



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

Curriculum Documents

School: Elementaries

Course: Guidance – Grades 3 - 5

Department: Guidance

Supervisor: Anthony DePasquale

Board Approval	Supervisor	Notes
September 2012	Kathryn Miller	Update Standards
Approved December 2017	Anthony DePasquale	Update Standards

Home of the Spartans!
#spartanlegacy



Week	Marking Period 1	Week	Marking Period 3
1	Bullying	21	Diversity
2	Bullying	22	Diversity
3	Bullying	23	Diversity
4	Bullying	24	Diversity
5	Bullying	25	Diversity
6	Bullying	26	Diversity
7	Bullying	27	Diversity
8	Bullying	28	Diversity
9	Bullying	29	Diversity
10	Bullying	30	Diversity
Week	Marking Period 2	Week	Marking Period 4
11	Study Skills	31	Bullying
12	Study Skills	32	Bullying
13	Study Skills	33	Bullying
14	Study Skills	34	Bullying
15	Study Skills	35	Bullying
16	Study Skills	36	Bullying
17	Study Skills	37	Bullying
18	Study Skills	38	Bullying
19	Study Skills	39	Bullying
20	Study Skills	40	Bullying

Time Frame	Marking Period 1 (September–mid November)
Topic	Growth Mindset
Big Idea	
Growth mindset is believing in yourself, perseverance, and resiliency and having flexible thinking.	
Essential Questions	
• What is having a fixed mindset vs. a growth mindset? • How do we embrace challenges, face setbacks and set new goals? • How do you change your mindset? • What strategies can you use to handle challenges?	
Enduring Understandings	
• Become aware of making/accepting mistakes. • Realize that a mistake can be created into a new idea. • Having the ability to practice, put forth effort and never give up. • Having flexible thinking and tools to take on new challenges. • How to encourage others to face their challenges. • How to identify and handle our emotions when facing a challenge.	
Alignment to Common Core	
ASCA	A:A1.1 Articulate feelings of competence and confidence in learners A:A1.4 Accept mistakes as essential to the learning process A:A1.5 Identify attitudes and behaviors that lead to success A:B1.1 Demonstrate the motivation to achieve individual potential C:A1.3 Develop an awareness of personal abilities, skills, interests and motivations PS:A1.1 Develop positive attitudes toward self as a unique and worthy person PS:A1.10 Identify personal strengths and assets
Key Concepts and Skills	
<u>Grades 2-5:</u> Students will: • Identify mistakes that they have made and how they have worked through them successfully. • Understanding that there is further learning from making a mistake. • Understand that each individual makes mistakes and how to persevere through them. • Understand the concept of trying something even if it is difficult. working through it for positive results. • Understand that flexible thinking allows us to work through problems or to generate new ideas. • Understanding how our emotions can impact or mindset.	

Time Frame	Marking Period 2 (mid-November –end of January)
Topic	MINDFULNESS/LISTENING
Big Idea	
Mindfulness and listening are essential skills that require practice.	
Essential Questions	
• What behaviors are necessary to be mindful and present? • How does this practice translate into being a good listener? • How do we practice mindfulness?	
Enduring Understandings	
A meditative practice can be helpful in quieting the mind. • Learning to breathe and paying attention to your body can be very helpful in reducing stress and conflict. • Failure to have good listening skills can negatively impacts all areas of life: school, home, friendships, other activities and safety. • Happiness comes from learning how to be peaceful in the present moment • Being mindful can calm the body and allow students to make good decisions • Being mindful can bring new awareness to the multitude of thoughts that get stuck in our head and disrupt us from being our best selves.	
Alignment to ASCA National Standards	
ASCA	A:A1.2 Display a positive interest in learning A:A1.5 Identify attitudes and behaviors that lead to successful learning C:A1.3 Develop an awareness of personal abilities, skills, interests and motivations PS:A1.1 Develop positive attitudes toward self as a unique and worthy person PS:A1.5 Identify and express feelings PS:A1.8 Understand the need for self-control and how to practice it PS:A2.7 Know that communication involves speaking, listening and nonverbal behavior PS:B1.4 Develop effective copying skills for dealing with all problems PS:C1.10 Learn techniques for managing stress and conflict
Key Concepts and Skills	
<u>Grades 2-5:</u> Students will: • Participate in a meditative practice • Understand the importance of breathing in everyday life. • Understand what behaviors are necessary to be an effective listener. • Understand the connection between good listening skills and positive outcomes. • Understand the importance of following oral directions correctly. • Understand that happiness comes from being in the present	

- Engage their senses
- Use their powers of observation
- Learn the difference between open and closed thinking
- Learn how to adjust thoughts to become more mindful and a good listener

Learning Activities

Grades 2-5: Students will :

- Participate in a meditative practice.
- Read books exploring the concept of mindfulness.
- Follow oral directions to complete a listening activity.
- Complete worksheets that highlight the key strategies of a good listener.
- Participate in discussions regarding the impact of listening on school, home, friendships, safety and other activities.
- View websites that reinforce the concept of listening through the use of songs.
- Engage their senses through activities
- Engage their powers of observation through activities

Assessments

- Participation in large and small group discussions
- Projects
- Teacher observations
- Worksheets and activities

ASCA National Standards

X	Improve Academic Self Concept		Plan to Achieve Goals	X	Acquire Interpersonal Skills
X	Acquire Skills for Improving Learning		Relate School to Life Experiences	X	Self-Knowledge Application
	Achieve School Success	X	Career Development	X	Acquire Personal Safety Skills
	Improve Learning	X	Acquire Self Knowledge		

Interdisciplinary Connections

Arts
English Language Arts
Social Studies
Social Emotional Growth

Technology Integration

ELMO
You Tube meditation sites

Time Frame	Marking Period 3 (Jan-April)
Topic	DIVERSITY
Big Idea	
Our similarities and differences are what make this world an exciting place. Accepting each other regardless of our differences is a life skill that will foster respect, empathy, consideration and cooperation.	
Essential Questions	
• Why is it important to treat others with kindness? • What do “Prejudice”, “Tolerance” and “Diversity” mean? • What are some harmful effects of prejudice?	
Enduring Understandings	
• When we treat others with kindness, they are more likely to treat us with kindness • Prejudice is an opinion based on emotion rather than reason. It means to pre-judge a group, race or creed. • Tolerance means to accept and embrace our differences. • Diversity means variety, differences. • The harmful effects of prejudice can affect a person for their entire life. • It is important to understand the need for fairness and take appropriate action against unfairness.	
Alignment to American School Counselor Association	
ASCA:	PS:A1.1- Develop positive attitudes toward self as a unique and worthy person PS:A1.10- Identify personal strengths and assets PS:A2.2- Respect alternative points of view PSA2.3- Recognize, accept, respect and appreciate individual differences PS:A2.4- Recognize, accept and appreciate ethnic and cultural diversity
Key Concepts and Skills	
<u>Grades 2-5:</u> Students will: • Recognize the importance of accepting each other regardless of our differences • Recognize that even though we have differences, we all have feelings and want to be accepted • Recognize that we all deserve to be treated with dignity and respect • Learn how to be a good friend by listening, accepting and apologizing if they say or do something that hurts someone else • Understand that we are all part of a bigger culture • Recognize their own prejudices	
Learning Activities	

Grades PreK-1: Students will :

- Listen to stories that focus on celebrating our differences, remembering what makes each of us unique and the value of kindness, listening, cooperation and acceptance.
- Participate in activities that focus on similarities and differences
- View video clips that highlight diversity

Assessments

- Participation in large and small group discussions
- Worksheets and activities
- Teacher observations
- Video clips from Youtube

21st Century Skills

	Improve Academic/self concept		Plan to Achieve Goals	x	Acquire Interpersonal Skills		
	Acquire skills for Improving Learning		Relate School to Life Experiences		Acquire Personal Safety Skills		
	Achieve School Success		Career Development	x	Self Knowledge Application		
	Improve Learning	x	Acquire Self Knowledge				

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Time Frame	Marking Period 4 (April-June)
Topic	BULLYING/CONFLICT RESOLUTION
Big Idea	
Bullying is not OK. Everyone has the right to be treated in a respectful manner.	
Essential Questions	
• What is the difference between tattling and telling/reporting? • What is the difference between teasing and bullying? • What is gossip? What is a rumor?	
Enduring Understandings	
• When we treat others with kindness, they are more likely to treat us with kindness • Each of us deserves to be treated in a respectful manner regardless of our race, religion, economic status, gender etc. • “Tattling” is when the situation is none of your business, you are trying to get someone else in trouble or nothing serious is about to happen. • A “Rumor” is a story that people repeat without knowing if it’s true or not • “Gossip” is spreading a story about someone behind their back.	
Alignment to American School Counselor Association	
ASCA:	PS:C1.5- Differentiate between situations requiring peer support and situations requiring adult professional help. PS:C1.6- Identify resource people in school and community and know how to seek their help. PS:A2.3- Recognize, accept, respect and appreciate individual differences. PS:A2.8-Learn how to make and keep friends.
Key Concepts and Skills	
Grades 2-5: Students will: • Learn the definition of “tattling” and “telling” and how to distinguish between the two. • Learn the definition of “teasing” and bullying” and how to distinguish between the two. • Learn the definition of “rumor” and “gossip” and understand they are both a form of bullying	
Learning Activities	
Grades 2-5: Students will : • Listen to stories about teasing and tattling • Participate in activities and complete worksheets that highlight tattling vs telling, teasing vs bullying and rumors and gossip • View video clips on the damage done by rumors and gossip • Participate in discussions and role play situations regarding the negative	

impact of all the abovementioned actions**Assessments**

- Participation in large and small group discussions
- Worksheets and activities
- Teacher observations
- Video clips from Youtube

21st Century Skills

	Improve Academic/self concept		Plan to Achieve Goals	x	Acquire Interpersonal Skills			
	Acquire skills for Improving Learning		Relate School to Life Experiences		Acquire Personal Safety Skills			
	Achieve School Success		Career Development	x	Self Knowledge Application			
	Improve Learning	x	Acquire Self Knowledge					

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