Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:
Meeting the needs of all students with a proud tradition of academic excellence.

Curriculum Documents

School: Elementaries

Course: Guidance – PreK to 1

Department: Guidance

Supervisor: Anthony DePasquale

Board Approval	Supervisor	Notes
September 2012	Kathryn Miller	Update Standards
Approved Dec 2017	Anthony DePasquale	Update Standards

DEPARTMENT: GUIDANCE COURSE: DEVELOPMENTAL GUIDANCE LESSONS PRE-K TO 1ST

Week	Marking Period 1	Week	Marking Period 3
1	Friendship	21	Diversity
2	Friendship	22	Diversity
3	Friendship	23	Diversity
4	Friendship	24	Diversity
5	Friendship	25	Diversity
6	Friendship	26	Diversity
7	Friendship	27	Diversity
8	Friendship	28	Diversity
9	Friendship	29	Diversity
10	Friendship	30	Diversity
Week	**Marking Period 2**	**Week**	**Marking Period 4**
11	Study Skills	31	Bullying
12	Study Skills	32	Bullying
13	Study Skills	33	Bullying
14	Study Skills	34	Bullying
15	Study Skills	35	Bullying
16	Study Skills	36	Bullying
17	Study Skills	37	Bullying
18	Study Skills	38	Bullying
19	Study Skills	39	Bullying
20	Study Skills	40	Bullying

Time Frame	Marking Period 1 (September–mid November)
Topic	Growth Mindset

Big Idea

Growth mindset is believing in yourself, perseverance and having flexible thinking.

Essential Questions

- What is having a fixed mindset vs. a growth mindset?
- How do we embrace challenges, face setbacks and set new goals?

Enduring Understandings

- Become aware of making/accepting mistakes.
- Realize that a mistake can be created into a new idea.
- Having the ability to practice, put forth effort and never give up.
- Having flexible thinking and tools to take on new challenges.

American School Counselor Association Standards

ASCA	**A:A1.1 Articulate feelings of competence and confidence in learners** **A:A1.4 Accept mistakes as essential to the learning process** **A:A1.5 Identify attitudes and behaviors that lead to success** **A:B1.1 Demonstrate the motivation to achieve individual potential** **C:A1.3 Develop an awareness of personal abilities, skills, interests and motivations** **PS:A1.1 Develop positive attitudes toward self as a unique and worthy person** **PS:A1.10 Identify personal strengths and assets**

Key Concepts and Skills

Grades Pre-K-1: Students will:

- Identify mistakes that they have made and how they have worked through them successfully.
- Understand that each individual makes mistakes and how to persevere through them.
- Understand the concept of trying something even if it is difficult. working through it for positive results.
- Understand that flexible thinking allows us to work through problems or to generate new ideas.

Learning Activities

Grades Pre-K-1: Students will :

- Participate in activities that recreate their mistakes to new ideas or concepts.
- Read books exploring the concepts of making mistakes, never giving up and having flexible thinking.
- Be aware that everyone around them makes mistakes.

- Complete worksheets that highlight the key strategies of having a growth mindset.
- Participate in discussions regarding the impact of a fixed mindset vs. growth mindset and how it impacts or everyday living, relationships and learning.
- View websites that reinforce the concept of flexible thinking through the use of songs and videos.
- Activities/projects that turn mistakes into new ideas.

Assessments

- Participation in large and small group discussions
- Projects
- Teacher observations
- Worksheets and activities

ASCA National Standards

X	Improve Academic Self Concept	X	Plan to Achieve Goals		Acquire Interpersonal Skills	
X	Acquire Skills for Improving Learning	X	Relate School to Life Experiences	X		Self-Knowledge Application
X	Achieve School Success	X	Career Development			Acquire Personal Safety Skills
X	Improve Learning	X	Acquire Self Knowledge			

Interdisciplinary Connections

Arts
English Language Arts
Social Emotional Growth

Technology Integration

ELMO
You Tube videos or songs

Time Frame	Marking Period 2 (mid-November –end of January)
Topic	Mindfulness

Big Idea

Mindfulness and listening are essential skills that require practice.

Essential Questions

- What behaviors are necessary to be mindful and present?
- How does this practice translate into being a good listener?

Enduring Understandings

- A meditative practice can be helpful in quieting the mind.
- Learning to breathe and paying attention to your body can be very helpful in reducing stress and conflict.
- Failure to have good listening skills can negatively impacts all areas of life: school, home, friendships, other activities and safety.

American School Counselors Association

ASCA	**PS:A1.5 Identify and express feelings** **PS:A2.7 Know that communication involves speaking, listening and nonverbal behavior** **PS:B1.4 Develop effective copying skills for dealing with all problems** **PS:C1.10 Learn techniques for managing stress and conflict**

Key Concepts and Skills

Grades Pre-K-1: Students will:

- Participate in a meditative practice
- Understand the importance of breathing in everyday life.
- Understand what behaviors are necessary to be an effective listener.
- Understand the connection between good listening skills and positive outcomes.
- Understand the importance of following oral directions correctly.
  Evaluate their listening skills

Learning Activities

Grades Pre-K-1: Students will :

- Participate in a meditative practice.
- Read books exploring the concept of mindfulness.
- Follow oral directions to complete a listening activity.
- Complete worksheets that highlight the key strategies of a good listener.
- Participate in discussions regarding the impact of listening on school, home, friendships and other activities.
- View websites that reinforce the concept of listening through the use of songs.

Assessments

- Participation in large and small group discussions
- Projects
- Teacher observations
- Worksheets and activities

ASCA National Standards

	Improve Academic Self Concept		Plan to Achieve Goals	X	Acquire Interpersonal Skills		
X	Acquire Skills for Improving Learning		Relate School to Life Experiences	X	Self-Knowledge Application		
	Achieve School Success		Career Development	X	Acquire Personal Safety Skills		
	Improve Learning	X	Acquire Self Knowledge				

Interdisciplinary Connections

Arts
English Language Arts
Social Studies
Social Emotional Growth

Technology Integration

ELMO
You Tube meditation sites

Time Frame	Marking Period 3 (Jan-April)
Topic	DIVERSITY

Big Idea

Our similarities and differences are what make this world an exciting place. Accepting each other regardless of our differences is a life skill that will foster respect, empathy, consideration and cooperation.

Essential Questions

- What makes each of us unique and special?
- Does someone who is different from me have the same feelings as I do?

Enduring Understandings

- It is important for each person to understand the characteristics they possess that make them unique and special.
- Recognize that everyone is different and that's OK.
- Remember that despite our differences, we all have feelings and should treat each other with dignity and respect.
- In our hearts we are all the same and want to be accepted.
- Simple acts of kindness can have a huge impact on others and often result in both people feeling better.

Alignment to American School Counselor Association

ASCA:	**PS:A1.1- Develop positive attitudes toward self as a unique and worthy person** **PS:A1.10- Identify personal strengths and assets** **PS:A2.2- Respect alternative points of view** **PSA2.3- Recognize, accept, respect and appreciate individual differences** **PS:A2.4- Recognize, accept and appreciate ethnic and cultural diversity**

Key Concepts and Skills

<u>Grades Prek-1</u>: Students will:

- **Recognize the importance of accepting each other regardless of our differences**
- **Recognize that even though we have differences, we all have feelings and want to be accepted**
- **Recognize that we all deserve to be treated with dignity and respect**
- **Learn how to be a good friend by listening, accepting and apologizing if they say or do something that hurts someone else**

Learning Activities

Grades PreK-1: Students will :

- **Listen to stories that focus on celebrating our differences, remembering what makes each of us unique and the value of kindness, listening, cooperation and**

acceptance.

- **Participate in activities that focus on similarities and differences**
- **Sing songs relating to diversity**
- **Illustrate or color pages focusing on self-esteem, acceptance and diversity**

Assessments

- Participation in large and small group discussions
- Worksheets and activities
- Teacher observations
- Video clips from Youtube

21st Century Skills

	Improve Academic/self concept		Plan to Achieve Goals	x	Acquire Interpersonal Skills			
	Acquire skills for Improving Learning		Relate School to Life Experiences		Acquire Personal Safety Skills			
	Achieve School Success		Career Development	x	Self Knowledge Application			
	Improve Learning	x	Acquire Self Knowledge					

Interdisciplinary Connections

Arts
English Language Arts
Social Studies
Social Emotional Growth

Technology Integration

ELMO

You Tube sites

Time Frame	Marking Period 4 (April-June)
Topic	BULLYING/CONFLICT RESOLUTION

Big Idea

There are certain things people need to learn in order to be a good friend. Sometimes friends have disagreements. There are ways to handle disagreements.

Essential Questions

- What skills must I learn to be a good friend?
- How do I deal with disagreements I might have with a friend?

Enduring Understandings

- Making new friends and maintaining these relationships requires knowledge about your self
- Being a good friend requires accepting each other despite having differences
- A good friend is one who listens to, helps and cares about the other friend's feelings
- Understand and develop strategies to reach consensus and resolve conflict
- Demonstrate understanding of the need for fairness and take appropriate action against unfairness

Alignment to American School Counselor Association

ASCA:	**0.1.P.A.3-Actively engage in activities and interactions with teachers** **0.4.P.A.4-Respect the rights of others** **PS:A2.8-Learn how to make and keep friends** **PS:A2.3Recognize, accept, respect and appreciate individual differences** **PS:A2.1-Recognize that everyone has rights and responsibilities**

Key Concepts and Skills

<u>Grades Pre-K-1</u>: Students will:

- **Recognize the importance of accepting each other regardless of our differences**
- **Recognize that we all have feelings and want to be accepted**
- **Learn the value of caring about all people and showing them we care through our kind actions**
- **Develop the skills necessary to make and maintain a friendship**
- **Understand the definition of "bully" and "victim" (grade 1)**
- **Recognize that bullies can be stopped and that children should never be afraid to tell an adult if they are being bullied or see bullying**
- **Understand the definition of "upstander" (grade 1)**
- **Recognize that they have the power within themselves to react/respond to bullying**

Learning Activities

Grades Prek-1: Students will :

- **Listen to stories that focus on friendship, empathy, standing up to a bully, kindness and respect for others**

- **Complete worksheets/activities that focus on what makes a good friend, the ways we can all make a positive impact and cooperation**
- **View video clips on friendship**

Assessments

- Participation in large and small group discussions
- Worksheets and activities
- Teacher observations
- Video clips from Youtube

21st Century Skills

	Improve Academic/self concept		Plan to Achieve Goals	x	Acquire Interpersonal Skills			
	Acquire skills for Improving Learning		Relate School to Life Experiences		Acquire Personal Safety Skills			
	Achieve School Success		Career Development	x	Self Knowledge Application			
	Improve Learning	x	Acquire Self Knowledge					

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