month was first held in 1985; a partnership between the American Cancer Society and AstraZeneca (pharmaceutical company). Betty Ford, the First Lady of the United States to her husband, Gerald Ford (38th president) was diagnosed with breast cancer while Ford was in office (1974-1977). She helped to bring even more traction to the month as a survivor by holding a week-long event that educated woman about how they can prevent the progression of the cancer by noticing early signs of it.



Source: *Spectrum Health*

The infamous pink ribbon was first used in 1992 by Estée Lauder cosmetics. Over 1.5 million were handed out. The NFL is now the greatest supporter of this campaign and almost all players, coaches, and referees are seen sporting a ribbon every October in support of the month.

Today those who currently have, or survived breast cancer are celebrated during October and share their personal experiences with the disease. Jennifer Pellechio-Lukowiak, a breast cancer survivor, when asked what the month means to her said, "While I truly believe that it's very personal how we survivors and warriors feel about the pink overload, this much is true: With every ribbon, every balloon, every slogan, I remind myself how lucky I am to be here still fighting... I will wear the 'pink badge of honor' every day this month as I have for the past seven years." Although the month of October is ending, the ongoing fight to end breast cancer is not. Throughout the next year continue to raise awareness about this disease in the most possible ways you can. Finally, don't doubt your impact; no matter how small, it is an impact, nonetheless.

Sources:

<https://brevardhealth.org/a-brief-history-of-breast-cancer-awareness-month/>

<https://www.fredhutch.org/en/news/center-news/2014/10/Pinktober-breast-cancer-awareness-month-patients.html>

Hispanic Heritage Month: How It Started and How It's Going

Grace Piro and Madelyn Engstrom

Hispanic Heritage Month, going from September fifteenth to October fifteenth, has been celebrated in the U.S. for close to 50 years now. Originally presented by George E. Brown, a California congressman, in June of 1968, Hispanic Heritage Month started out as a week to honor the Hispanic and Latinx communities and their impacts on the country's development. This rise of awareness and tribute towards the Hispanic and Latinx community began building when the civil rights movement peaked in the 1960's. While the civil rights movement mainly focused on gaining equality and social justice for Black Americans, it also served as a period of realization and recognition on how minority cultures had contributed to American history. One of the biggest and most influential minority groups to be recognized at this time was the Hispanic and Latinx community. This community has contributed to American history and culture in innumerable ways, including language and the economy. Spanish is by far the second most spoken language in the U.S.; around 13% of the population speaks Spanish at home. Latinx and Hispanic entrepreneurs are very present in the U.S. economy, as they have been in a state of constant growth for the last decade. Along with all these contributions, general Hispanic and Latinx culture has continued to form and integrate itself all over the country. But most notably, California embraces lots of Hispanic and Latinx culture. From Grand Central Market in L.A. to the Museum of Latin American Art in Long Beach, it's very apparent that the state merrily celebrates their large population of Hispanic and Latinx citizens. This community makes up over 39% of the state's total population. It's very evident that the Hispanic and Latinx community has contributed a great amount to American history, and therefore, it's very important that all Americans note and honor Hispanic Heritage Month. Many schools and communities throughout the country are reaching to educate themselves on Hispanic and Latinx culture during this time.



The Wall that Speaks, Sings and Shouts (2001) by Paul Botello, Gerardo Herrera, Adalberto Ortiz, and Gustavo Sanchez in Ruben F. Salazar Park (Los Angeles, CA) Source: La County Arts.org



Photo of community ofrenda (altar with photos, candles, flowers, and other objects to honor passed loved ones) during Día de los Muertos (2020) photographed by Lucy Grindon (NCR) Source: NCROnline.org

All across the country, Hispanic Heritage Month is celebrated from September fifteenth to October fifteenth, this year starting on a Wednesday and ending on a Friday. While Central Bucks finds its own ways to celebrate the culture, school districts across the United States have taken their own approach to celebrating and recognizing Hispanic Heritage Month. For instance, classrooms have been studying Hispanic festivals such as La Posadas, Cinco de mayo, and Day of the Dead during this time frame; they've also been watching educational videos on the celebration(s). For instance, schools in the Deer Park area of Texas, students learned how to make pressed tortillas and flan, and North East's Kruger Middle School in the same area learned about and participated in Hispanic music. Even our own Unami Middle School recognized the cultural celebration by dedicating a section of the library to books written that were relating to the holiday, and replacing the daily music played on the morning announcements with Hispanic music to shine light upon Hispanic Heritage Month. Nevertheless, Unami still had other opportunities to recognize the celebration within classrooms. During this month, ninth grade cooking classes prepared meals including pancakes, spaghetti, muffins, and waffles, however, these classes could have replaced one of these goods with a Hispanic food, as numerous schools in the country had. Furthermore, in Spanish classes, the holiday had never been touched upon, regardless of the obvious connections. While Unami does an excellent job of celebrating and respecting the diversity of students, there is certainly room for improvement. Just as we take excessive amounts out of curriculums to acknowledge holidays such as Christmas, Halloween, and Hannukah, Unami and other Central Bucks schools should be aiming to improve their recognition of other traditions and holidays such as Hispanic Heritage Month.

Sources:

<https://www.nic.lat/the-most-important-contributions-of-latinos-to-the-united-states/>

<https://www.nic.lat/the-most-important-contributions-of-latinos-to-the-united-states/>

<https://www.history.com/topics/hispanic-history/hispanic-heritage-month>

Our Planet is on Fire

Ramsey Polis

Global warming, the increase in the average temperature on the Earth's surface, is an exponential threat to the world. Natural and human activities can cause global warming, but human activities have caused most of the global warming since the mid-1900s. The main contributor to global warming nowadays is a human activity: burning fossil fuels. Fossil fuels contain carbon and when they are burned, create carbon dioxide, a greenhouse gas. Greenhouse gases promote the greenhouse effect which is the main reason why the temperature on Earth is increasing. The greenhouse effect occurs when gases in the atmosphere (greenhouse gases) trap heat produced from the sun. Some greenhouse gases are natural parts of the atmosphere while others are synthetic (man-made). Natural concentrations of greenhouse gases keep the Earth warm enough to support life. Greenhouse gas levels can differ but have been stable for the past several thousands of years before industry grew immensely in the mid-1800s. The rise in greenhouse gas levels is negatively impacting habitats across the globe.



Source: *Patheos.com*

To begin, global warming is creating many changes in temperature and weather. Since 1880, the average temperature on Earth's surface has increased by 1.5°F. Scientists are predicting the temperature will rise another 2 to 11.5°F by the year 2100. Also, global warming will lead to more extreme weather changes since warmer air has more energy. The frequency of heavy rain, snowfall, heatwaves, floods, and widespread droughts could be increased by global warming. Additionally, oceans and ice caps are being affected due to global warming. In the 1900s, the average sea level rose by 7 inches because water expands as it's warmed. Consequently, global warming could contribute to another 7 to 23 inches of sea-level rise by 2100. Not to mention, temperatures in the Arctic have been increasing twice as fast as the global average, which is why glaciers are now melting at a growing pace. Since 2009, Antarctica has been losing 250 billion tons of ice each year. The great increase in temperature is also creating a risk of extinction for many animals. Natural warming gives species time to adapt to the new environment, but man-made warming is moving too quickly. Therefore, thousands of species will go extinct by the end of the century. In the future, 20 to 30 percent of animals would face a higher rate of extinction if the average temperature grew more than 2.7 to 4.5°F. The negative changes in the wilderness can be minimized by finding ways to limit global warming ability.

There are various ways to fight global warming. By using alternative energy sources and conserving energy, fewer fossil fuels are burned. All in all, burning fewer fossil fuels leads to less greenhouse gas emissions which eventually amounts to less global warming. Wind, solar, nuclear, and geothermal energy are alternative energy sources that do not produce carbon dioxide. To add, conserving energy can be performed by turning off and unplugging electronics when they're not being used, replacing lightbulbs with LED lightbulbs, and walking or biking instead of driving. In addition, nature can help decrease global warming. Trees and plants remove carbon dioxide from the air during photosynthesis. The average tree removes 50 pounds of carbon dioxide from the air in a year. Plus, scientific and technological advancements could help limit global warming in the future. Carbon sequestration would involve storing unwanted carbon dioxide underground, underwater, or in living plants. Additionally, geoengineering could restrict global warming abilities by altering the environment to counteract weather. Furthermore, the government is helping make contributions towards the fight against global warming. Governments are developing policies to reduce greenhouse gas emissions. For example, The Paris Agreement was started at a conference in 2016 when all countries in attendance agreed to lower their greenhouse gas emissions voluntarily. Reducing the tremendous greenhouse gas levels in the atmosphere can help fight global warming. People must understand the immense impact of global warming and do as much as they possibly can to help make the Earth a better and safer place for future generations.

Source: [WBO Student | Article \(worldbookonline.com\)](#)

Sports

Unami Girls Tennis

Megha Rao

The Unami Girls Tennis Team is off to a fantastic season with a record of 5-1. To win overall as a school, the varsity team, which is made up of 2 singles and 3 doubles, must win 3 of the 5 matches. With the only 3 matches left, the championships are right around the corner. The championships are spread out over 2 days.



After winning championships last year the team hopes to do the same again. The team consists of varsity and junior varsity sections with 7th and 8th graders. Ria Voocha is first singles and Aditi Agnihotri is second singles. The first doubles are Olivia Chiosso and Sophia O. The second doubles are Rhea Chikkala and Megha Rao and finally the third doubles are Sarah Phillips and Grace Yu. Good luck to the Unami Tennis Team!

Technology and Entertainment

Tik Tik Boom

Ashlee Ranes

Lin Manuel Miranda has had enormous success in the film industry in the past 2 years, because of the pro-shot of *Hamilton* and the release of *In the Heights*, both being musicals of his own composition. Fans of his work will be excited to hear that this November, he will be making his directorial debut with Netflix's new movie musical, *Tik Tik Boom*. On Playbill.com, Ruthie Fierberg writes, "having Miranda attached to the project has helped Levenson excavate personal details about Larson."

"Everybody is so excited to talk to Lin, and get to share this story with him," he says, "we've gotten such incredible access to the people in Jonathan's life, his family and friends who have just been invaluable in helping us learn more."

The film will star Andrew Garfield as Jonathan Larson, alongside other notable actors, such as Vanessa Hudgens and Alexandra Shipp.

After it's off-off Broadway 1990 premiere, *Tik Tik Boom* has been revived off-Broadway several times and went on a U.S. Tour, even receiving the Outer Critics Circle Award for Outstanding Off-Broadway Musical. The story is a musical autobiography, written by the composer of *Rent*, Jonathan Larson, about his struggle in New York to write a Broadway musical.

Now, this well-achieved musical has been adapted into a movie bound for a cinema release on November 12 of this year and a Netflix release just a week after on November 19.



as

Source: *Movie Insider*

Interviews

Mr. Bui– Unami's New Assistant Principal

Cassidy Fisher & Simarpreet Bashal

How are you adjusting to Unami?

I have really enjoyed getting to know the kind students, staff, and families of the Unami Community. Everyone is helpful and welcoming.

In your opinion, what's the best part of teaching?

The best part of teaching is making strong connections with students and staff and the opportunity to be a part of a positive school community. (continued on pg. 7)



Photo from *Moving Writers*

Interviews

Mr. Bui (continued)

Cassidy Fisher & Simarpreet Bashal



What's your favorite subject to teach?

English

What's the best advice you've been given about teaching?

The best advice I have been given about teaching and learning relates to considering how you can best support students to be the best versions of themselves.

What quote do you live by?

"There is no growth in the comfort zone." I believe that each day is about trying things that challenge you and seeking for growth.

Ms. Roe Interview

Diya Mahesh

Where did you take your educational trip to and what were you studying there?

I took my trip to Paris with a study abroad program. My university helped me a lot with planning the trip.

What were some new experiences you gained from living in a place with such a different culture from America for a long period of time?

I felt really immersed in the language and culture. It felt amazing to be using my French and speaking it so frequently and fluently.

Is there any one event or occurrence that you will always remember when thinking about your time at Paris?

I will always remember when I went into the pharmacy to get a prescription and the cashier complimented my French skills. I was so flattered!



What inspired you to take this trip to Paris and pursue this career as a French teacher?

My high school French teacher inspired me to not only pursue French but also encourage me in my career choice. She is and was a substantial influence in my choice to become a French teacher. Her positive influence led me to become a French teacher and ultimately study in France.

What things did you enjoy the most during your trip?

I enjoyed finding a new piece of the city each day. Even though my trip got cut short (due to COVID-19), I still am so grateful to have experienced so many new and exciting opportunities each day.

Is there anything that you missed when you were on your trip?

I missed my family a lot, of course. Since I am used to seeing my mom and sister every day, it was a big difference.

What is your favorite phrase in French?

My favorite phrase is "*La vie est une fleur dont l'amour est le miel.* -Victor Hugo". It means life is a flower of which love is the honey.

What would you say is a life lesson you learned from your trip?

I learned to speak to strangers. I learned that everyone could offer you some piece of advice.

What is be a piece of advice you would give for someone who also wants to take a trip to Paris?

Take advantage of every opportunity that is presented to you. Don't be shy of new opportunities and be open to change.

Games, Riddles, and Comics

Fall Word Search

Maddie Coleman

Fall Unami 2021

B P M O V V I O R Z M S G O A T I K O X
S U G N P A O A L F S X P B S U P P G G
A L H K I K C L Y S A D Z I G U T I Q J
T D Y J W J W L L M O K N Z N Z V U R L
C E U C W Q J A U E B C S N Z K I A M K
K Y N C N D Q A E B Y R R M U B O J M N
G L H N K V Y Y O K S B F O K N Q U J O
W F B Z I P N J M K M P A Q C Q U L T F
P I Z W E S R P F O Z Y E L F T D S L A
G E A X C W A I Z V Y Q A L L Y O E R L
V L T V A P D O Z E Q O H J Z Q O B E L
A D L R L H Z Z B E U G F T H F S W E H
F H T W H J C P Q J S G M H A F P O D R
G O M L E J I D U D J N U B S O D Q V V
N C M G A C M I C M R T T B R O H B H F
T K K Q S I W I V J P N P H T T M Z J V
S E N O V E M B E R R K J Y H B D B P M
A Y R I U N V B E O W C I B X A Y R M X
L Y F E J N Z N V N C I R N S L Z H J I
U B F F D S O C C E R W W U S L P I U J

field hockey
pumpkins
autumn
fall

duck prizes
November
tennis

volleyball
pink out
clubs

football
October
soccer

Creative Writing

The Candy Corn Debate

Madelyn Coleman

I have colors of fall wrapped around me and I come out around Halloween, yet I don't spook you and I was originally call "chicken feed"? That doesn't make sense, I know it doesn't, but I still comes out every year and people either love me or hate me, so what am I?

Although some of the history of candy corn is a little fuzzy, we are almost positive the creator of this sweet treat was George Renninger, an employee at Wunderle Candy Company in Philadelphia, Pennsylvania. (continued on page 9)

Creative Writing

The Candy Corn Debate (continued)

Madelyn Coleman

Even though the Wunderle Candy Company created and sold the candy corn, a company by the name of Goelitz Candy (which is now the Jelly Belly company) popularized it. Turns out that the colors orange, yellow, and white even had a purpose when they were created. All the colors of candy corn represent the fall harvest or corn on the cob, but yellow specifically represented the corn kernel. Lastly, as I've already mentioned in the past people called it chicken feed, not candy corn. Society did this because before the event known as World War I corn wasn't considered people food, so the name didn't seem proper.

Now all of you whether you like it or not have probably tasted one piece of candy corn before in your life. I say this with confidence because according to the National Confectioners Association almost 35 million pounds (that's over 15,000 metric tons) of candy corn are sold annually. Now that's approximately 9 billion pieces of candy corn that's enough for a lot of people to stuff their face full of it. Given the majority of candy corn sales are made around Halloween, but that doesn't mean you couldn't see it in stores at different times during the year, such as Easter. Originally the task of making candy fell upon human hands, but as we came closer and closer to present times the job of making candy corn was handed over to machines with humans only as the supervisors. Unlike the manufacturing, the recipe for candy corn hasn't really changed, the production of this sweet treat is sometimes called "starch modeling." Now some kids or adults may want to be careful of what they eat, so I'll let you know the ingredient list is short, but that doesn't make it healthy. To create candy corn, you would combine measurements of sugar, corn syrup, carnauba wax, and water when these items are combined you have then created a slurry (or a thick gooey substance). Next in the "starch modeling" process we would add fondant and marshmallows for texture and softness. The ingredients are then put in a mold and heated up when the candy corn is taken out of the mold, we get the image of a small, orange, yellow, and white triangle you see each year on Halloween.

As the grand finale of this candy corn debate a survey was given out to 40 people at Unami Middle School most were students, but a few teachers were thrown into the mix. After this poll went out answers came in over the next couple days leading us to give you some intriguing information. Out of the 40 answers given 55% of these students or teachers enjoy this sweet treat, while 23% of these people despise it. Of course, we also have the people who can tolerate candy corn, but it wouldn't be there first choice (also 23%). So, which person are you in this world of sweet treats? Do you live every day in October hoping Halloween night to fill your trick-or-treat basket with candy corn? Or are you the person who hates it so much you don't every want to see the colors yellow, orange, and white to appear anywhere around you? Either way the end of October is just around the corner and with that comes Halloween so it's time you make the decision... Candy corn, which side do you stand by?

Sources:

[Who Invented Candy Corn? - HISTORY](#)

[Candy corn Facts for Kids \(kiddle.co\)](#)

[Ick or treat? 7 strange facts about candy corn. - Document - Gale In Context: Middle School](#)

Creative Writing

The Best Oatmeal Chocolate Chip Cookies

Simarpreet Bashal

When you are bored, hungry, and have a craving for something scrumptious to eat, bake this yummy oatmeal chocolate chip cookie created by [AverieCooks](#). The cookies are soft on the inside and crunchy on the outside. They are loaded with chocolate, making these extremely irresistible! For this recipe you will need an egg, unsalted butter, light brown sugar, granulated sugar, vanilla extract, old-fashioned oats, all-purpose flour, cinnamon, baking soda, salt, and semi-sweet chocolate chips. Feel free to use alternative ingredients and directions here and there!

Ingredients:

- 1 large egg
- 1/2 cup unsalted butter, softened to room temp (1 stick)
- 1/2 cup light brown sugar, packed
- 1/4 cup granulated sugar
- 1 tablespoon vanilla extract
- 1 1/2 cups old-fashioned whole rolled oats (not instant or quick cook)
- 3/4 cup all-purpose flour
- 1/2 to 1 teaspoon cinnamon, added to taste
- 1/2 teaspoon baking soda
- pinch salt, optional and to taste
- 1 heaping cup semi-sweet chocolate chips
- 1/2 cup raisins or nuts, optional and to taste



The Best Oatmeal
Chocolate Chip Cookies

Source: [AverieCooks](#)

Directions:

1. Combine the egg, butter, sugars, vanilla, and beat on medium-high speed until creamed and well combined, for around 4 minutes.
2. Add the oats, flour, cinnamon, baking soda, salt (optional), and beat on low speed until everything is combined, for a around 1 minute.
3. Add the chocolate chips, optional raisins, or nuts, and mix on low speed until everything is combined, for around 30 seconds.
4. Take about 1/4 cup dough, and form approximately 11 equal-sized mounds of dough. Roll into balls, and flatten slightly from the top.
5. Place the dough balls onto a tray, cover them with plastic wrap, and refrigerate for at least 2 hours.
6. Preheat oven to 350° F and place dough mounds on baking sheet, spaced at least 2 inches apart.
7. Bake for about 11 minutes (this will make super-soft cookies, bake longer for more well-done cookies).
8. Allow cookies to cool on baking sheet for about 10 minutes before serving.

Have fun baking this yummy treat!